Laura Askins is a Postgraduate Clinical Lecturer specialising in Human Factors and Civility at South Tees NHS foundation trust

Laura originally trained as a Nutritionist at Northumbria University where after qualifying in 2007, she took on a role at The Royal Victoria Infirmary in Newcastle. Working amongst national specialists, Laura decided to return to study Dietetics at Leeds Beckett University where she qualified as a dietitian 2 years later.

After working in many hospitals in the northeast, she took the opportunity to move to London in 2014 and was offered a role at the Royal Marsden in Chelsea where she progressed to become the clinical lead dietitian for the head and neck cancer department.​ Laura has been nominated for and won national medical awards for her work in this role and has led and participated in many pieces of research focusing on the care of patients living with and beyond lung, head and neck cancer. This work has been published at national and international level.

Following a move back to her local area, she now works as a postgraduate clinical lecturer focussing on culture change within a patient safety remit including delivery of trust wide speciality training of psychological safety, human factors and civility saves lives.