

10% card payments discount*
15% Group booking discount**

Transforming Mental Health Services for Children & Young Adults CAMHS National Summit 2020 *Improving Accessibility & Recovery Outcomes*

Friday 16 October 2020

Virtual Conference



Chair and Speakers Include:

Dr Cathy Lavelle

Consultant Child & Adolescent

Psychiatrist Clinical Director

East London NHS Foundation Trust

Dr Elizabeth Fellow-Smith

Clinical Lead NMoC

West London Mental Health

NHS Trust

Dr Jon Goldin

Vice Chair

Child and Adolescent Faculty

Royal College of Psychiatrists



10% card payments discount*
15% Group booking discount**

Transforming Mental Health Services for Children & Young Adults CAMHS National Summit 2020

Improving Accessibility & Recovery Outcomes

Friday 16 October 2020

Virtual Conference

This virtual conference will provide you with the full conference experience from your workplace or home.

The Virtual event will include:

- Live and pre-recorded sessions
- A dedicated landing page including supporting abstracts, resources and powerpoint presentations
- Interactive Breakout groups
- Live Q&A sessions and polls
- Virtual networking with fellow delegates and speakers
- Additional educational taster sessions
- a secure server with password protected entry exclusively for attendees
- CPD accreditation

This national conference focuses on transforming mental health services for children and young people, ensuring early intervention, and developing integrated services with clear care pathways from first intervention to crisis and inpatient care. The conference will also look at national developments in monitoring outcomes in CYP Mental Health including the development of a National CYP Mental Health Outcomes Metric.

“One in eight five to 19 year olds are thought to have a diagnosable mental health condition.” UK Parliament 2019

“The NHS Long Term Plan sets out the priorities for expanding Children and Young People’s Mental Health Services (CYPMHS) over the next 10 years. It aims to widen access to services closer to home, reduce unnecessary delays, and deliver specialist mental health care which is based on a clearer understanding of young people’s needs and provided in ways that work better for them.” NHS England 2020

“Services for children and young people are moving away from a tiered approach to a whole systems framework, which focuses on getting the right support at each stage, from early intervention to managing more severe, risky presentations.”

The Royal College of Psychiatrists January 2020

This conference will enable you to:

- Network with colleagues who are working to improve mental health services for children and young people
- Reflect on the lived experience of a young person with lived experience
- Learn from outstanding practice in transforming CAMHS
- Update your knowledge on national developments and learning including how we can improve accessibility and waiting times
- Improve early intervention and working with schools in a preventative way to improve wellbeing and resilience
- Develop your skills in new ways of working with inpatient admissions
- Understand how you can improve recovery outcomes including the development of a national CYP mental health services outcomes metric
- Ensuring adherence to the 2019 NICE Guideline for Depression in Children and Young People: Identification and Management
- Identify key strategies improving mental health services for young adults, and ensuring children aren’t lost in the transition to adult services
- Learn how CAMHS can improve services for children with ADHD
- Self assess and reflect on your own practice

Oliver Brown *Head of Product, Imosphere*

- Demonstration of the FACE Child & Adolescent Risk Assessment Suite (CARAS) designed to support young people in the UK
- Learn how the CARAS became a vital part of assessment and formulation at an NHS Foundation Trust
- Discover how using evidence-based risk tools and robust training provides reassurance when faced with a serious incident



10.00 Chair's Welcome & Introduction

Dr Jon Goldin *Consultant Child and Adolescent Psychiatrist, Great Ormond Street Hospital (GOSH) Head of the Mildred Creak Unit; Specialty Lead in the Department of Child and Adolescent Mental Health (DCAMH); and Vice Chair, Child and Adolescent Faculty at the Royal College of Psychiatrists*

10.10 Learning from Lived Experience

James Downs
Voices of MIND

- learning from lived experience
- how can we transform CAMHS services from a lived experience perspective
- supporting young people and their parents to get the help they need

10.40 Transforming mental health services for children & young adults

Kahra Wayland-Larty

*Campaigns and Policy Manager
Youth Access with*

Lizzie Mitchell

Young Rights Advocate, CAMHS volunteer & service user

- How can a rights-based approach help to tackle current challenges
 - Improving access to services for CYP
 - Improving the quality of services using young people's feedback
 - Supporting early intervention and accessibility
 - Integrated, community-based services
- The role, opportunities and challenges for providers, commissioners, young people and the voluntary sector

11.10 Small Group Breakout Session

11.30 *Comfort break*

11.45 Improving mental health services for young adults (16-25)

Dr Paul Patterson

Public Health Programme Lead, Forward Thinking Birmingham, Birmingham Women's and Children's NHS Foundation Trust & Honorary Senior Research Fellow, University of Birmingham with Claire Rigby Education and Employment Partnership Transformation Lead Forward Thinking Birmingham

- developing youth services: the evidence and case study of Forward Thinking Birmingham
- who is in the transition gap?
- how do we meet the needs of young adults who are not in employment or education
- practical advice for commissioning and developing services
- monitoring adherence to the NICE guideline: have things changed?

12.20 Improving accessibility to CAMHS services: Early Intervention

Dr Cathy Lavelle

Consultant Child & Adolescent Psychiatrist Clinical Director, ELFT Children's Services, Clinical Director, CAMHS New Models of Care, North Central & North East London

- working towards timely and accessible services
- easing the journey to advice and intervention; working with young people on underlying issues and causes
- building resilience, promoting good mental health and prevention
- what have we learned through the pandemic?

12.50 Improving mental health crisis services for children and young people

Dr Bea Vickers *Consultant Psychiatrist Adolescent Outreach Team with Kay Haynes Team Manager Adolescent Outreach Team South West London and St Georges Mental Health NHS Trust*

- CAMHS crisis and Intensive Home treatment service
- ensuring rapid support for children and young people in crisis
- our experience

13.25 *Questions and answers, followed by lunch break / Online Networking and Exhibition*

14.00 The CYP Mental Health Outcomes Metric

Kate Dalzell
Head

Child Outcomes Research Consortium

- do clinicians have the things they need to measure outcomes for CYP?
- how can we improve data flows?
- developing an outcomes metric for CYP Mental Health

14.30 EXTENDED SESSION

The 2019 NICE Guideline for Depression in Children and Young People: Identification and Management**Dr Matthew Hodes**

Honorary Senior Lecturer Imperial College London & Consultant Child and Adolescent Psychiatrist Central and North West London NHS Foundation Trust

- the 2019 NICE guideline: what has changed and why?
- implementation of the guideline in practice
- management of mild, moderate and severe depression in children and young people

15.00 Small Group Breakout Session

15.15 *Comfort break and virtual networking*

15.40 Case Study: Improving early intervention for children with ADHD

Dr Su Sukumaran *Consultant Child & Adolescent Psychiatrist and Clinical Lead CAMHS Neurodevelopmental Team with Dr Monica Aziz Consultant Child & Adolescent Psychiatrist South West London and St Georges Mental Health NHS Trust*

- how can CAMHS services better support children with ADHD?
- managing referrals and working with schools
- case study – experiences of tackling neurodevelopmental disorders

16.15 EXTENDED SESSION: Transforming CAMHS for Tier 4: New Care Models

Dr Elizabeth Fellow-Smith

Consultant Child Psychiatrist Clinical Lead NMoC West London Mental Health NHS Trust

- developing new ways of managing the pathway to Tier 4 inpatient admissions for children and young people
- preventing avoidable admissions & reducing length of stay
- admitting young people closer to home and eliminating clinically inappropriate out of area placements
- how we invest in community services

17.00 *Questions and answers, Chairman's Closing Remarks, followed by close*

Transforming Mental Health Services for Children and Young Adults

Friday 16th October 2020

Virtual Conference

Download

How to book

Book online via credit card and receive a 10% discount*

www.healthcareconferencesuk.co.uk

Fax the booking form to
0208 181 6491

Post this form to Healthcare Conferences UK
8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

| | |
|--------------|-----------------|
| Dr Mr Mrs Ms | (Please Circle) |
| First Name | |
| Surname | |
| Job Title | |
| Department | |
| Organisation | |
| Address | |
| Postcode | |
| Telephone | |
| Fax | |
| Email | |

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box,
Please also ensure you complete your full postal address details for our records.

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

| |
|-----------|
| Name |
| Signature |
| Date |

> Payment

| | |
|--|--|
| <input type="checkbox"/> | By Cheque A cheque for <input type="text"/> is enclosed |
| <small>Please make Cheques Payable to: Healthcare Conferences UK Ltd.</small> | |
| <input type="checkbox"/> | By Invoice Please send an invoice to |
| Name <input type="text"/> | |
| Organisation <input type="text"/> | |
| Address <input type="text"/> | |
| Postcode <input type="text"/> | |
| PURCHASE ORDER NUMBER (If Applicable) <input type="text"/> | |
| <small>Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.</small> | |
| <input type="checkbox"/> | By B A C S |
| For Payments in £: | Sort Code 40-46-22 Account No. 21553690 |
| <input type="checkbox"/> Please send your BACS remittance form as confirmation of payment <input type="checkbox"/> Your BACS Reference <input type="text"/> | |
| <input type="checkbox"/> | By credit card Please debit my Visa/Mastercard/Switch All sections must be completed |
| Cardholder's Name <input type="text"/> | |
| Card No. <input type="text"/> | |
| Valid From <input type="text"/> | Expiry Date <input type="text"/> |
| Issue No. (switch only) <input type="text"/> | |
| <small>You will be contacted during the processing of your booking to confirm the payment card security code. (this is the last three digits of the number printed on the back of your card)</small> | |
| Signature <input type="text"/> | |
| Card billing address <input type="text"/> | |
| Promotional Code <input type="text"/> | |

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Virtual Conference

This conference will include access to a virtual format which will provide you with the full experience from your workplace or home.

Date
Friday 16 October 2020

Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
 £250 + VAT (£300.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.

*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

**Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 10 days after submitting your booking. The access code for the virtual portal will be sent in the week before the conference.

Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

Credits

CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box

Healthcare Conferences UK reserve the right to make changes to speakers and programmes without prior notice.
©Healthcare Conferences UK Ltd 2020

