**Dr Paul Patterson Short** bio

Paul is the Public Mental Health Programme Lead for Forward Thinking Birmingham and has over 20 years experience in NHS youth mental health services. He has conducted many applied research projects working with the University of Birmingham & University of Warwick and supported innovative clinical service developments and co-participation involvement in service redesign.

His interests are primarily on preventative approaches to mental disorder and developing integrated community-focused support systems as well as online educational resources for use in schools and youth settings. He also has an ongoing interest in implementation science and promoting improved public understanding of positive mental health and wellbeing.

**Claire Rigby Short bio**

Claire has over 25 years project management experience from corporate, statutory and charitable sectors including senior management roles for National Charities such as Groundwork, Fairbridge National Youth Charity and The Prince’s Trust where she was elected Head Of Health & Wellbeing and has experience on advisory bodies challenged with delivering Children and Young People’s mental health criteria Outcomes Framework for Central Government.

In the Public Sector Claire has worked for both the Adult Mental Health Service (AMHS) in Birmingham & Solihull Mental Health NHS Foundation Trust and for Birmingham Children’s Hospital in Children & Adolescent Mental Health Services (CAMHS). Her work as Partnership Mobilisation Lead for the Birmingham Children’s Hospital’s 0-25 mental health service, Forward Thinking Birmingham (FTB) focused on identifying innovative approaches through partnership to deliver a more community focused model delivered in partnership with the voluntary and community sector and other statutory agencies at both a universal and targeted level of care.