

Improving the Care of Dying Adults in the last days of life

Improving care and support during Covid-19

10% card payments discount*
15% group booking discount**

Thursday 6th May 2021

Virtual Conference



Chair & Speakers Include;

Dr Iain Lawrie

*Consultant in Palliative Medicine
Manchester University NHS Founda-
tion Trust and Former President,
Association for Palliative Medicine*

Julie Pearce

*Chief Nurse and Executive
Director of Caring Services
Marie Curie*

Dr Helen Morgan

*Consultant in Palliative
Medicine
Northumbria Healthcare
NHS Trust*

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British Association
of Palliative Care Nurses

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“The Covid-19 outbreak currently being experienced around the world is unprecedented and requires everyone to work together to contribute to the health and well-being of populations as well as ensure that appropriate guidance and sharing of good practice occurs. This is essential in order to support the care of patients at the end of their lives or who are significantly unwell as the result of both Covid-19 or other possibly life-limiting illnesses.”

The Association for Palliative Medicine, 2020

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Covid-19 and Palliative, End of Life and Bereavement Care in Secondary Care Role of the specialty and guidance to aid care, 22 March 2020

“Many people are unable to access all the support they need at the end of their life.”

NICE, September 2020

“In response to Covid-19, care has been delivered differently. Changes to care during this time are likely to influence how it is delivered in the future.”

NICE September, 2020

“High quality palliative care should be accessible to everyone. We will all die. And when we face the end of our lives, we should expect to be offered the highest possible quality of care that attends to our physical, psychological, emotional, social and spiritual needs. Our families and those close to us should feel valued, involved and supported.”

Professor Bee Wee, National Clinical Director for End of Life Care

“There is huge variation in the quality of care that people receive at the end of their life.”

Care Quality Commission

This national conference will look at improving care of the dying adults in the last days of life with a particular focus on care and support during the Covid-19 pandemic. **This conference will enable you to:**

- Network with those working to improve care in the last days of life
- Reflect on the lived experience of a person with a terminal illness during Covid-19
- Understand current best practice in caring for people at the end of life during the current pandemic, including those dying from Covid-19 related complications
- Monitor progress and adherence against the National Quality Standard and the implications and challenges of Covid-19
- Supporting people dying at home during Covid-19
- Improving communication skills and competence in dealing with distressing conversations at the end of life
- Ensure best practice in clinical management of the dying phase including symptom control, hydration and prescribing including specific issues around managing coronavirus symptoms at the end of life
- Explore latest evidence in predicting and recognising last days of life and managing uncertainty
- Develop effective personalised care planning for every end of life care patient
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague

10.00 Chair's welcome and introduction - How do we improve Care for Dying Adults during Covid-19

Dr Iain Lawrie, *Consultant in Palliative Medicine*, Manchester University NHS Foundation Trust and
Former President, Association for Palliative Medicine

10.10 Putting personal experience first: The Impact of Covid-19

Kay Smith
Author and Patient

- end of life care: a personal journey
- the impact of Covid-19: shielding, isolation and anxiety
- ensuring engaged, informed individuals and carers
- improving information about what to expect at the end of life

10.30 EXTENDED SESSION: End of Life Care & Covid-19

Dr Iain Lawrie
Consultant in Palliative Medicine
Manchester University NHS Foundation Trust and
Former President
Association for Palliative Medicine

- current issues and challenges in ensuring high quality end of life care during the Covid-19 pandemic
- making difficult decisions around ceilings of treatment and where possible ensuring timely honest conversations about the person's preferences and priorities, including advance decisions to refuse treatment
- managing Covid-19 symptoms for patients in the community, including at the end of life
- improving care for dying adults in the last days of life: working with hospitals, hospices, care homes and in the community

11.00 *Small Breakout Groups*

11.15 *Comfort Break and Virtual Networking*

11.35 Supporting people dying at home during Covid-19

Julie Pearce
Chief Nurse and Executive Director of Caring Services
with **Dr Sarah Holmes**
Medical Director, Service Transformation and Innovation
Marie Curie

- supporting people to care for dying relatives at home during Covid-19
- managing medicines and supportive care
- avoiding hospital admission
- emerging themes and what is helping

12.15 Care of Covid-19 patients in the last days of life - an acute hospital specialist palliative care team experience

Dr Ruth Caulkin
Consultant in Palliative Medicine
Chelsea and Westminster NHS Foundation Trust

- how we adapted our service to meet the needs of patients during the pandemic
- symptom profile of patients dying in hospital with Covid-19 and medications used to manage this
- managing withdrawal of NIV in patients with Covid-19 at the end of life

12.45 Learning from the National Audit of Care at the End of Life (NACEL) 2019

Debbie Hibbert
Project Manager
NACEL

- key findings from the National Audit
- implementing the recommendations
- looking forward to the third round

13.10 *Lunch Break and Virtual Networking*

13.55 EXTENDED SESSION: Predicting and recognising last days of life and managing uncertainty

Dr Adrian Blundell
Member, Guideline Development Group,
Clinical Guideline on Care of the Dying Adult, NICE &
Consultant Geriatrician, Professor in Medicine of Older People,
Nottingham University Hospital

- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- managing patients whose recovery is uncertain
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of healthcare professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties

14.40 EXTENDED SESSION: Personalised Care Planning for people at the end of life

Dr Helen Morgan
Consultant in Palliative Medicine
Northumbria Healthcare NHS Trust and
Committee Member,
NICE Guideline Development Group, Shared Decision Making

- implementing and monitoring care plans for people at the end of life in line with the national guidance
- care planning and Covid-19 – current issues
- supporting healthcare staff to deliver personalised end of life care planning
- involving families and patients in end of life care plans
- our experience

15.15 *Small Breakout Groups*

15.20 *Comfort Break and Virtual Networking*

15.45 EXTENDED SESSION: Clinical Management of the Dying Phase Symptom control, Pain Relief, Hydration & Anticipatory Prescribing

Sophie Harrison
Consultant Palliative Medicine
University Hospital of South Manchester Foundation Trust /
St Ann's Hospice; and
Contributor to Wirral Palliative Care Symptom Control Guidelines

- clinical management and symptom control in the last day of life
- ensuring adults in the last days of life have their hydration status assessed daily, and a discussion about the risks and benefits of clinically assisted hydration
- effective anticipatory prescribing: anticipating new symptoms that may arise and prescribing medicines in advance to manage them
- ensuring that there is a supply of drugs in the patient's home, combined with the apparatus needed to administer them, with the intention that they are available to an attending clinician for use after an appropriate clinical assessment
- delivering effective medication review at the end of life and issues with controlled drugs
- specific issues around managing coronavirus symptoms at the end of life

16.30 Improving communication and dealing with distressing conversations at the end of life during the pandemic

Michael Connolly
Macmillan Nurse Consultant in Supportive and Palliative Care
Manchester University Hospitals NHS Foundation Trust &
Lead Trainer SAGE & THYME communication skills

- difficult and courageous phone calls to relatives during the pandemic - simulated phone call training for doctors and nurses
- teaching emotional support via Zoom: the adaptation of SAGE & THYME training during the pandemic

17.00 *Closing Remarks by Chair, followed by Close*

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Venue

This conference is virtual on Zoom with interactive breakout sessions and resources available on a dedicated, secure landing page for three months after the event date.

Date

Thursday 6th May 2021

Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
 £250 + VAT (£300.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.

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If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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