

# A Practical Guide to Effective Non Medical Prescribing in End of Life Care

For Current and Aspiring Non Medical Prescribers

Tuesday 20th April 2021

Virtual Conference

10% card payments discount\*  
15% group booking discount\*\*



Chair & Speakers include:

**Carolyn Doyle**

*Professional Lead Community & End of Life Care Nursing  
Royal College of Nursing and  
Honorary Lecturer, City University London*

**Dr Ruth Caulkin**

*Consultant in Palliative Medicine  
Chelsea and Westminster NHS  
Foundation Trust*

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*“The Department of Health and Social Care has recently reiterated its commitment to improvement in the quality of end-of-life care and emphasised the importance of all patients having rapid access to medication.”*

*Kathy Latham, Brian Nyatanga*

*“It is essential that decisions around end of life care remain patient-centred and based on a person’s individual needs, and that we do not adopt a blanket ‘one size fits all’ approach in our rush to manage patients’ symptoms.”*

*Care Quality Commission July 2020*

*“Commonly prescribed drugs such as opioids, anti-emetics, anti-secretory drugs, antipsychotic agents and mouth care products can significantly enhance the role of the CNS in palliative care and the support and care provided for our dying patients.”*

*Non-medical Prescribing in Palliative and End-of-Life Care (EOLC), Emma Sweeney*

*“There are unacceptable variations in aspects of palliative and end of life care such as access to pain control, related to different care settings”*

*Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020*

*“People have watched their loved ones dying in pain or in an agitated state because their symptoms have been ineffectively or poorly managed... These cases show how pain, agitation and other distressing symptoms were not adequately controlled as people neared the end of their lives... In many cases, this distress could have been avoided.”*

*PHSO*

*“NMP in a palliative care context may be one mechanism through which people can be supported to remain at home with well controlled symptoms at the end of life. For example, patients with cancer typically spend 65-80% of their last 6 months of life at home and adequate pain control is often hindered by poor access to effective timely analgesia. These patients often have multiple, rapidly changing symptoms requiring highly specialist management”*

*Non-Medical Prescribing in Palliative Care: A Regional Survey, Dr Lucy Ziegler University of Leeds*

This important national conference provides an essential update for current and aspiring non medical prescribers on prescribing at the end of life. It is widely recognized that pain and symptom control at the end of life is not always optimal, the development of non medical prescribing has a key role in improving pain and symptom control for patients at the end of life. The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills and competence as a non medical prescriber in end of life care.

The conference will also update non medical prescribers in the issues around prescribing controlled drugs. The Care Quality Commission stated in July 2020 that **“prescribing by non-medical prescribers increased in 2019, with the most significant increase from pharmacist prescribing, which increased by 80% over the previous year. Nurse prescribing also increased by 32%.”**

### This conference will enable you to:

- Network with colleagues who are working to improving non medical prescribing in end of life care
- Learn from outstanding practice in end of life care prescribing
- Reflect on best practice in prescribing at the end of life for Covid-19 patients
- Understand how to effectively develop, demonstrate and maintain continued competence in prescribing for patients at the end of life
- Reflect on lessons from experts in non medical prescribing for specific case study areas with in depth interactive sessions focusing on Nurse Prescribing for Pain, Nurse Prescribing in community settings, Controlled drugs and use of drugs beyond the product licence, The use of Syringe Drivers and Syringe Driver combinations, Best practice in prescribing for symptom control at the end of life, Nurse prescribing within a hospice setting, Anticipatory prescribing and Prescribing within End of Life Care Clinics
- Identify key strategies for improving non medical prescribing practice at the end of life
- Develop your role and confidence as a non medical prescriber
- Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice

## 10.00 Chair's Welcome and Introduction

**Carolyn Doyle** *Professional Lead Community & End of Life Care Nursing, Royal College of Nursing and Honorary Lecturer, City University London*

## 10.10 Nurse/Non Medical Prescribing: National Update

### **Dr Barry Quinn**

*Senior Lecturer for Cancer and Palliative Care  
Queen's University Belfast*

- national developments in nurse/non medical prescribing
- NMP at the end of life & COVID-19
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of nurse/non medical prescribing in end of life care

## 10.40 Nurse/Non Medical Prescribing at the End of Life: Governance and Leadership

### **Theresa Mann**

*Nurse Consultant  
North London Hospice*

- end of life medications, best practice when prescribing them
- difficult issues in end of life care prescribing
- what medication pitfalls to avoid
- my experience: tips and advice

## 11.10 Comfort Break and Virtual Networking

## 11.30 EXTENDED SESSION: Non Medical Prescribing for Pain at the End of Life

### **Inge Bateman**

*Lead Clinical Nurse Specialist In-patient Pain Service  
Western Sussex Hospitals NHS Foundation Trust*

- so how can you develop, demonstrate and maintain continued competence in nurse prescribing?
- management of pain leading up to End of Life
- case based discussion related to the role of the Inpatient Pain Service and how this can complement the Palliative Care Team or support Hospice care

## 12.15 Care & Prescribing for COVID-19 patients in the last days of life

### **Dr Ruth Caulkin**

*Consultant in Palliative Medicine  
Chelsea and Westminster NHS Foundation Trust*

- symptom profile of patients dying in hospital with COVID-19 and medications used to manage this
- managing withdrawal of NIV in patients with COVID-19 at the end of life

## 12.45 Small Breakout Groups

## 13.00 Lunch Break and Virtual Networking

## 13.45 EXTENDED SESSION: Ensuring competence and confidence in and across prescribing practice

### **Dr Deb Robertson**

*Lecturer & NMP Lead  
Salford University*

- improving non medical prescribing practice
- implementing the national competency framework
- the new Designated Prescribing Practitioner Framework
- ensuring you have the history-taking, clinical assessment and diagnosis skills to prescribe appropriately and effectively
- keeping your prescribing knowledge up-to-date: accessing education, training and resources
- difficult issues: pharmacology & prescribing decision making, understanding co-morbidity issues and drug interactions
- understanding your limits of practice and competence

## 14.25 Small Breakout Groups

## 14.50 Controlled drugs and use of drugs beyond produce licence

### **Melinda Presland**

*Consultant Pharmacist, Palliative and End of Life Care  
Oxford University Hospitals NHS Foundation Trust*

- controlled drugs and non medical/nurse prescribing
- the practicalities and governance of prescribing controlled drugs
- non medical prescribing and the use of Syringe Drivers and Syringe Driver combinations
- case study: oral controlled drugs and syringe driver controlled driver

## 15.20 Comfort Break and Virtual Networking

## 15.40 Best practice in prescribing for symptom control in End of Life Care

### **Dr Andrew Tweddle**

*Consultant in Palliative Care  
Royal Marsden NHS Foundation Trust*

- prescribing for symptom control: current issues
- best practice in prescribing for symptom control at the end of life
- improving confidence in prescribing practice
- prescribing for breathlessness at the end of life
- supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing

## 16.10 Management of difficult to control pain and malignant pain

### **Martin Galligan**

*Lecturer Practitioner  
The Royal Marsden NHS Foundation Trust*

- management of malignant pain
- types of complex pain
- prescribing off licence

## 16.40 Question and Answers, followed by Close

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#### Venue

This virtual conference will include access to the live stream and resources on the landing page which will provide you with the full experience from your workplace or home.

#### Date

Tuesday 20th April 2021

#### Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
- £250 + VAT (£300.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.

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#### Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7 days after submitting your booking. The access code for the virtual portal will be sent one week before the conference.

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