

Improving the End of Life Care

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Improving care and support during Covid-19
& Meeting the End of Life Care Quality
Standard Update (Sept 2021)

Tuesday 26th April 2022 Virtual Conference



Chair & Speakers include:

Dr Iain Lawrie

Consultant & Honorary Clinical Senior Lecturer in Palliative Medicine, Associate Hospital Dean for Communication Skills Teaching Past President, The Association for Palliative Medicine of Great Britain & Ireland

Dr Adrian Blundell

Member Guideline Development Group Clinical Guideline on Care of the Dying Adult, NICE Consultant Geriatrician Professor in Medicine of Older People, Nottingham University Hospital

Julie Armstrong-Wilson

Lead Nurse and Operational Manager Gold Standards Framework

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Virtual Conference

The end of life care update quality standard (QS13) was published by NICE in September 2021. This conference will focus on implementing the updated Quality Standard in practice and delivering high quality end of life care during the Covid-19 pandemic.

The revised Quality Statements are:

Statement 1 Adults who are likely to be approaching the end of their life are identified using a systematic approach. [2011, updated 2021]

Statement 2 Adults approaching the end of their life have opportunities to discuss advance care planning. [new 2021]

Statement 3 Adults approaching the end of their life receive care that is coordinated between health and social care practitioners within and across different services and organisations. [2011, updated 2021]

Statement 4 Adults approaching the end of their life and their carers have access to support 24 hours a day, 7 days a week. [2011, updated 2021]

Statement 5 Carers providing end of life care to people at home are supported to access local services that can provide assistance. [new 2021]

This conference will enable you to:

- Network with those working to improve end of life care
- Reflect on the lived experience of a person with a terminal illness during Covid-19
- Understand the 2021 updates to the National Quality Standard on End of Life Care
- Monitor progress and adherence against the individual Quality Statements and the implications and challenges of Covid-19
- Ensuring best practice in advance care planning
- Improving out of hours care and 24/7 support
- Supporting people and carers dying at home during Covid-19
- Improving communication skills and competence in dealing with distressing conversations at the end of life
- Explore latest evidence in predicting and recognising last days of life and managing uncertainty- and how we identify people at the end of life systematically
- Improve communication with people at the end of life including managing distressing and difficult conversations
- Self assess and reflect on your own practice
- Supports CPD professional development and acts as revalidation evidence. This course provides 5 Hrs training for CPD subject to peer group approval for revalidation purposes

10.00 Chair's Welcome and Introduction: How do we improve Care for Dying Adults during Covid-19

Dr Iain Lawrie

*Consultant & Honorary Clinical Senior Lecturer in Palliative Medicine, Associate Hospital Dean for Communication Skills Teaching
Past President, The Association for Palliative Medicine of Great Britain & Ireland*

10.10 Putting personal experience first: The Impact of Covid-19

Kay Smith

Author and Patient

- end of life care: a personal journey
- the impact of Covid-19: shielding, isolation and anxiety
- ensuring engaged, informed individuals and carers
- improving information about what to expect at the end of life

10.30 Improving communication and dealing with distressing conversations at the end of life during Covid-19

Michael Connolly

*Macmillan Nurse Consultant in Supportive and Palliative Care
Manchester University Hospitals NHS Foundation Trust &
Lead Trainer SAGE & THYME communication skills*

- improving conversations with people at the end of life
- difficult and courageous phone calls to relatives during the pandemic - simulated phone call training for doctors and nurses
- teaching emotional support via Zoom: the adaptation of SAGE & THYME training during the pandemic

11.05 Small Breakout Groups

11.30 *Comfort Break and Virtual Networking*

11.45 Supporting people and carers at the end of life during Covid-19

Julie Armstrong-Wilson

*Lead Nurse and Operational Manager
Gold Standards Framework*

- supporting people and carers and the end of life during covid-19
- avoiding hospital admission
- meeting the new Quality Statement - ensuring carers providing end of life care to people at home are supported to access local services that can provide assistance

12.15 Improving Care of Covid-19 patients at the end of life

Dr Iain Lawrie

*Consultant & Honorary Clinical Senior Lecturer in Palliative Medicine,
Associate Hospital Dean for Communication Skills Teaching
President, The Association for Palliative Medicine of Great Britain & Ireland*

- how we adapted our service to meet the needs of patients during the pandemic
- symptom profile of patients dying in hospital with Covid-19 and medications used to manage this
- advance care planning and the challenges of Covid-19
- managing withdrawal of NIV in patients with Covid-19 at the end of life

12.45 *Lunch Break & Virtual Networking*

13.45 EXTENDED SESSION: Identification of people at end of life, and predicting and recognising last days of life including managing uncertainty

Dr Adrian Blundell

*Member Guideline Development Group
Clinical Guideline on Care of the Dying Adult, NICE
Consultant Geriatrician Professor in Medicine of Older People
Nottingham University Hospital*

- developing a systematic approach to the identification of people at the end of life
- managing patients whose recovery or outcome is uncertain
- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of healthcare professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties

14.35 EXTENDED SESSION: Advance Care Planning for people at the end of life Meeting the new 2021 NICE Quality Statement

Dr Adam Hurlow

*Consultant in Palliative Care
The Leeds Teaching Hospitals NHS Trust*

- ensuring advance care planning gives people the opportunity to have meaningful, person-led discussions that allow them to make specific decisions and plans for their future care within a structured framework and while they have the capacity to do so
- holistic needs assessment
- care planning and Covid-19 – current issues
- supporting healthcare staff to deliver personalised end of life care planning
- involving families and patients in end of life care plans
- our experience

15.15 Small Breakout Groups

15.30 *Comfort Break*

15.45 EXTENDED SESSION: Improving out of hours care and support. Ensuring adults approaching the end of their life and their carers have access to support 24 hours a day, 7 days a week

Andrew Tweddle

*Consultant in Palliative Medicine
The Royal Marsden NHS Foundation Trust*

- ensuring 24/7 access to support, including specialist palliative care, as soon as the need arises can help to prevent unnecessary distress to the person approaching the end of their life and their carers by preventing unnecessary visits to accident and emergency departments and hospital admissions
- effective anticipatory prescribing: anticipating new symptoms that may arise and prescribing medicines in advance to manage them
- ensuring that there is a supply of drugs in the patient's home, combined with the apparatus needed to administer them, with the intention that they are available to an attending clinician for use after an appropriate clinical assessment
- improving coordination of care across organisations and services

16.30 EXTENDED SESSION: The Updated End of Life Care Quality Standards (Sept 2021)

Professor Sam H Ahmedzai

*Specialist Committee Member, End of Life Care September 2021 Update
Quality Standard, & Care of Dying Adults in the last days of life Quality
Standard & Chair Guideline, Development Group for the Clinical Guideline
NG31 on Care of the Dying Adult, NICE; Emeritus Professor,
The University of Sheffield; End of Life Care Audit Lead,
Royal College of Physicians, and NIHR National Specialty Lead
Cancer Research Outside the Acute Hospital*

- the Sept 2021 End of Life Care Quality Standard Update – what has changed?
- priorities and challenges in meeting the NICE Quality Standard
- case studies - implementation in practice
- monitoring adherence against the standard in practice
- the role of audit and research in improving end of life care
- developing a systemic approach to identification of adults who are likely to be approaching the end of their life
- assessing your service against the Quality Standard

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Venue

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Date

Tuesday 26th April 2022

Conference Fee

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All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7 days after submitting your booking. The access code for the virtual portal will be sent one week before the conference.

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