

Care of Dying Adults in the last days of life

Improving care and ensuring adherence to the NICE National Quality Standard

Friday 18 January 2019 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**



Chair and Speakers include:

Marie Cooper

Practice Development Lead
Hospice UK

Bev Fitzsimons

Head of Quality Improvement
The Point of Care Foundation

Lucie Rudd

End of Life Care Advisor
Macmillan Cancer Support

Supporting Organisations:

**COMPASSION
IN DYING.**
SUPPORTING YOUR CHOICES

**Child
Bereavement UK**
REBUILDING LIVES TOGETHER

BAcN
British Association
of Critical Care Nurses

**UK PARKINSON'S
Excellence
Network**

G Good
Governance
Institute

hospice UK

**CPD
CERTIFIED**
The CPD Commission

**H HEALTHCARE
CONFERENCES UK**
HEALTHCARECONFERENCESUK.CO.UK

Care of Dying Adults in the last days of life

Improving care and ensuring adherence to the NICE National Quality Standard

Friday 18 January 2019 De Vere West One Conference Centre, London

"High quality palliative care should be accessible to everyone. We will all die. And when we face the end of our lives, we should expect to be offered the highest possible quality of care that attends to our physical, psychological, emotional, social and spiritual needs. Our families and those close to us should feel valued, involved and supported." Professor Bee Wee, National Clinical Director for End of Life Care

"There is huge variation in the quality of care that people receive at the end of their life." Care Quality Commission

This national conference will look at improving care of the dying adults in the last days of life and ensuring adherence to the national NICE quality standard in practice.

"We know the vast majority of people in this country receive very good care at the end of life, but this isn't always the case... Our guidance will support doctors, nurses and other healthcare professionals so that they can work together to ensure that people die with dignity, whenever possible in the place of their choosing and with their symptoms effectively controlled."
Professor Gillian Leng, deputy chief executive of NICE

Through national updates, and practical case studies the conference will focus on improving care of adults in the last days of life. Sessions will focus on putting personal experience first, monitoring adherence against the national NICE standards in practice, alignment of care with the preferences and needs of the dying person and those important to them, predicting and recognising last days of life and managing uncertainty, developing individual care plans and goals, symptom control and hydration and effective prescribing including anticipatory prescribing at the end of life.

Benefits of attending: This conference will enable you to:

- Network with those working to improve care in the last days of life
- Reflect on the lived experience of a person with a terminal illness
- Monitor progress and adherence against the National Quality Standard in your service
- Update your knowledge on national developments in end of life care
- Learn from established practice in supporting people to live well to the very end
- Ensure best practice in clinical management of the dying phase including symptom control, hydration and prescribing
- Explore latest evidence in predicting and recognising last days of life and managing uncertainty
- Develop effective individual care plans and goals for every end of life care patient in line with the national evidence
- Understand how you can improve Palliative Care at the Front Door: earlier decisions, earlier conversations
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague

"Excellent conference, speakers passionate and v knowledgeable about topics. Usually attend a conference and it reaffirms the knowledge I have, but may change focus. This conference has given me new ideas which will change my approach to practice"

"Really impressed by quality of speakers, subjects covered. Been so informative and given me so much valuable info to bring back to my workplace"

Follow the conference on twitter #endoflifecare

10.00 Chair's Welcome & Introduction

Marie Cooper *Practice Development Lead, Hospice UK*

10.10 Putting personal experience first

Lucy Watts MBE

*Ambassador & Young Avenger Together for Short Lives
People in Partnership Steering Group Member, Hospice UK*

- end of life care: a personal journey
- ensuring engaged, informed individuals and carers
- improving information about what to expect at the end of life
- how can we help ensure all care is personalised?

10.35 Improving the Care of Dying Adults in the last days of life - National update and developments

Marie Cooper

*Practice Development Lead
Hospice UK*

- improving the quality of care at the end of life
- communication and choice
- moving forward with the national ambitions for end of life care

11.05 Question and answers, followed by tea & coffee at 11.15

11.35 EXTENDED SESSION: Living Well to the Very End

Bev Fitzsimons

*Head of Quality Improvement
The Point of Care Foundation*

- supports staff to see care through the eyes of patients and families through shadowing, and then make meaningful changes
- improving confidence in how to provide the best possible care for people approaching the end of life
- learning from the Living Well to the Very End Collaborative Programme
- the Sweeney Programme explained: interactive exercise

12.35 Palliative Care at the Front Door: earlier decisions, earlier conversations

Sarah Radnedge

*Palliative Care CNS Team Leader
Frimley Health NHS Foundation Trust*

- front door palliative care in the acute trust based in A&E and AMU – earlier decisions, earlier conversations
- improving the quality of conversations and planning
- our experience

13.00 Question and answers, followed by lunch at 13.10

13.45 EXTENDED SESSION: Predicting and recognising last days of life and managing uncertainty

Jane Dacre

MacMillan Team Leader, Specialist Palliative Care Team

with Dawn Parkes

*Deputy Director of Nursing
Mid Yorkshire Hospital Trust*

- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- managing patients whose recovery is uncertain
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of healthcare professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties

14.30 Difficult Conversations with Dying People and their Families

Dr Iain Lawrie

*Consultant and Honorary Clinical Senior Lecturer in Palliative Medicine
The Pennine Acute Hospitals NHS Trust, Manchester / University of Manchester
Vice President
Association For Palliative Medicine of Great Britain and Ireland*

- The Ideal – a Good Death
- Coming to terms with a terminal diagnosis – death as a journey, not a moment in time
- Advice, information & co-ordination – navigating the system
- Talking about death – why it is beneficial
- Patient-centred care – involving families in difficult conversations
- Adapting conversations to reflect different conditions

15.00 EXTENDED SESSION: Developing individual care plans and goals for every end of life care patient in line with the new Clinical Guideline

Prof Rob George

*Medical Director St Christopher's, Consultant in Palliative Medicine
Guys and St Thomas NHS Foundation Trust*

- developing and monitoring care plans for every patient and communicating with family and carers
- ensuring the care plans reflect the five priority areas
- ensuring the individual plan of care, which includes food and drink, symptom control and psychological, social and spiritual support, is agreed, coordinated and delivered with compassion
- setting individual goals with patients
- our experience: a whole system approach to improving end of life care
- interactive discussion

15.45 Question and answers, followed by tea & coffee at 15.40

16.00 EXTENDED SESSION: Clinical Management of the Dying Phase Symptom control, hydration & anticipatory prescribing

Dr Amy Proffitt

*Consultant in Palliative Medicine Barts Health NHS Trust
Honorary Secretary The Association for Palliative Medicine
Professional standards and Quality Improvement Representative
JSC for Palliative Medicine*

- clinical management and symptom control in the last day of life
- ensuring adults in the last days of life have their hydration status assessed daily, and a discussion about the risks and benefits of clinically assisted hydration
- effective anticipatory prescribing: anticipating new symptoms that may arise and prescribing medicines in advance to manage them
- ensuring that there is a supply of drugs in the patient's home, combined with the apparatus needed to administer them, with the intention that they are available to an attending clinician for use after an appropriate clinical assessment
- delivering effective medication review at the end of life and issues with controlled drugs

16.40 Improving end of life care: building on the best

Lucie Rudd

*End of Life Care Advisor
Macmillan Cancer Support*

- changing practice and improving outcomes in hospitals
- training and supporting ward staff to introduce the concept of future care planning or treatment escalation plans, and then including ACP information with discharge notes
- improving shared decision making between people approaching end of life, those close to them and their health care professional / team

17.10 Question and answers, followed by close

10% card payments discount*
15% Group booking discount**

Care of Dying Adults in the last days of life

Friday 18 January 2019

De Vere West One Conference Centre, London

Download

How to book Book online via credit card and receive a 10% discount* www.healthcareconferencesuk.co.uk **Fax the booking form to 0208 181 6491** **Post this form to Healthcare Conferences UK 8 Wilson Drive, Ottershaw, Surrey, KT16 0NT**

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box, Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking
(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

> Payment

By Cheque A cheque for is enclosed
Please make Cheques Payable to: Healthcare Conferences UK Ltd.

By Invoice Please send an invoice to

Name

Organisation

Address

Postcode

PURCHASE ORDER NUMBER (If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.

By B A C S

For Payments in £: Sort Code 40-46-22 Account No. 21553690

Please send your BACS remittance form as confirmation of payment

Your BACS Reference

By credit card Please debit my Visa/Mastercard/Switch **All sections must be completed**

Cardholder's Name

Card No.

Valid From Expiry Date

Issue No. (switch only)

You will be contacted during the processing of your booking to confirm the payment card security code. (this is the last three digits of the number printed on the back of your card)

Signature

Card billing address

Promotional Code

Conference Documentation

I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue
De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Friday 18 January 2019

- Conference Fee**
- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 - £300 + VAT (£360.00) for voluntary sector / charities.
 - £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

***Credit card Discount**
10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

****Group Rates**
A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions
A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Accommodation
On confirmation of your booking you will receive information for booking accommodation should you require it.

Confirmation of Booking
All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Exhibition
If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

Credits
CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box

Healthcare Conferences UK reserve the right to make changes to speakers and programmes without prior notice.
©Healthcare Conferences UK Ltd 2019

