Jessica Tuffield - Patient representative, World Sepsis Day Ambassador and UK Sepsis Trust Advocate

Patient Representative Deteriorating Patient

In Brief my Sepsis journey began in March of 2016. I wish I had known that this was when my life would change considerably. What began as a chest infection ended with almost losing my life to Sepsis. This was simply the beginning. I experienced Doctors and Nurses dismissing the Signs and Symptoms and was sent home to deteriorate further. If it wasn't for my own mother who began to notice deterioration and contacted the 111 service, I would not be here today.

To read my full experience click this link - <u>https://jestuffield.com/how-did-we-not-know-what-sepsis-is-i-wish-i-knew-how-to-spot-the-signs-and-symptoms/</u>

As a two time sepsis survivor I was honored to become a World Sepsis Day Ambassador. World Sepsis Day is pivotal in raising awareness of this global preventable killer. It is imperative to bring together all who have been affected by sepsis, and to show that they are not alone in this battle, by way of providing a platform to raise awareness and ensuring that their voices are heard. This is my personal awareness website, <u>https://jestuffield.com/</u> you can find written Blogs, Face of Sepsis Interviews and dedication letters from families all around the world.

