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Tista co-leads outreach services at the General Medical Council, providing leadership to a team who develop and deliver learning interventions for doctors and medical students.

Prior to joining the GMC, Tista spent many years in stakeholder management, and worked with survivors of abuse, particularly in children’s and mental health support services. More recently she has worked on collaborative projects with national partners on end of life care and numerous regulatory partners on closer collaborative working.

Tista is passionate about relational regulation and harm prevention and has particular interests in safeguarding,  medical leadership and quality improvement.

**Overview:**

The workshop will provide an overview of the GMC’s work, including upstream interventions to support international doctors new to UK practice. Delegates will consider the challenges, view some of the content and explore how the programmes can be expanded.

**Background:**

Entering UK medical practice can be hard for any doctor, regardless of where they’re from or how experienced they are. There can be significant differences in practising medicine in a doctor’s home country and the UK, and it can be difficult to adapt to working in a new culture. Delegates will examine the impact of these issues and explore the content of *Welcome to UK Practice,* afree induction programme developed by the GMC that aims to address the challenge.

Delegates will also consider the impact of the programme by exploring findings from an independent evaluation from the University of Newcastle in 2018, which demonstrates that 3 months following the workshop, almost two-thirds (62%) of doctors reported that they had made changes to their practice as a result of what they learned.

Finally, working in small groups, delegates will brainstorm how organisations can work together to support doctors new to UK practice.

Delegates will:

* Examine the challenges for overseas doctors new to UK practice
* Learn about the barriers and enablers to engaging in an induction programme
* Explore headlines from the Newcastle University’s independent evaluation and the factors identified to increase the success of *Welcome to UK Practice*
* Understand how organisations can work collaboratively to support overseas doctors new to UK practice

References:

[*Welcome to UK Practice programme*](https://www.gmc-uk.org/about/what-we-do-and-why/learning-and-support/workshops-for-doctors/welcome-to-uk-practice/trainers-or-supervisors)

[*Independent evaluation of Welcome to UK Practice*](https://www.gmc-uk.org/about/what-we-do-and-why/data-and-research/research-and-insight-archive/evaluation-of-welcome-to-uk-practice)

[*Fair to refer?*](https://www.gmc-uk.org/about/what-we-do-and-why/data-and-research/research-and-insight-archive/fair-to-refer)

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