# First National Conference

# Improving Practice & Supporting Survivors in Sexual Assault Referral Centres (SARCs)

A Joint Mountain Healthcare & Healthcare Conferences UK Conference

**Thursday 30th June 2022** 

**CPD-Accredited Virtual Conference** 



# **Chair & Speakers include:**

Dr Kate Shardlow
Medical Director
(Clinical Governance
& Named Doctor For
Safeguarding)
Mountain Healthcare

Emelia Spencer
National SARC
and Secure Estate
Director
Mountain
Healthcare

Hannah Cooper Service Manager & Senior Social Worker Purple Leaf Meera Kulkarni CEO Sheffield Rape and Sexual Abuse Centre















# **Improving Practice & Supporting Survivors in** Sexual Assault Referral Centres (SARCs)

Thursday 30th June 2022 **CPD-Acredited Virtual Conference** 

"Sexual assault or domestic abuse can happen to anyone – any age, ethnicity, gender or social circumstance – and it may be a one-off event or happen repeatedly. But sadly, thousands of people aren't sure where to turn to get the help they need, and today the NHS is making it clear that you can turn to us. We provide confidential emotional, medical or practical support at our sexual assault referral centres, a dedicated safe space for anyone who needs it, regardless of when the incident happened." Kate Davies, CBE, NHS England Director of Health and Justice, Armed Forces

and Sexual Assault Referral Centres, NHS England February 2022

"A new survey found two in five people aren't sure or do not know where to get help after being sexually assaulted, with 72% unaware there are NHS specialist sexual assault services who can offer confidential support. More than half of people who have experienced sexual assault also say they did not seek help afterwards."

NHS England, February 2022

The conference will provide valuable insight and discussion for any professional in the field of sexual abuse and violence, and offers five hours of training for continuing professional development (CPD) subject to peer group approval for revalidation purposes.

The wide programme which includes lived experience, expert sessions and examples of innovation will bring together delegates to share information, advance learning opportunities and support professional growth. It will be particularly useful for policy and decision makers, people working in the criminal justice system, police officers, forensic physicians, health professionals, those working in safeguarding, and those supporting people through court and therapeutically. The day will be Chaired by Dr Kate Shardlow, Medical Director, and Emelia Spencer, National SARC and Secure Estate Director, and will cover a wide range of patient focussed topics including; What does excellence look like, FFLM Guidelines in Practice and developing supportive services for children and young people. During the day there will be many opportunities for attendees to work collectively with the guidance of subject matter experts to look at some of the current and emerging challenges within the field of sexual assault.

## Topics covered include:

- Understanding the lived experience of sexual assault: A survivors perspective
- Developing supporting services for children and young people
- What does excellence look like?
- FFLM Guidelines into practice
- Sexual assault and drugs / drink spiking
- Improving professional responses to children and young adults
- Improving practice: Police responses to sexual violence crimes
- Learning from investigations



#### 10.00 Chairs' Welcome and Introduction

Dr Kate Shardlow Medical Director (Clinical Governance & Named Doctor For Safeguarding)

with Emelia Spencer National SARC and Secure Estate Director

Mountain Healthcare

## 10.10 Understanding the lived experience of sexual assault: a survivors perspective

#### Paul Scates

Senior Peer Specialist, Campaigner and Ambassador

- understanding the lived experience
- what support do people need?

#### 10.30 EXTENDED SESSION: Developing supporting services for children and young people

#### Hannah Cooper

Service Manager & Senior Social Worker

Purple Leaf

- CSE Education and training programme for schools (for CYP between 8 18 years)
- · sibling sexual abuse
- case studies in practice

#### 11.10 Small Breakout Groups

11.20 Feedback in Main Stream, followed by Comfort Break and Virtual Networking at 11.25

#### 11.50 Joining The Dots – Support from third sector specialist services

#### Meera Kulkarni

CEO

Sheffield Rape and Sexual Abuse Centre

- partnership working locally and regionally
- inclusive support
- prevention and social awareness campaigning

#### 12.20 Meeting the requirements of the Forensic Science Regulator accreditation for SARCs

#### **Amy Buxton**

Associate Head of Healthcare – East Anglia, Head of Safeguarding, National SARC Clinical Lead for Education and Training Mountain Healthcare

- self assessment against national standards
- looking ahead to the forensic regulator guidelines

#### 12.50 Small Breakout Groups: self-assessment exercise

13.05 Lunch Break & Virtual Networking

**Current Issues and Challenges** 

#### 13.30 Panel Session: FFLM Guidelines into practice

Panel session led by

#### **Keelev Roe**

Associate Head of Healthcare Northern Region, Forensic Nurse Examiner

Mountain Healthcare

Panel Members include speakers from the day

#### 14.00 Sexual Assault and drugs and drink spiking

#### **Prof David Holt**

Emeritus Professor of Bioanalytics St Georges University of London

- current trends and challenges
- drug facilitated sexual crime: scenarios, sample gathering and interpretation of findings
- preventative approaches

### 14.30 Case Study in Breakout Groups (Drink Spiking)

Delegates will be asked to feedback on a case study in this session

#### 14.45 Improving professional responses to children and young adults: case studies

# **Emily Callaghan**

West & North Yorkshire Paediatric Service Lead

West & North Yorkshire Paediatric SARC Sexual Assault Referral Centre/ CSAAS. Mountain Healthcare

- strategy into practice
- decision making within SARCS ethical, legal and practical considerations
- case studies of strategy and decision making for child sexual violence cases bought into SARC

## 15.15 Comfort Break & Virtual Networking

## 15.30 Improving practice: Police responses to sexual violence crimes

#### DC 2099 Elinor Duke

RaSSO Gatekeeper South Yorkshire Police

- improving the police response to sexual violence crimes
- improving partnership working
- case studies and areas for improvement

# 16.00 Life experiences and peer support

## **Holly Archer and Scarlett Jones**

Survivors of CSE from Telford

- two life experiences
- peer support
- what we needed and what often gets missed

# Sexual Assault Referral Centres (SARCs)

# **Thursday 30th June 2022 CPD-Accredited Virtual Conference**

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For more information contact Healthcare Conferences UK on 01932 429933 or email jayne@hc-uk.org.uk

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Thursday 30th June 2022

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