

Nurse Clinics 2017

Monday 20 November 2017 De Vere W1 Conference Centre, London

*The Premier Conference and exhibition for nurses
setting up and running effective nurse led clinics and services*

- Develop your knowledge of local, national and international developments in Nurse Clinics
- Learn how to set up and run an effective Nurse Led Clinics and Services
- Workshops and masterclasses aimed at your area of clinical interest, and focused on essential elements to support your clinic
- Learn from the practical experiences of those who have developed Nurse Clinics in their organisation and specialty
- Develop competence in the tools and skills you need to develop and improve your clinic or service
- Improve and demonstrate the effectiveness of your Nurse Clinic or Service

Over 30 Inspiring thought leaders including:

Dr Richard Hatchett

Author

‘Nurse Led Clinic: Practice Issues’

Wendy Preston

Head of Nursing Practice

The Royal College of Nursing

Supporting Organisations



Association for Prescribers

PROMOTING EXCELLENCE IN NURSING CARE

NursingStandard

Society of Vascular Nurses

SVN
www.svn.org.uk

AA
Arrhythmia Alliance
www.hearrhythmiaalliance.org

BJN
British Journal of Nursing

barna
British Anaesthetic & Recovery
Nurses Association



NHS
The Royal Bournemouth
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Nurse Clinics 2017

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“Nurse-led services offer the opportunity to strengthen and enhance the experience of care across health and social care.” Dr Theresa Shaw, Chief Executive, Foundation of Nursing 2016

Chaired by Dr Richard Hatchett Author Nurse Led Clinic: Practice Issues Nurse Clinics 2017 will provide specialist nurses with a valuable opportunity to hear national updates and best practice for working at advanced practice, and setting up and running nurse led clinics and services in primary, secondary and community care across a number of specialties. With sessions designed for those who are looking to improve the effectiveness or expand existing nurse led clinics and services, or for beginners looking to set up their first clinic this event is essential for all nurses offering nurse led clinics and services.

“A lot of out-of-hospital health and social care services are nurse-led and delivered and I see a great opportunity for NICE to be developing guidelines that, not only support nurses in leading and delivering those services, but also enable the public to understand what they can expect from services to stay well,” Elaine Inglesby-Burke, Executive Nurse Director and Deputy Chief Executive, Salford Royal NHS Foundation Trust & Non Executive Director, NICE

The opening address will look at evidence for nurse led clinics and services, and developing advanced practice and demonstrating improvement and quality within Nurse Led Services. The conference will continue and look at how to demonstrate the value of your clinic or service, and how to continuously measure, monitor and benchmark the impact on patient experience and outcomes, in line with the drive for quality improvement in the NHS.

NEW to this years conference: Nurse Clinics in Practice. These short sessions will present examples of how various established nurse led clinics work in practice, the practicalities and the challenges, and to give delegates an opportunity to meet and network with people running similar clinics to their own interests.

The conference will include a choice of interactive expertly facilitated workshops focusing on

- A Beginners Guide to setting up Nurse Led Clinics
- Nurse Led Follow up Clinics
- Leadership of Nurse Led Clinics: developing the culture and leading your clinic
- Legal Issues and Risk Management

Follow the conference on Twitter #NurseClinics17

JOINT OPENING SESSION

10.00 Chair's welcome and introduction: the value of nurse led clinics

Dr Richard Hatchett

Author

'Nurse Led Clinic: Practice Issues'

- existing evidence to support the value of nurse led clinics

10.30 KEYNOTE OPENING ADDRESS: The future of advanced nursing practice

Wendy Preston

Head of Nursing Practice

The Royal College of Nursing

- where is the standard for specialist practice and advanced roles
- implications for nurses running clinics
- looking ahead

11.10-11.35 TEA AND COFFEE, EXHIBITION AND POSTER DISPLAYS

11.35 CONFERENCE CONTINUES AND SPLITS INTO BREAKOUT STREAMS

STREAM A

Developing an established clinic

Workshop 1

Beginners Guide: Setting Up Nurse Led Clinics

13.00-14.00 LUNCH, EXHIBITION AND POSTER DISPLAYS

STREAM A

Nurse Clinics in Practice

Workshop 3

Leadership of Nurse Led Clinics: developing the culture and leading your clinic

Workshop 4

Nurse Led Follow up

15.10-15.30 TEA, EXHIBITION AND POSTER DISPLAYS

Workshop 5

Legal issues and Risk Management

JOINT CLOSING SESSION

16.30 CLOSING ADDRESS: Sustainability of your nurse led clinic: Culture, Strategy and Leadership

Prof Helen Young

Exec Director of Patient Care and Chief Nurse

South Central Ambulance NHS Foundation Trust

- what are the threats to the sustainability of your nurse led clinic?
- understanding workplace culture and the impact it has on developing services and practice
- identifying how leadership and skilled facilitation can sustain the development of nurse led services and care delivery
- understanding where your service fits within the organisation's strategy and plans
- feeling empowered? What you should take into practice tomorrow

17.15 Questions and answers, followed by Close at 17.25

Morning - Stream Choice 1 (11.35-13.00)

STREAM A

Developing an established clinic

Workshop 1

Beginners Guide: Setting Up Nurse Led Clinics

Stream A: Developing an established clinic

Chair: **Dr Richard Hatchett** *Author 'Nurse Led Clinic: Practice Issues' Deputy Head The Royal Marsden School*

11.35 Learning from 10 years of a nurse led clinic: quality assurance and future proofing your service

Alison Pottle

Cardiology Nurse Consultant
Royal Brompton and Harefield NHS Foundation Trust

- 10 years of our Nurse Led service
- developing a quality assurance framework
- a walk through our Cardiology Nurse Led Clinics
- future proofing your nurse led service

12.05 Competency development for advanced nursing practice and succession planning

Kate Owen

District Nurse Community IV Team Leader
Dudley Group of Hospitals NHS Foundation Trust

- competency development for advance nurses running clinics
- providing nurses with adequate training, education and competency development to run nurse led services
- developing protocols and guidelines to support the nursing team and develop competence
- who takes over when you are away: effective succession planning

12.35 Developing and expanding an established clinic and managing the advancement of nursing roles

Linda Nazarko OBE

Nurse consultant Physical Healthcare
West London Mental Health NHS Trust

- preparing nurses to practice at advanced level
- supporting nurses as they develop in advanced practice roles
- a career pathway for nurses practicing at advanced level
- managing multiple nurse led services

Workshop 1: Beginners Guide: Setting up and Running Nurse Led Clinics

Facilitator: **Jan Keenan** *Consultant Nurse Cardiology and NMP Lead Oxford University Hospitals NHS Foundation Trust*

11.35 Extended Session: A step by step introduction to setting up and running a successful nurse clinic in practice

Jan Keenan

Consultant Nurse Cardiology and NMP Lead
Oxford University Hospitals NHS Foundation Trust

- setting up and running a nurse clinic in practice: essential considerations
- ensuring you have the competencies and skills required to run your clinic autonomously
- establishing the clinic and preparing for demand
- service, referral and promotion criteria
- ensuring your clinic is robust and engaging patients from the start
- ensuring a solid basis from which to deliver a rapidly expanding service which is evidence based

12.35 Case Study: Setting up a New Nurse Led Clinic My Experience of setting up a Ovarian Function Suppression Nurse Led Clinic for Adjuvant Breast Cancer Patients

Dr Helen Mitchell

Nurse Clinician in Breast Care
The Christie NHS Foundation Trust

- from the beginning: why we set up this clinic and how we developed the business plan
- what you need to start up the service
- our experience: tips for success and what we would have done differently

13.00 - Lunch and Exhibition

Afternoon - Stream Choice 2 (14.00-15.10)

STREAM A

Nurse Clinics in Practice

Workshop 3

Leadership of Nurse Led Clinics: developing the culture and leading your clinic

Workshop 4

Nurse Led Follow up

Stream A: Clinics in Practice: a walkthrough Nurse Led Clinics

Chair: **Dr Richard Hatchett** *Author 'Nurse Led Clinic: Practice Issues' Deputy Head The Royal Marsden School*

13.50 A collaborative experience: a joint renal and palliative care nurse led clinic

Nicola Henawi

Macmillan Lead Nurse Palliative Care

and Magda Gocalek

Clinical Nurse Specialist in Chronic Kidney Disease

Royal Free London NHS Foundation Trust

- why we developed a collaborative clinic
- providing an opportunity to discuss and document advance care planning, address symptom control needs, and facilitate psychosocial support
- results and challenges

14.10 A Nurse led Ambulatory Cardiac Clinic

Peter Uren

Advanced Nurse Practitioner

Royal Bournemouth Hospital NHS Foundation Trust

- setting up of the clinic
- the role of the clinic in admission avoidance and early discharge
- results and progress

14.30 Developing a new nurse led service (first in the UK)

Angie Rantell

Lead Nurse

Urogynaecology and Nurse Cystoscopist

Kings College Hospital

- where to start with a brand new nurse led service
- a walkthrough our outpatient urogynaecology nurse led cystoscopy service
- auditing the impact on patient care

14.50 Nurse Clinics: Critical Success Factors

Interactive Panel Discussion

Peter Uren *Advanced Nurse Practitioner Royal Bournemouth Hospital NHS Foundation Trust*

Linda Nazarko OBE *Nurse consultant Physical Healthcare West London Mental Health NHS Trust*

Michelle Lowe *Clinical Nurse Specialist for Renal Medicine and Rare Diseases Queen Elizabeth Hospital Birmingham*

Angie Rantell *Lead Nurse Urogynaecology and Nurse Cystoscopist Kings College Hospital*

Workshop 3: Leadership of Nurse Led Clinics: developing your leadership skills

Facilitator: **Jo Odell** *Practice Development Facilitator Patients First Programme Foundation of Nursing Studies*

14.00 Developing your leadership skills

Jo Odell

Practice Development Facilitator Patients First Programme

Foundation of Nursing Studies

This workshop will focus on

- understanding and developing your leadership skills
- developing leadership qualities and behaviours against a framework
- understanding leadership styles and using different styles for different situations
- the role of coaching and mentoring
- ensuring a wider understanding of the whole organisation/system in which you work
- a chance to network with your fellow delegates: facilitated interactive discussion and sharing ideas

Workshop 4: Nurse Led Follow-up

Facilitator: **Linda Nazarko OBE** *Nurse Consultant Physical Healthcare West London Mental Health NHS Trust*

14.00 Facilitators Introduction: Essential Characteristics of Nurse Led Follow Up Clinics

Linda Nazarko OBE

Nurse Consultant Physical Healthcare

West London Mental Health NHS Trust

14.20 Developing effective Nurse led Follow Up

Deirdre Westwood

Renal Transplant Nurse Specialist

Nottingham University Hospitals NHS Foundation Trust

- setting up effective nurse led follow up
- a walkthrough our service for nurse led follow up of renal transplant patients
- ensuring patient safety and high quality patient experience
- challenges and learning from our experience

14.40 Setting up and running telephone follow up clinics

Angela Thompson

Myeloproliferative Neoplasms Specialist Nurse

Nottingham University Hospitals NHS Foundation Trust

- the development of a nurse led telephone follow up clinic
- improving patient experience using holistic needs assessment for patients with Myeloproliferative Neoplasms
- challenges and issues

15.10 - Tea Break and Exhibition

Afternoon - Stream Choice 3 (15.40-16.25)

Workshop 5

Legal issues and
Risk Management

Workshop 4: Legal Issues and Risk Management

Facilitator: **Roz Hooper** *Head of Legal (Regulatory) Royal College of Nursing*

15.40 Nurse clinics: Legal and risk management issues

Roz Hooper

*Head of Legal (Regulatory)
Royal College of Nursing*

An opportunity for delegates to seek information and advice on legal and risk management issues around running clinics and advanced nursing practice

- risk management and legal issues to be aware of when running nurse led clinics
- legal implications of extending roles and autonomous practice
- risk management and professional standards: essential tips

Group work: Working through case examples and determining the legal and risk management issues

16.25 - Questions and Answers

16.30 - Reconvene for closing address

Poster Presentations

These posters will be available for viewing with in the exhibition area - ideally the lead author will be available to discuss their poster with delegates

Development of a Nurse Led Paediatric Venous Access Service

Brian Carey *Paediatric Oncology and Venous Access Advanced Nurse Practitioner St George's NHS Trust*

Establishing effective Fracture Liaison Services in the UK

Sonya Stephenson *Service Development Manager & Specialist Nurse National Osteoporosis Society*

A new nurse led clinic for the treatment of post transplant Hepatitis E

Sally Bufton *ODN Nurse Manager University Hospitals Birmingham NHS Trust*

My Experience of setting up a Nurse Led Clinic for Haematology & Bone Marrow Transplantation

Hilary Fouracres *Sister, Haematology Day Unit University Hospitals Bristol NHS Foundation Trust*

Nurse Led Follow Up – how to improve patient experience and reduce helpline calls post anti-cancer treatments

Edit Galambos *Specialist Oncology Sister BMI Sarum Road Hospital*

Uveitis Advanced Nurse Practitioner

Jawahir Uddin *Uveitis Advanced Nurse Practitioner Manchester Royal Eye Hospital*

Mainstreaming breast cancer genetics: a nurse led service

Nicky Scott and Jackie O'Sullivan *Clinical Nurse Specialist in Breast and Family History Nottingham Breast Institute NUH*

Identifying the cost benefit associated with a review and rationalisation of patient prescriptions

Iris Williams *Colorectal Clinical Nurse Specialist Hwyl Dda Health Board*

The use of FENO in stopping years of damage caused by oral steroids in Asthma

Cris Roxas *Respiratory Clinical Nurse Specialist Guys & St Thomas NHS Foundation Trust*

The development and delivery of an anger management treatment programme for mentally disordered offenders in a medium secure unit

Mark Briggs *Advanced Nurse Practitioner (Anger Management) South West Yorkshire Partnership NHS Foundation Trust*

Newborn and Infant Physical Examination Outpatient Service

Rachel McLean *Neonatal Screening Specialist Midwife Derby Teaching Hospitals NHS Foundation Trust*

The advanced nurse practitioner led service for the management and coordination of temporal arthritis

John Cooper *Advanced Nurse Practitioner Manchester Royal Eye Hospital*

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De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR

A map of the venue will be sent with confirmation of your booking along with details of accommodation.

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Conference Fee £195 +VAT (£234.00) The fee includes entry to ALL conference streams and exhibition, lunch, refreshments and a copy of the conference handbook. VAT @ 20%

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

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Stream Choices

Stream 1: 11.35-13.00

Stream A
Developing an established clinic

Workshop 1
Setting Up Nurse Led Clinics

Stream 2: 14.00-15.10

Stream A
Nurse Clinics in Practice

Workshop 3
Leadership of Nurse Led Clinics

Workshop 4
Nurse Led Follow up

Stream 3: 15.40-16.25

Workshop 5
Legal issues and Risk Management

CPD Certified.

Recognised by the Good Governance Institute. Conference Producer is a member of the Association of British Professional Conference Organisers.



Exhibition Space Available - For Further Information contact Carolyn@hc-uk.org.uk

Conference Documentation

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