

# Self Neglect & Adult Safeguarding

10% card payments discount\*  
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Monday 4th February 2019 De Vere West One Conference Centre, London



## Chair & Speakers include :

**Suzy Braye**

*Emerita Professor of Social Work  
University of Sussex*

**Andy Butler**

*Principal Social Worker (Adults)  
Surrey County Council*

## Supporting Organisations



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***“Self-neglect is often hidden from view and can lead to life changing social and health concerns which can sometimes be fatal.”***

*Professor Michael Preston-Shoot, Professor Emeritus at Bedfordshire University, 2018*

This conference which features extended interactive masterclass focuses on the difficult issue of self neglect and adult safeguarding. Through national updates, practical case studies and extended interactive group work the conference will cover self neglect under the Care Act 2014, meeting the statutory safeguarding guidance, safeguarding people who self neglect: the evidence and what works, developing guidance for professionals when dealing with self neglect and resistance to engage with services, an extended session on hoarding, and an extended session on dealing with the underlying causes of self neglect working in partnership with service user in a multidisciplinary way.

The conference will provide an opportunity to:

- Understand the latest evidence about what works in managing self neglect
- Understand the meaning and significance of the self-neglect, taking account of the individual's life experience
- Learn and reflect on serious case reviews involving self neglect
- Communicate about risks and options with honesty and openness, particularly where coercive action is a possibility
- Share experiences and learning with other colleagues around working on difficult self-neglect cases through interactive facilitated group work
- Self assess and improve your local guidance for professionals when dealing with self-neglect and resistance to engage with services
- Reflect on professional decision making with regard to capacity and unwise decisions vs unacceptable risk?
- Explore responses to Hoarding and how this fits with in the self neglect safeguarding response
- Understand issues of Mental Capacity, Choice and Autonomy when responding to self neglect concerns and resistance to service engagement

When the Care Act 2014 came into effect in April 2015, self-neglect was included as a safeguarding issue for the first time. The need to protect people from abuse and neglect is a key element of the Care Act. The 2016 the Safeguarding Statutory Guidance stated that “Self neglect covers a wide range of behaviour neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding. It should be noted that self neglect may not prompt a section 42 enquiry. An assessment should be made on a case by case basis. A decision on whether a response is required under safeguarding will depend on the adult's ability to protect themselves by controlling their *own behaviour. There may come a point when they are no longer able to do this, without external support.*” *Care and support statutory guidance, Department of Health*

Quotes from the last event on this subject whereby 100% of delegates would recommend the event to a colleague:

*“Excellent, huge learning opportunity”*

*“Excellent, very good, engaging, expert content”*

*“well informed speakers addressed all the issues and dilemmas – excellent”*

*“great conference, really helped me think about the way patients are treated – will inform practice”*

## 10.00 Chair's Introduction: Safeguarding people who self neglect: What Works?

### Suzy Braye

*Emerita Professor of Social Work*  
University of Sussex

This session will draw on evidence from the presenter's research (with David Orr and Michael Preston-Shoot) into effective practice in self-neglect; it will consider:

- the range and scope of self-neglect work nationally
- the challenges experienced in practice
- what goes wrong – findings from safeguarding adult reviews in cases of self-neglect
- what goes right - service users' and practitioners' perspectives on approaches that support positive outcomes
- effective interagency working in self-neglect

## 10.50 Looking out for hidden signs of Self Neglect

### Speaker to be announced

- learning from a safeguarding adults review into the death of a 75-year-old man who died as a result of self-neglect, despite a long history of involvement of health and care professionals
- what we have changed as a result of the review
- our experience

11.20 Question and answers, followed by tea & coffee at 11.30

## 12.00 EXTENDED SESSION:

### Engaging with and understanding the underlying causes of self-neglect

### Deborah Barnett

*Consultant and Author*  
T-ASC (Training, advice, solutions & consultancy)

This session will explore professional experiences of managing self neglect. The need to provide support for workers. Examine some of the success measures and some of the challenges of implementing self neglect strategies. The session will also look at understanding the root causes of self neglect and responding appropriately. Community support and intervention will also be discussed.

12.50 Question and answers, followed by Lunch at 13.00

## 13.50 EXTENDED INTERACTIVE SESSION:

### Hoarding and safeguarding: Professional and practice issues

### Megan Karnes

*Director*  
Hoarding UK

- hoarding and risk issues relating to hoarding
- preventing the escalation of hoarding
- supporting the hoarder to address underlying cases of hoarding
- supporting the person to change hoarding behaviours
- understanding the psychological / mental health issues associated with hoarding
- our experience and lessons from a serious case review

## 14.35 Self Neglect in Older Adults

### Evidence and implications for Clinical Practice

### Dr Mary Rose Day

*Nurse Consultant, School of Nursing and Midwifery*  
University of Cork

- antecedents and risk factors for Self-Neglect
- learn and reflect using an Ethical Decision Making Framework
- overview of a Self-Neglect assessment tool
- case summary of self neglect
- professional issues and challenges

15.05 Questions and answers, followed by Tea & Coffee at 15.10

## 15.30 EXTENDED SESSION: Issues of Mental Capacity, Choice and Autonomy when responding to self neglect concerns and resistance to service engagement

### Andy Butler

*Principal Social Worker (Adults)*  
Surrey County Council

Based on a contemporary case example and recent case law this session will explore professional issues and challenges relating to

- unwise decisions vs unacceptable risk?
- mental capacity assessments in self neglect cases
- balancing individual rights to self-determination with our statutory duties to manage risk and safeguard adults who have needs for care and support
- whose decision is it anyway?

## 17.00 Questions followed by closing remarks

### Suzy Braye

*Emerita Professor of Social Work*  
University of Sussex

17.15 Questions and answers, followed by close

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For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

#### Venue

De Vere West One, 9-10 Portland Place, London, W1B 1PR.  
A map of the venue will be sent with confirmation of your booking.

Date Monday 4th February 2019

#### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
 £300 + VAT (£360.00) for voluntary sector / charities.  
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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