Who is Kay Smith?

I am a patient, and a service user. Mostly and more importantly I am a daughter, wife, mum, and grandma. I was a Clinical Specialist and Tissue Viability nurse for over 30 years in total; my greatest achievement apart from having my children. I had an exciting life scuba diving and traveling around the world. Till one day I just couldn't walk anymore.

My various core morbidities are too numerous to go through, let's just say that I'm the kind of patient most Doctors would hide away from as they would not know where to start!

Currently I am awaiting life saving surgery that is extremely high risk; however as I'm palliative care, the risk is worth taking.

I'm delighted to still be here to share this moment with you due to a heart attack a few months ago. I'm allergic to all painkillers and antibiotics, one of the challenges most doctors struggle with. Pain for me was 24 hours a day in varying degrees of severity.