Delivering the 7 Day Health Service

Meeting the 10 National Clinical Standards & Learning from the Early Adopter Sites

Monday 9 November 2015      Hallam Conference Centre, London

Chair & Speakers include

Dr Ann Driver
Head of Improvement, Acute Care
NHS Improving Quality

Deborah Williams
7 Days Programme Manager
NHS England
Meeting the 10 National Clinical Standards & Learning from the Early Adopter Sites

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“Around 6,000 people lose their lives every year because we do not have a proper 7-day service in hospitals. You are 15% more likely to die if you are admitted on a Sunday compared to being admitted on a Wednesday. No one could possibly say that this was a system built around the needs of patients.” Jeremy Hunt, Minister of State for Health, 16 July 2015

“Be in no doubt: if we can’t negotiate, we are ready to impose a new contract...by the end of the Parliament, I expect the majority of hospital doctors to be on 7-day contracts.” Jeremy Hunt, Minister of State for Health, 16 July 2015

“There’s actually a big vision at the heart of this plan. A vision of a modern NHS working for you 7 days of the week – when you need it, where you need it... This 7-day NHS will be just as vital in our hospitals too. It’s a shocking fact, but mortality rates for patients admitted to hospital on a Sunday can be 16% higher than on a Wednesday, while the biggest numbers of seriously ill patients arrive at the weekend when hospitals are least well equipped to handle them. So 7-day care isn’t just about a better service – it’s about saving lives. We simply can’t aspire to be the safest health system in the world without this commitment. While our hospitals are working hard Monday to Friday to get patients better, sometimes it can feel as though Saturdays and Sundays are more about just somehow getting through to Monday. Diseases don’t work weekdays 9 to 5. And neither can we. When you have sat through a night in the hospital watching a loved one and praying for the morning; when you have spent a weekend longing for the week – you know just how important these changes are. And let’s be absolutely clear. This isn’t about NHS staff working 7 days a week. It’s about different shift patterns, so that our doctors and nurses are able to give that incredible care whenever it is needed. It’s about key decision makers being around at the weekend; junior doctors being properly supported and resources like scanners up and running wherever they are needed.” Prime Minister David Cameron, 18th May 2015

Chaired by Dr Ann Driver, Head of Improvement Programmes, Acute Care at NHS Improving Quailty, this conference concentrates on delivering the national priority of seven day NHS services, with a particular focus on hospitals and acute care. The conference opens with an update from NHS England on the development of 7 day services and progress within the early adopter sites. The conference will look at meeting the 10 national clinical standards for seven day services. NHS England have set down a requirement for at least five of the ten national seven day services standards to be implemented by March 2016, with compliance with the remaining five standards required from April 2017 onwards. Through national updates, and case studies from early adopter sites, the conference aims to enable you to meet the challenge of delivering your service on a full seven day basis.

“Patients need the NHS every day. Evidence shows that the limited availability of some hospital services at weekends can have a detrimental impact on outcomes for patients, including raising the risk of mortality. NHS England is committed to offering a much more patient-focussed service. Part of this commitment will be fulfilled by moving towards routine NHS services being made available seven days a week.” NHS England 2015

Follow this conference on Twitter #7dayNHS
10.00  **Chairman’s Introduction**  
*Dr Ann Driver*  
Head of Improvement Programmes, Acute Care  
NHS Improving Quality

10.15  **NHS Every Day: Delivering NHS Services, 7 Days a week**  
*Deborah Williams*  
7 Day Programme Manager  
NHS England  
- ensuring access to clinical services 7 days a week for routine and emergency care: an update from the NHS Services, 7 Days a week forums  
- removing barriers which prevent the NHS functioning as a seven day service  
- ensuring equity in care for all regardless of day of admission

10.45  **7 Day Services in Acute Care: Learning from the Early Adopter Sites**  
*Dr Andrew Gibson*  
Deputy Medical Director  
Sheffield Teaching Hospital NHS Foundation Trust  
- which services should be priorities?  
- case studies and examples of service models in practice in acute care: learning from the early adopters  
- what should I do when I get back to my workplace tomorrow?: planning for the move to 7 day services

11.15  **Question and answers, followed by coffee and exhibition**

11.50  **Representative**  
7 Day Services Early Adopter Site  
- learning from winter pressures: what works?  
- mainstreaming seven day services  
- delivering Standard 3: multidisciplinary team review  
- delivering measurable outcomes

12.20  **Implementing the 10 clinical standards in an NHS Trust: Lessons from a 7 day early adopter site**  
*Dr Sanjay Arya*  
Consultant Cardiologist & Divisional Medical Director of Medicine  
Wrightington, Wigan and Leigh NHS Foundation Trust  
- reducing mortality at the weekend: where to start?  
- practical steps in delivering the 10 standards  
- how will we measure the impact of the changes?  
- moving to a full 7 day health and social care service?  
- lessons from an early adopter site

13.00  **Question and answers, followed by lunch and exhibition**

14.00  **Implementing the 10 National Clinical Quality Standards for NHS Services, 7 Days a week**  
*Prof Derek Bell*  
Professor of Acute Medicine, NCPE - Elected Member  
(England and Wales)  
Imperial College London  
& President  
Royal College of Physicians of Edinburgh  
- implementing clinical quality standards for NHS Services 7 Days a week  
- the 10 standards: patient experience, time to first consultant review, MDT review, shift handover, diagnostics, intervention, mental health, on-going review, transfer to community, primary and social care and quality improvement  
- moving forward with Standard 1: Patient Experience

14.30  **Delivering Standard 2: time to first consultant review, and implementing the standards for 7 day Consultant present care in practice**  
*Dr Chris Roseveare*  
Chair of the Academy’s Project Sub-Group on 7 Day Provision and Past President, Society for Acute Medicine The Academy for Medical Royal Colleges & Consultant  
Southampton University Hospitals NHS Foundation Trust  
- delivering the standards for 7 day consultant present care  
- reducing the time to first consultant review  
- the benefits of consultant delivered care  
- how are trusts progressing against the standards?

15.00  **Delivering Standard 5: 7 Day Diagnostics**  
*Dr Danny Boxer*  
Consultant Radiologist  
West Hertfordshire Hospital NHS Trust  
- delivering 7 day diagnostics  
- ensuring the support services are in place and preparing the workforce  
- practical issues: managing rotas and rostering  
- issues around recruitment of staff and staff remuneration incentives  
- lessons from our experience in extending imaging services

15.30  **Question and answers, followed by tea**

16.00  **Commissioning 7 day services**  
*Dr Mark Spencer*  
Senior GP Partner Ealing CCG  
Workstream Lead, Commissioning, 7 Day Services Forum  
NHS England  
- commissioning 7 day services  
- ensuring providers meet quality standards 7 days a week  
- how will commissioners assess whether hospitals are meeting the standards?  
- commissioning levers and case studies

16.30  **Employment law, contracts, challenges and tips for success**  
*Andrew Davidson*  
Partner  
Hempsons Solicitors  
- maximising contractual efficiencies and flexibilities  
- amending the contract of employment to provide for seven-day working  
- issues for changing contracts for consultants, nurses, managers and other groups  
- flexible working – the legal framework  
- trade union and individual consultation obligations

17.00  **Question and answers, followed by close**
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