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# Optimising Anticoagulation Therapy

Delivering Excellence in Outcomes and Patient Safety

Monday 21 January 2019 De Vere West One Conference Centre, London



## Chair & Speakers Include:

**Stephane Jaglin**

*Clinical Pharmacist & Thrombosis Lead  
GPhC & Care UK*

**Dr Clifford Lisk**

*Consultant Physician in Acute & Geriatric  
Medicine  
Royal Free Hospital NHS Foundation Trust*

## Supporting Organisations



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# Optimising Anticoagulation Therapy

## Delivering Excellence in Outcomes and Patient Safety

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*“Stroke caused by AF tends to be severe and is associated with significant mortality and morbidity. The average costs of both health and social care for stroke have recently been calculated to be an average of £44,434 over the first 5 years.... Detecting AF through opportunistic pulse checks would cost virtually nothing. Anticoagulating these patients requires effective delivery systems and enhanced communication between all those responsible for patient care. Many patients can be managed perfectly well with warfarin, which is a cheap and effective anticoagulant when managed correctly. Increasingly, the advantages of the newer oral anticoagulants are being recognised by both clinicians and patients. Although these drugs are relatively expensive, the cost is considerably less than the costs for one person who experiences a stroke”* Tony Rudd CBE National Clinical Director for Stroke, NHS England Matt Kearney National Clinical Director for cardiovascular prevention, NHS England

*“NHS England and Public Health England have identified the scale of the benefits that can be realised through coordinated and focused quality improvement programmes. They estimate that over 14,000 strokes in England could be avoided over three years, if everyone with AF was diagnosed and received appropriate anticoagulation therapy, and over £240m in financial savings could be delivered by optimising AF treatment”* Out of Range, Audit of Anticoagulation Management in Secondary Care in England, Anticoagulation UK May 2018

*“Illnesses relating to atrial fibrillation (AF), including stroke, cost the NHS over £2.2 billion each year and there are growing concerns about variations in the quality of AF care across England.”* Anticoagulation UK 2018

*“Even when people with AF are correctly diagnosed and treatment is started, strokes still can and do occur, often due to poor quality of anticoagulation control and poor adherence to treatment. Sub-analysis of national audit data shows that 83 per cent of stroke patients with known AF, who were prescribed an anticoagulant, were found to have inadequate control and, therefore, at increased risk of stroke or bleeding”* Out of Range, Audit of Anticoagulation Management in Secondary Care in England, Anticoagulation UK May 2018

This conference focuses on optimising anticoagulation therapy for all patients: improving outcomes and patient safety and will enable you to:

- Network with colleagues who are working to optimise Anticoagulation Therapy
- Learn from outstanding practice in Atrial Fibrillation: Detect, Protect and Perfect
- Reflect on national developments and learning including adherence to the National Quality Standard for Atrial Fibrillation, and the recent Audit of Anticoagulation Management in Secondary Care in England
- Improve the way patients are supported to self-manage and self-monitor
- Understand Complex anticoagulation issues including anticoagulation in the frail, restarting anticoagulation after a bleed, oral anticoagulants combined with anti-platelet drugs
- Develop your skills in optimizing patients on anticoagulation therapy
- Self-assess your service against components of an excellent anticoagulation service
- Understand how you can improve initiation of anticoagulation therapy
- Identify key strategies for warfarin and NOAC monitoring
- Self-assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of the delegates at our last anticoagulation therapy conference would recommend this conference.

Follow the conference on twitter #Anticoagulation

## 10.00 Joint Chair's Introduction & Welcoming address

**Stephane Jaglin** *Clinical Pharmacist & Thrombosis Lead GPhC & Care UK*

## 10.10 My Anticoagulation Journey: A Patient Perspective

**Shaun Kinghorn**  
*Service User*

- my anticoagulation journey
- when things don't go right
- what does an excellent service look like from a lived experience perspective?

## 10.30 Components of an excellent anticoagulation service

**Joanne Smithson**  
*Digital Health Programme Lead*  
Academic Health Science Network for the North East and North Cumbria

- what are the key components of an excellent anticoagulation service?
- demonstrating high quality and safety
- key recommendations and examples of good practice

11.00 *Question and answers, followed by tea & coffee*

## 11.30 EXTENDED SESSION: Atrial Fibrillation: Detect, Protect and Perfect Ensuring Adherence to the NICE Quality Standard

**Helen Williams**  
*Consultant Pharmacist for Cardiovascular Disease - National Clinical Adviser for Atrial Fibrillation*  
AHSN Network

- early intervention and identification of patients with Atrial Fibrillation
- monitoring progress against the Quality Standard
- the AF improvement cycle –providing clinicians and commissioners with a clear process to follow when deciding on and developing improvements in AF care
- detect, protect, perfect in practice: the pan London programme
- examples of good practice

## 12.30 Warfarin and DOAC monitoring

**Bunis Packham**  
*Chair, Anticoagulation Specialist Association & Nurse Consultant Thrombosis & Anticoagulation*  
Royal Free London NHS Foundation Trust

- warfarin and DOAC monitoring
- accountability, competence and risk assessment
- the impact on patient understanding and warfarin control

13.00 *Question and answers, followed by lunch at 13.10*

## 14.00 Optimising Anticoagulation Therapy

**Hayley Flavell**  
*Anticoagulation and Thrombosis Consultant Nurse*  
The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust

- supporting patients to choose the right anticoagulation treatment to meet the needs and preferences of patients
- enabling good anticoagulation control and effective AF-related stroke prevention
- optimizing anticoagulation therapy for all patients
- effective monitoring and management of sub-optimal anticoagulation treatment
- working in partnership with patients
- improving patient outcomes

## 14.30 EXTENDED SESSION: Complex anticoagulation issues: Anticoagulation in the frail, restarting anticoagulation after a bleed, oral anticoagulants combined with anti-platelet drugs

**Dr Clifford Lisk**  
*Consultant Physician In Acute Medicine and Geriatric Medicine*  
Barnet Hospital, Royal Free Hospitals NHS Foundation Trust

- managing complex anticoagulation issues
- anticoagulation in the frail elderly
- restarting anticoagulation after a bleed, oral anticoagulants combined with anti-platelet drugs

15.15 *Question and answers, followed by tea, coffee and exhibition at 15.25*

## 15.45 Improving the quality of Anticoagulant Initiation

**Sue Bacon**  
*Lead Anticoagulation and VTE Prevention Nurse*  
North Bristol NHS Trust

- taking the burden of "decision to anticoagulate" away from the rushed setting of the GP consultation and into an environment where there is sufficient time for a structured conversation and shared decision making with the patient.
- providing a secondary care level of expertise in a GP practice setting.
- ensuring consistency in prescribing

## 16.15 Improving the safety of anti-thrombotic drugs

**Stephane Jaglin**  
*Clinical Pharmacist & Thrombosis Lead*  
GPhC & Care UK

- improving the safety of anti-thrombotic drugs

16.45 *Question and answers, followed by close 16.55*

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Download

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

### Venue

De Vere West One, 9-10 Portland Place, London, W1B 1PR.  
A map of the venue will be sent with confirmation of your booking.

Date Monday 21 January 2019

### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
 £300 + VAT (£360.00) for voluntary sector / charities.  
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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### Confirmation of Booking

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### Exhibition

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