Fiona Belfield

My name is Fiona Belfield and I have been a Senior Sister in a day surgery setting for 18 years, working in my native country of Wales based with Hywel Ddd University Health Board, which covers the counties of Pembrokeshire, Carmarthenshire and Ceredigion.

I qualified in 1998 with a Diploma in Nursing then went onto study a BSc Hons in 2004 both I obtained from Swansea University.

More recently, I progressed into a different role and currently I am the Senior Nurse Manager for day surgery covering the day surgery units, which are located in Pembrokeshire, and Carmarthenshire.

In addition, I been a Council member of British Association of Day Surgery since 2015 and currently I am part of their Conference team.

During my career, I am proud to have implemented many changes within the day surgery setting within Hywel Dda University Health Board, all of which has enabled service improvement leading to optimal patient care. I have had articles published and have spoken at national conferences promoting the changes I have implemented. This has enabled me to share my experiences, so other professionals can learn from these and develop services within their day surgery units.

Abstract

My presentation will include an overview of a patient’s journey pre, post procedure and discharge on the ward area of a day surgery unit. It will give an overview of the processes that are vital to ensure that patient safety and dignity are maintained throughout their admission, including optimum staffing requirements, the importance of teamwork, good communication and the challenges that can occur. The presentation is drawing on my own experiences encountered throughout my nursing career to date.