

Stop The Pressure

Pressure Ulcer Prevention & Management

Monday 14th September 2020 Virtual Conference

10% card payments discount*
15% Group booking discount**



Chair and Speakers Include:

Tina Chambers

*Member, Stop the Pressure
Clinical Workstream
The National Wound Care
Strategy Programme*

Prof Jackie Stephen-Haynes

*Professor in Wound Healing
Birmingham City University*

Ria Betteridge

*Nurse Consultant Tissue Viability
Oxford University Hospitals
NHS Foundation Trust*

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This virtual conference will include access to the virtual user friendly portal which will provide you with the full conference experience from your workplace or home. The Virtual Portal will include:

- Live and pre-recorded sessions
- a web based virtual portal which will include supporting abstracts, resources and powerpoint presentations
- Interactive Breakout groups
- Live Q&A sessions and polls
- Virtual networking with fellow delegates and speakers
- a virtual exhibition where you can virtually meet sponsors and exhibitors
- a secure server with password protected entry exclusively for attendees
- CPD accreditation

“Pressure ulcers are a key indicator of the quality and experience of patient care. Despite progress since 2012 in the management of pressure ulcers they remain a significant healthcare problem, with over 1,300 new ulcers reported each month with up to 200,000 people developing a new pressure ulcer in 2017/18. Treating pressure ulcers costs the NHS more than £1.4 million every day (Guest et al 2017). We know that many pressure ulcers are preventable, so when they do occur they can have a profound impact on the overall wellbeing of patients and can be both painful and debilitating. Preventing them will improve care for all vulnerable patients.” NHSI

“Pressure ulcer prevention and management is an art as well as a science...different people with similar conditions need different care and that care should be holistic and tailored to the individual.” Linda Nazarko OBE Consultant Nurse West London NHS Trust, Oct 2019

This conference focuses on the prevention and management of pressure ulcers including monitoring, reporting and improvement. The conference includes a choice of streams in the afternoon focusing on:

Stream A: Sustaining Pressure Ulcer Prevention

This stream will focus on sustainability of pressure ulcer prevention through the introduction consistent processes and practice to eliminate pressure ulcers, and managing them effectively if they do occur. The stream will consider the factors that increase the risk of pressure ulcer development and also look at a case study focusing on reducing pressure ulcers in older people living with frailty.

Stream B: Reducing and Managing Pressure Ulcers at the End of Life

Wounds are a common occurrence in patients with terminal illnesses, it has been estimated that approximately one third of palliative care patients will experience a pressure ulcer. Pressure wounds are seen most often in elderly and terminally ill patients as a result skin failure — a naturally occurring process commonly associated with terminal illness wherein the skin begins to break down and die. At the end of life multiple risk factors can lead to pressure ulcers. The prevention and management of pressure ulcers at the end of life must also be balanced alongside the patients preferences presenting ethical dilemmas such as when prevention and active management should stop in the last days of life. This stream focuses on the reduction and management of pressure ulcers at the end of life, from risk assessment to controlling pain and discomfort in the last days of life.

This conference will enable you to:

- Network with colleagues who are working to improve the measurement, reporting and reduction of pressure ulcers and harm
- Reflect on national developments and learning including recommendations to reduce unwarranted variation, improve safety and optimise patient experience and outcomes
- Learn from outstanding practice in pressure ulcer reporting
- Change the way you view pressure ulcers – eliminating the focus on avoidability
- Developing effective training and education of frontline staff that will empower frontline teams to take ownership for improving care processes and preventing pressure ulcers
- Understand how you can reduce pressure ulcers and harm from pressure ulcers
- Improve sustainability in the reduction of pressure ulcers
- Understand the factors that increase the risk of pressure ulcer development
- Develop a better understanding of pressure ulcer prevention at the end of life
- Reflect on a case study in reducing pressure ulcers in older people living with frailty
- Improve your skills in Root Cause Analysis and investigation of pressure ulcer incidents including the Duty of Candour
- Ensure you are up to date with the latest evidence and definitions
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

10.00 Chair's Welcome and Introduction

Tina Chambers *Past Chair of the Tissue Viability Society, Tissue Viability Consultant, Educator and Advisor & Member, Stop the Pressure Clinical Workstream, The National Wound Care Strategy Programme*

10.20 The National Wound Care Strategy Programme & Pressure Ulcers

Jacqui Fletcher
Independent Nurse Consultant and Senior Clinical Advisor
Stop the Pressure Clinical Workstream, NHS England/Improvement

- The National Wound Care Strategy Programme
- an update from the Stop the Pressure Clinical Workstream

11.50 5 minute break to allow movement to next session

10.55 Training and educating frontline staff in pressure ulcer prevention

Ria Betteridge
Nurse Consultant Tissue Viability
Oxford University Hospital NHS Foundation Trust

- supporting effective governance structures
- sharing data to improve outcomes
- empowering frontline teams to take ownership for improving care processes
- delivering learning communities of practice
- improving pressure ulcer leadership and governance

11.30 Question and answers, followed by comfort break at 11.40

11.50 EXTENDED SESSION: Pressure Ulcer Assessment Reporting & Management

Tina Chambers
Past Chair of the Tissue Viability Society, Tissue Viability Consultant, Educator and Advisor
& Member, Stop the Pressure Clinical Workstream
The National Wound Care Strategy Programme

- definitions and local monitoring
- beyond risk assessment and grading: ensuring action!
- why we should no longer be thinking in terms of avoidability
- reporting of unstageable pressure ulcers
- pressure ulcer reporting: implications of the new guidance
- supporting frontline staff to identify, manage and prevent pressure ulcers
- when an RCA should be undertaken
- an update from Stop the Pressure

12.40 Question and answers, followed by Small Group Discussion in Breakout Sessions

13.00 Lunch break

13.30 - 15.00 CHOICE OF STREAMS

A: Sustaining Pressure Ulcer Reduction

13.30 Leading locally to achieve zero pressure ulcers: Sustaining the prevention of pressure ulcers

Elisabete Martins
Tissue Viability CNS
Mid Essex NHS
Foundation Trust

- introducing processes to achieve sustainable culture change
- leading new ways of working: what has worked for us
- sharing the results and communicating improvement to drive change

13.50 5 minute break to allow movement to next session

14.00 Understanding the factors that increase the risk of pressure ulcer development

Frances Spratt
Lead Nurse Tissue Viability
Southampton University
Hospitals NHS Foundation Trust

- environmental and patient factors that increase risk of pressure ulcers
- working to assess and prevent pressure ulcers in high risk patients
- reducing the risk through use of appropriate patient support surfaces, skin assessment and good hygiene, evidence based moving and handling practice, nutrition & hydration and incontinence
- sustaining pressure ulcer reducing in Southampton: challenges and successes

14.30 5 minute break to allow movement to next session

14.35 FOCUS: Reducing Pressure Ulcers in Frail Older People

Linda Nazarko OBE
Consultant Nurse,
Physical Healthcare
West London NHS Trust

- why are frail older people at risk of pressure ulcers?
- reducing the risk of pressure ulcers in hospital, community and care home settings
- skin changes at end of life

15.10 Question and answers, followed by Small Group Discussion in Breakout Sessions then comfort break at 15.15

15.30 EXTENDED SESSION: Learning from Clinical Negligence Claims regarding Pressure Ulcers

Bev Hunt
Safety and Learning Lead, Mediation
NHS Resolution

- learning lessons from complaints and claims involving pressure ulcers

16.10 Question and answers, followed by Small Group Discussion in Breakout Sessions

16.30 Question and answers, followed by close

B: Reducing Pressure Ulcers at the End of Life

13.30 EXTENDED SESSION Pressure Ulcer Prevention at the End of Life

Prof Jackie Stephen-Haynes
Professor in Wound Healing
Birmingham City University

- skin changes at the end of life
- supporting staff to prevent, recognise and manage pressure ulcers towards the end of life
- what works in reducing pressure ulcers at the End of Life
- the importance of effective nutrition and hydration
- improving pressure ulcer prevention for end of life patients at home
- training carers to support the reduction of pressure ulcers
- practical experiences and tips
- ethical dilemmas: patients preferences and when terminally ill patients refuse pressure ulcer prevention and care
- pressure ulcer care in the last day of life: when should we stop prevention measures?

14.30 Small Discussion Breakout Rooms

Managing Pressure Ulcers at my Trust

- interactive discussion
- Click left panel and into the end of life care breakout room

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Virtual Conference

Download

How to book

Book online via credit card and receive a 10% discount*

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8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

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Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box,
Please also ensure you complete your full postal address details for our records.

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

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PM Stream Choice

Stream A: Sustaining Pressure Ulcer Prevention

Stream B: Reducing Pressure Ulcers at the End of Life

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

This virtual conference will include access to the virtual user friendly portal which will provide you with the full conference experience from your workplace or home.

Date Monday 14th September 2020

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 £300 + VAT (£360.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.

*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

**Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7 days after submitting your booking. The access code for the virtual portal will be sent one week before the conference

Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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