Bio for Stephen Kirkham

I’m Vice-Chair and Trustee “Policy Lead” for Cardiomyopathy UK, as well as working as a Patient Advocate across heart failure, inherited cardiac conditions, and heart transplant. Diagnosed with dilated cardiomyopathy and severe heart failure in 2005, I experienced a gradual decline through advanced heart failure, arrythmias, AF and cardiac arrest until an absolutely very last minute heart transplant in May 2015. When I say I’m happy to be here, I really do mean it!

A close-up of a person smiling

Description automatically generated

Synopsis for “The Patient View”

Experience of care - my patient journey

Journeying towards end of life, and lessons I would want learnt

Developing Peer Support for others on the same journey

The things that I believe make a big difference – even though some may sound little!

Any questions you may have?