

Nursing Newsletter

April - July 2010
Issue 9

Welcome to the ninth edition of the Healthcare Events Nursing Newsletter – the e-newsletter that brings you the latest news on nursing and our related conferences.

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The Prime Ministers Commission – final report (published 2nd March 2010)

The Prime Minister's Commission on the Future of Nursing and Midwifery in England has set out the way forward for the professions.

Its final report published on 2 March 2010 says nurses and midwives must renew their pledge to society to deliver high quality, compassionate care – and must be better supported to do so by their employers. Commission Chair Ann Keen, presenting the report to the Prime Minister at 10 Downing Street, said England's nurses and midwives were ideally placed to influence health and improve the experiences of service users and families. The Commission held an extensive engagement programme and studied submissions representing the views of many thousands of people – including the public, service users and front-line staff. Its report reflects the major issues raised and sets out a vision for the

future of nursing and midwifery, and achievable next steps. It makes a compelling case for change, to which the Government will respond in due course.

THE PRIME MINISTER'S COMMISSION ON THE FUTURE OF NURSING AND MIDWIFERY IN ENGLAND MARCH 2010

The report makes 20 high-level recommendations on seven key themes:

- high quality, compassionate care;
- health and wellbeing;
- caring for people with long-term conditions;
- promoting innovation in nursing and midwifery;
- nurses and midwives leading services;
- careers in nursing and midwifery;
- the socioeconomic value of nursing and midwifery.

Downloads...

- [The Prime Minister's Commission on the Future of Nursing and Midwifery in England](#)
- [Front Line Care Report](#)

[The Nursing Roadmap for Quality](#)

The Nursing Roadmap for Quality has been designed to help nurses and their teams understand the elements of the quality framework that relate to nursing practice.

The purpose of the document is to:

- inform nurses and their teams of their role in supporting quality improvements against the seven elements of the quality framework
- provide a 'one-stop shop' for key resources, which nursing teams can use to further demonstrate their added contribution to quality
- reinforce the need for nurses to identify ways to reduce waste and repetition, by contributing to the quality and productivity challenge.

Tools to measure quality improvement include:

- Confidence in Caring
- The High Impact Actions for Nursing and Midwifery
- Indicators for Quality Improvement
- NHS Surveys and Feedback

Also see;

- The *Transforming guides* for best practice, supporting community services and covering six areas
- *Getting It Right for Children and Families*, maximising the contribution of the health-visiting team, describes good practice in delivering the Healthy Child Programme, as well as public health initiatives to enhance health and well-being and to reduce health inequalities
- The newly developing *Energise for Excellence in Care* programme is a national initiative aimed to revitalise the universal values of care and compassion among nurses and midwives
- The Quality Framework for Community Services aims particularly to improve measurement within community services
- Essence of Care is a nationally developed self-assessment, benchmarking and audit tool, Essence of Care covers 12 areas and enables frontline teams to appraise how they deliver care, against a set of best-practice indicators that have been developed

by patients, other service users and professionals.

[Downloads...](#)

- [The Nursing Roadmap for Quality: a signposting map for nursing](#)

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[High Impact Actions](#)

This work is being led by the chief nurses from the 10 strategic health authorities in collaboration with the Royal College of Midwives, Royal College of Nursing, the Nursing and Midwifery Council, the NHS Institute for Innovation and Improvement and the Department of Health.

The High Impact Actions had three stages; the first was about engaging nurses and midwives and encouraging them to talk about initiatives that have improved quality and reduced costs. The second involved nurses and midwives across the UK helping to prioritise the eight areas they felt could have the most impact. Finally, now in the third stage, the panel is working with a number of 'demonstrator sites' to really understand 'How Did They Do That'? It will also explain what barriers had to be overcome in order to implement the High Impact Action and give:

- practical advice
- support
- tools on how to measure progress

The High Impact Actions are:

1. Your skin matters
2. Staying safe - preventing falls
3. Keeping nourished - getting better
4. Promoting normal birth
5. Important choices - where to die when the time comes
6. Fit and well to care
7. Ready to go - no delays
8. Protection from infection

[Downloads...](#)

- [High Impact Actions](#)

[Achieving Quality and Productivity in Nursing Care: Implementing Energising for Excellence and the High Impact Actions](#)

"Quality is at the heart of everything we do in the modern health service, and frontline nurses play a vital role in achieving the quality of care that people expect. We can only deliver consistently safe and effective patient-centred care with the full involvement of all those nurses and other health professionals who provide that care."

THE NURSING ROADMAP FOR QUALITY DEPARTMENT OF HEALTH MARCH 2010

The report has summarised energising for excellence into seven elements to improve quality:

1. Bring clarity to quality
2. Measure quality
3. Publish quality performance
4. Recognise and reward quality
5. Leadership for quality
6. Safeguard quality
7. Stay ahead

"Nurses and midwives are fundamental to high-quality healthcare. There is hardly an intervention, treatment or healthcare programme in which we do not play a significant part."

CHIEF NURSING OFFICER, *FRAMING THE NURSING AND MIDWIFERY CONTRIBUTION* (2008)

Downloads...

- [The Nursing Roadmap for Quality: a signposting map for nursing](#)

Quality, Innovation, Productivity, Protection (QIPP)

The quality, innovation, productivity and prevention (QIPP) challenge gives all healthcare professionals the opportunity to help prepare the NHS to defend and promote high quality care in a tighter economic climate.

The NHS needs to identify efficiency savings of £15 to £20 billion by 2013/14, which can be reinvested in year-on-year quality improvement. Frontline clinical staff will play a crucial role in meeting this challenge because they have first-hand experience and knowledge of the areas where QIPP will start to make a difference. The Department of Health has produced a short booklet, published on 11 March, explaining QIPP to all NHS clinicians and detailing how they can start to make the changes needed.

The document is supported by the Department of Health's professional leads. It uses real examples of where frontline staff have already improved quality and identified efficiency savings, and includes helpful resources and guidance.

See the [Medical Director's Bulletin March 2010](#) for further details.

Downloads...

- [David Nicholson CBE letter - Implementing the Next Stage Review visions: the quality and productivity challenge](#)

Nursing Conferences:

Implementing the Enhanced Recovery Programme

Wednesday 19 May, Cavendish Conference Centre, London

“National implementation of the Enhanced Recovery Programme across procedures in four specialties could achieve bed day savings of at least 140,000 and potentially more than 200,000, equivalent to between £35 million and £52 million. Expected savings are closer to the higher end of this range.”

ENHANCED RECOVERY FOR ELECTIVE SURGERY, DEPARTMENT OF HEALTH

The Enhanced Recovery Programme can reduce length of stay from sixteen to three days for colorectal surgery; it has been implemented in a number of trusts and has contributed to the national focus for improving quality of care and patient experience whilst making cost-efficiency savings through release of resource. Undertaken in partnership with the NHS Institute for Innovation and Improvement, NHS Improvement, the NHS Cancer Action Team, the 18Weeks Implementation Team and the Department of Health, there are plans for widespread implementation for 2010/11.

Chaired by **Fiona Hibberts** *Colorectal Consultant Nurse* Guy's and St Thomas' NHS Foundation Trust, who led the implementation of the Enhanced Recovery Programme in her trust, this one day national conference will provide delegates with a full overview of the programme and guidance for implementation.

The conference will focus on working with the multi-disciplinary Enhanced Recovery team, and the impact of the Enhanced Recovery Programme on quality and productivity including improvements to length of stay, reductions in waiting times, mortality rates, and cost and efficiency savings.

Downloads...

- [18 weeks website](#)
- [NHS Improvement website](#)

Quality and Productivity in Nursing Care: Energising for Excellence and Implementing the High Impact Actions

Thursday 20 May, 20 Cavendish Square, London

Energise for Excellence in Care is a national programme designed to improve the quality, effectiveness and efficiency of care delivered by nurses, midwives and health visitors. It recognises the interdependencies between workforce, quality of care and the experience of both patients and staff. It also recognises that the drive to deliver high quality care must come from nurses, midwives and health visitors themselves.

NHS SOUTH CENTRAL PUBLIC BOARD PAPER HA09/117, SEPTEMBER 2009

Chair **Katherine Fenton** *Director of Clinical Standards* NHS South Central will open the conference with an overview of Energising for Excellence and the High Impact Actions and how the two can be linked together to drive quality and productivity improvements in nursing care. This will be followed by a keynote address from **David Foster** *Deputy Chief Nursing Officer* Department of Health providing support for nurses in implementing QIPP.

This is an important conference for nurses at all levels to attend in order to take ownership of quality and productivity improvement, to not only improve the quality of patient care but also make significant cost savings.

Downloads...

- [High Impact Actions for Nursing and Midwifery](#)
- [Nursing Times - New Tool to Reveal Nursing Quality](#)
- [David Nicholson CBE letter - Implementing the Next Stage Review visions: the quality and productivity challenge](#)

[Managing Poor Performance and Supporting Nurses in Difficulty](#)

Wednesday 26 May, 20 Cavendish Square, London

Tenth National Conference

The tenth national Managing Poor Performance and Supporting Nurses in Difficulty conference provides an important update and valuable guidance for senior nurses and nurse managers to identify and manage poor performance in individuals and support nurses in difficulty – whether due to ill-health, misconduct or lack of competence and to continue moving forward following 'Handling Concerns about the Performance of Healthcare Professionals', the White Paper 'Trust Assurance and Safety – The regulation of Healthcare Professionals in the 21st Century', and 'Tackling Concerns Locally'.

Chaired by **Sarah Bedwell** *Director of Corporate Governance and Organisational Development* Nursing and Midwifery Council who will focus on setting the standards of conduct, performance and ethics for nurses and midwives, including adhering to the NMC Code of Conduct and support for professionals raising and escalating performance concerns.

Poor performance can be costly in terms of the negative impact on patient care and resolving key issues. This conference will address the issues raised from this and the necessary steps to be taken to avoid difficulties escalating, particularly timely with the current national focus on increasing quality of care, working productively, and reducing costs.

[Downloads...](#)

- ['Handling Concerns about the Performance of Healthcare Professionals: principles of good practice'](#)
- [Tackling Concerns Locally](#)

[Advancing IV Therapy](#)

Wednesday 9 June, 20 Cavendish Square, London

This third national conference provides a practical guide to delivering safe and effective IV Therapy. With IV Therapy now regarded as an essential skill for nurses it is becoming increasingly important to address the issues this raises. Delegates will get the opportunity to hear how delivering IV Therapy at home is increasing due to shift in focus from hospital to community care and the impact on quality and productivity this brings. After an initial outlay of extra training and time this practice can help save huge costs. For example, a community IV Therapy Service in Warrington has saved the NHS over £1 million in just three years.*

Chaired by **Liz Lees** *Consultant Nurse Acute Medicine* Heart of England NHS Foundation Trust and with an opening presentation from **Andrew Jackson** *Nurse Consultant IV Therapy* Rotherham NHS Foundation Trust delegates will get the opportunity to listen to key updates to advancing IV Therapy and the foreseeable future for this vital practice. **Sara Melville** *IV Nurse Specialist* Alder Hey Children's NHS Foundation Trust will discuss the important issue of reducing central line infections when delivering IV Therapy and how safety measures can be improved to reduce the risk of infections. The afternoon sessions will focus on delivering IV Therapy at home and advancing nursing skills, including a presentation from **Jannine Grundy** *IV Therapy Team Leader* Warrington PCT who will speak on the successful example of the IV Therapy service in Warrington PCT.

“You can’t take patients into hospital just to have intravenous drugs. IV administration in the community is normal, safe practice and should be happening everywhere but this also a workforce issue. If services are to be moved out of the acute sector and into the community, there need to be enough community nurses to do the work.”

LYNN YOUNG PRIMARY HEALTHCARE ADVISOR ROYAL COLLEGE OF NURSING

*NURSING TIMES.NET, NURSING TIMES, FEBRUARY 2009

Downloads...

- [Nurse-led community IV therapy service saves the NHS over £1 million in three years](#)
- [Home IV Therapy - reducing the risk of infection](#)

Eliminating Avoidable Pressure Ulcers

Wednesday 9 June, *Manchester UMIST Conference Centre, Manchester*

Held in partnership with the **NHS Institute** this conference focuses on improving quality of care and reducing cost in the management and treatment of avoidable pressure ulcers. This is the focus of *Your Skin Matters*, one of the *High Impact Actions* launched by the **NHS Institute**, which identified eight high impact actions from website submissions from a large group of experienced nurses and midwives. The main aim of this particular one is to eradicate all avoidable pressure ulcers in NHS provided care.

Pressure ulcers represent a major burden of sickness and reduced quality of life for patients and create significant difficulties for patients, their carers and families.

“Pressure ulcers often affect older, obese or malnourished people, or those with certain underlying conditions. Ulcers occur when there is damage to tissue as a result of long-term mobility, a patient’s body weight, friction or the shearing of skin or deeper tissues. The majority of pressure ulcers are entirely preventable through a risk assessment and the implementation of pressure-relieving measures, such as moving immobile patients.”

HIGH IMPACT ACTIONS FOR NURSING AND MIDWIFERY, SHA CHIEF NURSES, NOVEMBER 2009

“We have set out an ambition to eliminate all avoidable pressure ulcers in NHS-provided care. This will significantly reduce the amount an average district general hospital spends on treating pressure ulcers, currently estimated at £600,000 to £3 million each year.”

HIGH IMPACT ACTIONS FOR NURSING AND MIDWIFERY, SHA CHIEF NURSES, NOVEMBER 2009

Downloads...

- [High Impact Actions for Nursing and Midwifery](#)
- [NHS 2010-2015: from good to great](#)

- [Inconsistent risk assessment led to pressure ulcers at Mid Staffs, enquiry finds](#)

Nurse Pre-operative Assessment

Tuesday 29 June, *Royal College of Nursing, London*

“During February and March 2010, we have seen the launch of the Enhanced Recovery programme. The role of the professional in preparing the patient for admission is of vital importance if we are to enable the enhanced recovery patient to progress promptly along their pathway.... The launch of the Enhanced Recovery Programme serves to alert the professional that all patients benefit from accurate, appropriate preparation, prior to admission for surgery. Keeping alert to best practice and its application is essential if we are to maintain a high standard of patient care.”

THE PREOPERATIVE ASSOCIATION SPRING NEWSLETTER, MARCH 2010

Jane Jackson *Consultant Nurse Pre-operative Assessment* West Hertfordshire Hospitals NHS Trust *Honorary Fellow* University of Hertfordshire and *Chair* The Pre-operative Association will start the conference by giving delegates an important national update from the Pre-operative Association including delivering effective nurse pre-assessment and the impact on quality and productivity.

As one of the four elements of the Enhanced Recovery Programme, Pre-operative Assessment is the vital starting point involving planning and preparation before a patient's admission into hospital. If carried out correctly it maximises the chances of the patient understanding and acting on the advice given and therefore aiding faster recovery with better outcomes. These added benefits can help lead to fewer cancelled operations, quicker patient turnaround, reduced length of stay and less bed days which is part of the QIPP initiative.

“High Quality Care For All sets a new foundation for a health service that empowers staff and gives patients choice. It ensures that health care will be personalised and fair, include the most effective treatments within a safe system, and help patients to stay healthy.”

NHS OUR FUTURE, HIGH QUALITY CARE FOR ALL: NSR FINAL REPORT LAUNCHED

Brochure available shortly - please e-mail keren.roberts@healthcare-events.co.uk to request a copy.

Effective Nursing Workforce Planning & Development

Thursday 1 July, *20 Cavendish Square, London*

This particularly important and timely conference follows the recent announcement by the Department of Health.

“The savings announced today as part of the cross-Government Operational Efficiency Programme and Smarter Government savings are elements of the wider £15-20bn quality and productivity challenge. The Budget announced specific areas in which NHS savings are achievable in meeting that challenge, including: £3.5bn through improving staff productivity, improving staff health and well-being and reducing dependency on agency staff..”

DEPARTMENT OF HEALTH, PRESS RELEASE, BUDGET 2010: DEPARTMENT OF HEALTH CONTRIBUTION TO OPERATIONAL EFFICIENCY AND SMARTER GOVERNMENT SAVINGS, MARCH 2010

Chaired by **Professor Tony Butterworth CBE** *Emeritus Professor of Health Care Workforce Innovation Chair, Academy of Nursing, Midwifery and Health Visiting Research (UK) and Non-Executive Director, NHS Institute for Innovation and Improvement*, the conference opens with a keynote presentation from **Dr Peter Carter OBE** *Chief Executive and General Secretary, Royal College of Nursing* who will discuss national support for Nursing Workforce planning, development and the drive for quality and productivity and supporting the Nursing Workforce through the difficult economic climate.

“If we can raise the levels of performance in those struggling to support staff, and reduce overall sickness absence by a third, there would be 3.4 million more working days available to the NHS each year, which is the equivalent of 14,900 whole-time equivalent staff. Making available this additional resource would go a long way to meeting the quality and productivity challenge and also to address the prevalent concerns about workload that manifest in staff feedback”

NHS HEALTH AND WELLBEING, THE BOORMAN REVIEW, NHS STAFF HEALTH AND WELL-BEING REVIEW, NOVEMBER 2009

Brochure available shortly - please e-mail keren.roberts@healthcare-events.co.uk to request a copy.

Improving Nutrition and Hydration on the Wards

Tuesday 7 September, 20 Cavendish Square, London

Brochure available shortly - please e-mail keren.roberts@healthcare-events.co.uk to request a copy.

Nurse Clinics 2010

‘The premier conference and exhibition for nurses working at an advanced level of practice running or looking to set up clinics across a number of specialities’

Tuesday 9 November, National Motorcycle Museum, Birmingham

TOPICS:

NURSE PRESCRIBING, SETTING UP NURSE CLINICS, LEGAL & RISK MANAGEMENT, NURSE CLINICS IN SURGERY, NURSE LED FOLLOW UP, NURSE CLINICS IN WOUND CARE, CANCER CARE, PRIMARY CARE, MENTAL HEALTH, CARDIAC CARE

This third national conference provides a vital platform for practitioners to listen and discuss important issues with fellow professionals about the latest developments in Nurse Clinics. Chaired by **Dr Richard Hatchett** *Author, ‘Nurse Led Clinic: Practice Issues’ and Principal Lecturer Faculty of Health and Social Care London South Bank University*, delegates will first get the opportunity to listen to the Chair speak on the continuing development of nurse-led clinics and evidence to support the value of nurse clinics in healthcare.

This will be followed by an international address by **Soley Ingadottir** *Clinical Nurse Specialist University Hospital, Iceland* who will discuss what can be learnt from overseas experience in Nurse Clinics.

The conference then continues and splits into breakout streams where delegates will have an extensive choice of specialty and focus issue sessions. Each stream is made up of morning and afternoon sessions with all delegates re-convening at 4pm for the closing address by **Professor Dickon Weir-Hughes** *Chief Executive and Registrar* The Nursing and Midwifery Council focusing on the future of advanced nursing practice and nursing care. This will be followed by a panel discussion which gives the opportunity for delegates to raise questions and issues for discussion for the future of advanced nursing practice.

The Nursing and Midwifery Council must regulate advanced nursing practice, ensuring that advanced practitioners are recorded as such on the register and have the required competencies. Stakeholders must also consider how to reduce and standardize the proliferation of roles and job titles in nursing. The Midwifery 2020 programme should consider whether midwives working in specialist and consultant roles need advanced level regulation.

FRONT LINE CARE REPORT BY THE PRIME MINISTER'S COMMISSION ON THE FUTURE OF NURSING AND MIDWIFERY IN ENGLAND MARCH 2010

Brochure available shortly - please e-mail keren.roberts@healthcare-events.co.uk to request a copy.

Endorsed by: [Royal College of Nursing](#), [Association for Nurse Prescribing](#), [British Association of Nursing in Cardiovascular Care](#), [Institute of Healthcare Management](#), [NAASP](#), [Mental Health Practice](#), [UKONS](#), [Skills for Health](#), [Cancer Nursing Practice](#), [Education for Health](#), [Nursing Management](#)

Other Conferences:

Patient Involvement and Empowerment 2010

Tuesday 11 May, 4 Hamilton Place, London

Good Practice in Consent

Wednesday 12 May, 76 Portland Place, London

Saving Lives: Reducing Avoidable Deaths in Hospital

Thursday 13 May, 76 Portland Place, London

Improving Productivity at Directorate/Clinical Service Level

Tuesday 18 May, 76 Portland Place, London

Managing Patient Harm

Thursday 20 May, Manchester UMIST Conference Centre, Manchester

Reducing Length of Stay

Tuesday 8 June, 76 Portland Place, London

Meeting the Quality and Productivity Challenge - Falls & Hip Fracture

Tuesday 15 June, Cavendish Conference Centre, London

Hospital At Night

Wednesday 23 June, 76 Portland Place, London

Managing Medication on Discharge

Wednesday 30 June, 76 Portland Place, London

High Risk Medicines

Wednesday 7 July, Manchester UMIST Conference Centre, Manchester

Care Pathways 2010

Wednesday 23 June - Thursday 24 June, *Cavendish Conference Centre, London*

Useful Nursing links:

[RCN](#)

[The Nurse & Midwifery Council](#)

[Skills for Health](#)

[Leaders in Nursing](#)

[The Association of Nurse Prescribing \(ANP\)](#)

[Department of Health](#)

[National Patient Safety Agency](#)

[NICE](#)

[Care Quality Commission](#)

For our full conference list please visit Healthcare Events [here](#). We hope you find this newsletter relevant and useful to your practice.

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