Biography

Andrea Brown is a Consultant Psychiatrist and Psychotherapist. She worked at the Retreat, York for 12 years and then at the Schoen Clinic York for a further 2 years.

She ran an inpatient eating disorders service working predominantly with patients with complex eating disorders using the innovative Naomi Pathways to Recovery, a multidimensional recovery based programme.

She currently works as a Community Psychiatrist in York.

Andrea is an elected member of the Royal College of Psychiatrists Eating Disorders Faculty.

Abstract

This talk aims to ask the question: what does recovery mean in your service? This will be further explored in the group task. It will question: what is meant by a gold standard eating disorder service? Who decides what is important? The idea of coproduction will be explored. Service models, pathways and recovery focused goals will be illustrated by means of the innovative ‘Pathways to Recovery’ model. The impact of Covid-19 and implications beyond the pandemic will be discussed. There will be some consideration of the development of community services and increasing the use of day and home-based treatment programmes. Extending implementation of the MARSIPAN guidance will be touched upon as will monitoring adherence to the National Quality Standard.