

A Joint BADS & HCUK Conference

Day Case

Major Knee Surgery

ACL reconstructions

to Total Knee replacements

Monday 5 October 2020

Virtual Conference



Chair and speakers include:

Dr Kim Russon

President BADS

Consultant Anaesthetist

Rotherham NHS

Foundation Trust

Dr Mary Stocker

Past President BADS

Consultant Anaesthetist

Torbay & South Devon

Healthcare Trust

Mr Alex Anderson

Consultant Orthopaedic

Surgeon Rotherham

NHS Foundation Trust

Mr Mike Kent

Consultant Orthopaedic

Surgeon Torbay & South

Devon NHS Trust

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15% Group booking discount**
discount for BADS members

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Virtual Conference

This virtual conference will include access to the virtual user friendly portal which will provide you with the full conference experience from your workplace or home. The Virtual Portal will include Live and pre-recorded sessions as per the onsite programme, supporting abstracts, resources and powerpoint presentations, Interactive Breakout groups, Live Q&A sessions, Virtual networking with fellow delegates and speakers, virtual exhibitors and a secure server with password protected entry exclusively for attendees and CPD accreditation as per the onsite programme.

Day Case Anterior Cruciate Ligament Reconstruction Surgery and Uni-compartment Knee Replacement Surgery has been routine practice for over 10 years in some trusts. Building on this, leading units are now providing Total Hip and Knee Replacement Surgery on a day case basis. It has been proven to be safe, achievable and has been replicated across a number of trusts. With increasing pressure on the NHS, the drive to reduce length of stay and deliver as much activity as possible on a day case basis is a key national priority. Day Case major joint replacement surgery is now routine practice in a number of units across the UK. However, there remains huge variation in day case orthopaedic surgery across the country with some units still struggling to deliver ACL reconstruction surgery as a day case, yet others consistently have rates approaching 100%. Come and learn how they did it, the obstacles they overcame and take the opportunity to transform your orthopaedic services.

National experts from the British Association of Day Surgery and leading Orthopaedic units will share experience including:

- How to develop a high-class day surgery service
- Analgesia for day case arthroplasty
- Use of short acting spinal anaesthesia for major orthopaedic day surgery procedures
- Pathways and protocols for day case arthroplasty
- Pitfalls to avoid and obstacles to overcome – how they did it

This conference will enable you to:

- Network with colleagues who are working to improve day surgery orthopaedic services
- Learn from outstanding practice in day surgery arthroplasty
- Reflect on national developments and learning
- Understand how you can improve your day surgery pathways
- Identify key strategies for implementation of a day surgery joint replacement service
- Ensure you are up to date with the latest national practice
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

10.00 AM Chair's Introduction

Dr Kim Russon *President The British Association of Day Surgery (BADS)
& Consultant Anaesthetist Rotherham Foundation Trust Hospital*

10.15 Optimising your Day Case Pathway

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

- Key elements of a day surgery pathway
- Patient suitability for day surgery
- Planning for successful day surgery

11.00 Small Group Breakout Session

11.15 Default to Day Surgery for Anterior Cruciate Ligament Reconstruction & Uni-compartment Knee Replacement

Mr Alex Anderson *Consultant Orthopaedic Surgeon*
Dr Kim Russon *Consultant Anaesthetist & BADS President*
Kayleigh Wright *Specialist Physiotherapist, In-Patient Orthopaedics*
The Rotherham NHS Foundation Trust

- We will discuss how we achieved a 100% successful daycase discharge through our day surgery unit and the importance of:
- Multidisciplinary team engagement
 - Day case spinal anaesthesia
 - Using the day surgery unit

11.45 *Question and answers, followed by Comfort Break and Virtual Networking*

12.00 Implementing Day Case Pathways for Major Knee Surgery: The Torbay Journey

Mr David Isaac *Consultant Orthopaedic Surgeon*
Mr Mike Kent *Consultant Orthopaedic Surgeon*
Dr Claire Blandford *Consultant Anaesthetist*
Torbay and South Devon NHS Foundation Trust
Milton Keynes

- Achieving consistent outcomes for ACL reconstructions & Unicompartmental Knee replacements : 9 years of experience
- Refining process, learning & transforming care: surgical and anaesthetic aspects of achieving day case TKRs
- Performance data and national perspective

12.45 Small Group Breakout Session

13.10 *Question and answers, followed by lunch break / Online Networking and Exhibition at 13.20*

13.45 PM Chair's Introduction

Dr Mary Stocker *Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

14.00 Ambulatory Knee Arthroplasty – Goals of the anaesthetist in managing post-operative pain

Dr David Johnston
Consultant Anaesthetist
Musgrave Park Hospital, Belfast

- Multimodal is our cornerstone for analgesia
- Adductor canal blocks - where do we stand now?
- iPACK versus periarticular infiltration

14.30 *5 min break to allow movement between sessions*

14.35 The golden combination of super-short acting spinal plus super-long acting Ipack block to deliver daycase

Dr Robbie Erskine
Consultant Anaesthetist
University Hospitals of Derby and Burton NHS Foundation Trust

- Targeted daycase spinal anaesthesia dosage is key for early mobilisation
- Using iPACK block to aid daycase knee surgery
- The benefits of combination of targeted spinal anaesthesia and iPACK block

15.05 *Question and answers, followed by comfort break and virtual networking at 15.15*

15.30 Monitoring your outcomes in Day Case Knee Surgery

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

- Value of data in motivating teams
- Sources of day surgery data
- Possible metrics to benchmark day surgery orthopaedic performance

16.00 Small Group Breakout Session

16.15 Delivering a successful Day Case Knee Replacement Pathway

Mr Graham Walsh
Consultant Orthopaedic Surgeon & CCIO
Dr Nisha Bhuskute
Consultant Anaesthetist
Calderdale & Huddersfield NHS Foundation Trust

- Innovation & transformation in improving care for major arthroplasty patients
- Role of technology in enhancing delivery of day case knee replacement pathway
- Share our experience in delivering successful day case knee replacement pathway

16.45 *Questions and Answers followed by Close*

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Date Monday 5 October 2020

VIRTUAL attendance

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Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 10 days after submitting your booking. The access code for the virtual portal will be sent in the week before the conference.

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If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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