



National developments in Cancer care: update and moving forward

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Nursing may not always be easy to describe but patients know when they get good nursing and when they do not.

Nursing requires a high level set of skills and understanding, which taken separately may seem commonplace and undemanding, but combined as a whole is far more complex and powerful.

Christine Beasley – Chief Nursing Officer England
Modernising Nursing Careers - September 2006



Nursing is more than the sum of its parts. Any health system needs nurses who are intellectually able and emotionally aware and who can combine technical clinical skills with a deep understanding and ability to care, as one human to another. This is the constant of nursing, it is the value base on which public trust rests and the profession is grounded

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Content

- Context
- Challenges
- The role of cancer nursing in the CRS - Drivers / levers
- The recommendations in High Quality Care for All - Enablers
- Future of Cancer Nursing - Opportunities



National Policy Direction

AIM – Drive up high quality cost effective care

- Commissioner led NHS –
 - World Class Commissioning
 - Specialist commissioning
 - Practice Based Commissioning
- Payment by results
- Patient choice
- Enhanced competition between providers
- Shift of place of care to closer to home



World class commissioning

Adding life to years and years to life

Aim – to deliver better health and well-being for all,
better care for all and better value for money

- Take a strategic long term approach
- Ensure services meet the changing needs of the local population – increase focus on prevention and well-being
- Build close relationships with key local partners – Clinical involvement key to success
- Focus on quality of care not quantity
- Focussing on care pathway approach



Practice based commissioning

- Individual GP practices or groups of GP practices - Consortia
- Allocated indicative budgets
 - keeping a proportion of any savings
- Providing or commissioning new services on behalf of the PCT
 - setting up alternative sources of expertise
- Providing care closer to home
- Reducing hospital admissions and referrals



Challenges - general

- Aging population by 2031 over 75s increase from 4.1 to 8.2 million
- Raised public expectations of services and care
- Making more use of information technologies to provide care and communicate with patients
- Patients and carers more informed and expecting greater involvement in treatment and care decisions
- Modern lifestyles causing growth in long term conditions and a unhealthy population



Challenges Cancer

- Incidence of cancer rising increase by _ by 2020
- Further substantial rise in obesity will increase the incidence of cancer
- Survival rates for cancers with poor prognosis have not improved
- New treatments and technologies add additional cost for the NHS and capacity pressures on services
- More people surviving or living longer with cancer – different types of care and support required to enable patients to be as self caring as possible



Challenges - cancer

- Patients report that care has improved but not enough
 - Better face to face communication
 - More informed about treatments and services
 - More involved in decision making in partnership with health professionals
 - Better coordinated care – especially across organisational boundaries
 - Being treated and cared for as a person and respected.
 - They want to be more in control of their lives



Cancer Reform Strategy - aims

- Save more lives – prevention, earlier detection and better treatment
- Improve patients quality of life – patient centred, coordinated, offering choice
- Reducing inequalities in public awareness of cancer
- Build for the future – education, research, workforce development
- Achieve maximum value of money for the tax payer
- Enable cancer care to be delivered in the best place at the right time

Drivers / Levers – CRS

- Implementing IOGs
 - Completing the centralisation of services
 - Supportive and Palliative care
- Meeting the new waiting times targets
- Increasing uptake of cancer screening – role out of bowel screening
- Implementing NRAG and NCAG



Drivers / Levers – CRS

- Change in place of care – reduce hospital admissions and length of stay, care closer to home
- New models of care to prepare and support patients living with cancer
- Supporting the implementation of the EoLC Strategy

Drivers SHA Darzi review



- Based on 8 care pathways
- SHA area visions based on the pathways
- Ambitious recommendations from SHA visions being embedded in PCT strategic plans

Enablers High Quality Care for All



Enablers – High Quality Care for All





Unlocking the talents

- Practitioner – delivering high quality care to patients and their carers based on the patients' individual needs
- Partner – working with others in the health service and beyond to manage the balancing of individual and collective needs, integrating care around patients.
- Leadership- requires a new obligation to step up, work with other leaders both clinical and managerial, and change the system where it would benefit patients



Greater freedom to the front line

- Encourage creativity and innovation to improve the quality of care
- Greater freedom requires greater accountability
 - Minimum standards and national priorities in local commissioning
- Empowering staff to make the decisions that affect the quality of care they provide
- Leadership – Vision, method, expectations

Summary

- Commissioner led NHS
- High quality patient centred care
 - Services as close to the patients home as possible
- Improving patients outcomes
- Maximising cost effectiveness
- Innovation in care delivery - New models of working
- Partnership working across services and organisations
- Front line staff and clinical leadership involved in service and care improvement



Opportunities for Cancer Nursing

- Be proactive in a changing environment
 - Decide the role want to have and the difference to patients care and services want to make
 - Decide where nurse led clinics can make a difference and improve, maintain care and cost effectiveness
- Hold on to the core values of nursing
 - Technical and clinical skills
 - Care, compassion and respect
- Be innovative
- Consider technology



Opportunities for Cancer Nursing

- Pathway approach being taken to care delivery focussing on
 - What needs to happen when
 - Competency based care not who will deliver it
 - Quality of care
 - Patient experience of care
 - Pathway extending before and after traditional acute care – prevention early detection, recurrence, living with and beyond, EoLC



Opportunities for Cancer Nursing

- Living with and beyond cancer. New models of care
 - Support and prepare patients to be self caring
 - Supporting patients to develop coping skills required to adapt to life with cancer
- New arrangements for follow up
- Delivering care in other settings – Closer to home



Opportunities for Cancer Nursing

■ Practitioners

- Highly qualified, competent professional
- Committed to the people who use services: conscientious, competent, compassionate, care-focused and patient orientated
- Committed to professional values:
- Excellent role model
- Significant contributor to improved health outcomes and well-being through effective nursing interventions

Opportunities for Cancer Nursing

■ Partners

- Advocates and managers of care pathways, working in partnership with patients
- Accountable and champions of the quality of nursing care and accountable partners in the whole patient experience
- Valued partners in the delivery of care as part of MDTs and across organisational boundaries
- Developing the relationships required to improve care for patients



Opportunities for Cancer Nursing

■ Leaders

- Continually challenging and improving the quality of care, championing the patient experience
- Coordinating resources and skills to deliver high quality care
- Responsible for efficient and effective care delivery, ambitious for nursing and what it can contribute
- Confident innovators, demonstrating the nursing contribution
- Exerting influence and credibility
- Supervising, mentoring, educating and mentoring to support excellent patient care delivery



Summary

- Be innovative in considering what nurses led clinics can do to improve the quality of care for patients
- Be aware of the context, drivers and enablers available for you to use to be successful in developing services
- Look for opportunities and embrace them to improve care for patients and carers