

# Clinically-assisted Nutrition and Hydration

## Supporting Decision Making: Ensuring Best Practice

10% card payments discount\*  
15% Group booking discount\*\*

Monday 14 October 2019 De Vere West One Conference Centre, London



### Speakers include:

**Dr John Chisholm CBE**

*Medical Ethics Committee Chair*

*British Medical Association*

*Chair, Core Group*

*Clinically-assisted Nutrition and Hydration*

*National Guidance*

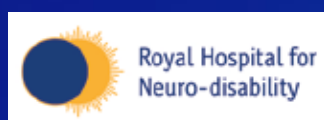
**Prof Lynne Turner-Stokes MBE**

*Consultant in Rehabilitation Medicine*

*Northwick Park NHS Trust*

*Director Regional Rehabilitation Unit*

*Chair of Rehabilitation, Kings College London*



# Clinically-assisted Nutrition and Hydration

## Supporting Decision Making: Ensuring Best Practice

10% card payments discount\*  
15% Group booking discount\*\*

Monday 14 October 2019 De Vere West One Conference Centre, London

***“The Supreme Court confirmed in the summer that decisions about CANH (clinically assisted nutrition and hydration) did not have to be routinely referred to the courts. Previously, as a result of a judgment 25 years ago it had been recommended ‘as a matter of good practice’ that reference be made to the courts where doctors withdrew CANH from a patient in a persistent vegetative state, but neither this judgment nor the Mental Capacity Act imposed a strict duty to do so. The recent ruling is one reason why it is particularly important for doctors to be given comprehensive guidance on decisions around CANH.”***

*British Medical Association December 2018*

***“While the starting point is a strong presumption that CANH should be provided, prolonging life, at the centre of any decision is whether beginning or continuing treatment is in the best interests of the individual patient.”***

*British Medical Association December 2018*

***‘Decisions surrounding the withdrawal of CANH pose clinical, ethical and legal challenges for doctors, and can be needed at an incredibly difficult time for patients’ families and loved ones. The law is clear that CANH is a form of medical treatment, much like artificial ventilation, and while there should be a strong presumption that starting or continuing this treatment is in the patient’s best interests, this will not always be the case.’*** John Chisholm *BMA medical ethics committee chair December 2018*

***“Health professionals must find out as much as possible about the patient from family and friends, in order to determine what the individual would want to happen in the situation that has arisen. If it is clear that the patient would, or would not, want CANH provided, this will usually determine their best interests.”*** *Royal College of Physicians, December 2018*

This conference focuses on recent developments and implementing the December 2018 BMA/RCP guidance on Clinically Assisted Nutrition and Hydration. The guidance provides ‘the most up-to-date statement of doctors’ professional and legal obligations, and provides in-depth advice about the process to be followed and the different factors for doctors to consider in making these decisions.’ (RCP Dec 2018). In the Summer of 2018 it was decided by the supreme court that decisions regarding clinically assisted nutrition and hydration no longer had to be routinely referred to the court which puts decision making about this important and often ethically charged decision making in the hands of doctors.

This conference will enable you to:

- Network with colleagues who are working to improve best practice in decision making around Clinically Assisted Nutrition and Hydration
- Reflect on national developments and learning including implementation of the December 2018 BMA/RCP Guidance, and Legal Developments and Principles
- Improve the way patients and families are involved in decision making to ensure individually patient focused outcomes
- Develop your skills in best interests care planning
- Reflect on the perspective of a patient
- Understand how you can implement the guideline effectively in practice
- Identify key strategies for decisions around clinically assisted nutrition and hydration within the dying phase
- Understand who should make decisions, when, and when a second opinion is needed
- Ensure you are up to date with the latest best practice with regard to patients in prolonged disorders of consciousness
- Enable regular best interests assessments for patients who are stable on CANH
- Self assess and reflect on your own practice
- Gain cpd accreditation points contributing to professional development and revalidation evidence

## 10.00 Chair's Welcome and Introduction

**Dr John Chisholm CBE** *Medical Ethics Committee Chair, British Medical Association, & Chair, Core Group Clinically-assisted nutrition and hydration (CANH) and adults who lack the capacity to consent Guidance for decision-making in England and Wales*

## 10.10 Putting personal experience first - Daisy's Story

### Steph Nimmo

*Carer, widowed parent and freelance writer and blogger*

- a personal journey – our experience of dependence on IV nutrition/fluid
- ensuring engaged, informed individuals and carers
- improving information about what to expect and decision making at the end of life

## 10.40 EXTENDED SESSION

### Implementing the BMA/RCP Guideline in Clinical Practice

#### Prof Lynne Turner-Stokes MBE

*Consultant in Rehabilitation Medicine, Northwick Park NHS Trust; Director Regional Rehabilitation Unit and Dunhill Chair of Rehabilitation, Kings College London & Advisory Group Member, Clinically-assisted nutrition and hydration (CANH) and adults who lack the capacity to consent Guidance for decision-making in England and Wales*

- decisions about CANH in clinical practice
- degenerative and declining conditions
- using the framework to make decisions
- dealing with conflict in decision making
- ensuring regular best interests assessments for patients who are stable on CANH

11.25 *Question and answers, followed by tea & coffee at 11.35*

## 11.50 EXTENDED SESSION: Legal Principles

### Alex Ruck Keene

*Barrister  
39 Essex Chambers  
& Advisory Group Member, Clinically-assisted nutrition and hydration (CANH) and adults who lack the capacity to consent Guidance for decision-making in England and Wales*

- when should decisions about clinically assisted nutrition and hydration be referred to the court following the 2018 ruling?
- decision making in accordance with the Mental Capacity Act
- who should be making decisions, and when?
- when do you need a second opinion?
- legal principles and practicalities

12.50 *Question and answers, followed by lunch at 13.00*

## 13.45 EXTENDED SESSION

### Clinically Assisted Nutrition and Hydration within the Dying Phase

#### Dr Edith Israel

*Lead Consultant in Palliative Medicine  
Hospital of St John & St Elizabeth*

- hydration and nutrition in the last days of life- guidance and evidence
- ethical and legal considerations of hydration and nutrition at the end of life in clinical practice
- discussing and assessing hydration with patients, family and staff at the end of life

## 14.30 EXTENDED SESSION: Best Interests Care Planning

### Starting conversations around best interests and care planning at an early stage

#### Dr Jonathan Hinchliffe

*Principal Clinical Psychologist & MCA/DOLS Manager  
Royal Hospital for Neuro-disability*

- ensuring conversations start at an early stage
- dealing with uncertainty in diagnosis and prognosis
- developing and monitoring care plans for every patient and communicating with family and carers
- documenting and recording decision making
- best interests assessment meetings
- patient-centred care – involving families in difficult conversations
- adapting conversations to reflect different conditions

15.15 *Question and answers, followed by tea & coffee at 15.25*

## 15.40 Decision making and best interests: Reaching the decision that is right for the patient

#### Dr John Chisholm CBE

*Medical Ethics Committee Chair, British Medical Association & Chair, Core Group Clinically-assisted nutrition and hydration (CANH) and adults who lack the capacity to consent Guidance for decision-making in England and Wales*

- decision making and best interests
- putting yourself in the position' of an individual through speaking to those close to them

## 16.10 Prolonged Disorders of Consciousness and Decision-Making about Life-Sustaining Treatments

#### Professor Celia Kitzinger

*Co-Director, the Coma and Disorders of Consciousness Research Centre; and Honorary Professor, School of Law and Politics  
Cardiff University*

- introduction to PDOC - family perspectives
- current research and advocacy at the Cardiff Coma and Disorders of Consciousness Research Centre
- experiences/short case studies from the Cardiff Centre

16.40 *Question and answers, followed by close*

# Clinically-assisted Nutrition and Hydration

## Monday 14 October 2019

### De Vere West One Conference Centre, London

Download

10% card payments discount\*

15% Group booking discount\*\*

**How to book** Book online via credit card and receive a 10% discount\* [www.healthcareconferencesuk.co.uk](http://www.healthcareconferencesuk.co.uk) Fax the booking form to 0208 181 6491 Post this form to Healthcare Conferences UK 8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

#### > Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box,   
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

#### This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

#### > Payment

**By Cheque** A cheque for  is enclosed

Please make Cheques Payable to: Healthcare Conferences UK Ltd.

**By Invoice** Please send an invoice to

Name

Organisation

Address

Postcode

**PURCHASE ORDER NUMBER**  
(If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.

**By B A C S**

For Payments in £: Sort Code 40-46-22 Account No. 21553690

Please send your BACS remittance form as confirmation of payment

Your BACS Reference

**By credit card** Please debit my Visa/Mastercard/Switch **All sections must be completed**

Cardholder's Name

Card No. 

Valid From

Expiry Date

Issue No. (switch only)

You will be contacted during the processing of your booking to confirm the payment card security code. (this is the last three digits of the number printed on the back of your card)

Signature

Card billing address

Promotional Code

#### Conference Documentation

I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

#### Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 14 October 2019

#### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
 £300 + VAT (£360.00) for voluntary sector / charities.  
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

#### \*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

#### \*\*Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

#### Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

#### Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

#### Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

#### Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email [carolyn@hc-uk.org.uk](mailto:carolyn@hc-uk.org.uk)

#### Credits

CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box

Healthcare Conferences UK reserve the right to make changes to speakers and programmes without prior notice.  
©Healthcare Conferences UK Ltd 2019

