Martin qualified in 1992 from Charing Cross Medical School. He initially trained as a GP, before becoming a paediatrician. He took his first post as a Consultant in 2001 at Wigan where he specialised in Neonates and Cardiology. His interest in Mortality was initiated during his work as Deputy Medical Director, and more recently has continued in his role as Clinical Director for Quality. Working to reduce mortality has become an important part if his work at Wigan. The work has led to quality improvement work throughout the Trust. He is now the Associate Medical Director at Wigan.

In his time away from work, Martin is married with 3 children. However, he likes nothing more than running, cycling and swimming, ideally all together on a Sunday morning.