A Practical Guide to Effective Non Medical Prescribing in Mental Health
For Current & Aspiring Non Medical Prescribers

Tuesday 27th September 2016
Hallam Conference Centre  London

Chair and Speakers Include:
Dr Barbara Stuttle CBE
Chair
The Association for Prescribers

Deborah Baidoo
Consultant Pharmacist
West London Mental Health NHS Trust

Judith Graham
Nurse Consultant & Prescriber
Rotherham, Doncaster & South Humber NHS Trust
Chaired by Dr Barbara Stuttle CBE, Chair, The Association for Prescribers, this important national conference provides an essential update for current and aspiring non medical prescribers in a mental healthy setting.

“Nearly two million adults were in contact with specialist mental health and learning disability services at some point in 2014/15 – though we know little about the quality of their care and there remains extensive unmet need for mental health care. Three quarters of people with mental health problems receive no support at all. Among those who are helped, too few have access to the full range of interventions recommended by National Institute for Health and Care Excellence (NICE), including properly prescribed medication and psychological therapy.... Drugs for mental health problems can have serious side effects, such as causing rapid weight gain, but standards in the prescribing of anti-psychotics and other medications are not consistently adhered to, according to the Prescribing Observatory for Mental Health.”

Mental Health Taskforce Strategy February 2016

This conference focuses on the important issue of Non Medical Prescribing in Mental Health. The conference will look at national developments in non medical prescribing in mental health, improving and maintaining prescribing competence, non medical prescribing within specialist mental health clinics, liaison and crisis services, physical health services, auditing your prescribing practice, monitoring the side effects of medication, reducing medication errors and supporting the expansion of Nurse prescribing practice in Mental Health.

A recent study found that “Mental health nurse prescribing has been established in some areas in the UK for quite some time.... The majority of participants believed that the inclusion of prescribing in mental health nurses’ roles improved the nurse–patient relationship, and five themes including the relationship, concordance, power, treatment approach and ‘unprescribing’ emerged. Trust was highly valued, and clients found nurses easier to talk to about their medication than doctors. Rather than detracting from the nurse–patient relationship, results from this study suggest that nurse prescribing enables mental health nurse prescribers to provide more holistic care than previously.” Mental health nurse prescribing: the emerging impact J. D. Ross PhD MSc 2 JUN 2015.

The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills as a non medical prescriber in Mental Health.

Follow the conference on Twitter #NMPrescribing
10.00 Chair’s welcome: Non Medical Prescribing - National Update

Gavin Gorman
Mental Health Nurse, Chair of the Scottish Government NMAHP Prescribing Leads group, Non Medical Prescribing Lead NHS Greater Glasgow and Clyde, Board Member, Association of Prescribers

- national developments in non medical prescribing
- demonstrating compliance with the NMC Code for revalidation
- the benefits of non medical prescribing in mental health

10.40 Non Medical Prescribing in Mental Health

Kirsty Fishburn
Lecturer & Module Leader for the Nursing/Non Medical Prescribing course, University of Hull, Mental Health Nurse and Expert Advisor to the Care Quality Commission

- non medical prescribing in mental health: current issues
- improving confidence in prescribing practice
- empowering nurses to prescribe in mental health
- supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing
- developing advanced roles around non medical prescribing
- keeping your prescribing knowledge up-to-date: accessing education, training and resources

11.10 Questions & answers, followed by coffee

11.45 EXTENDED SESSION: Prescribing within specialist mental health clinics

Judith Graham
Advanced Nurse Consultant, Psychotherapy Consultant & Independent Prescriber, Rotherham, Doncaster and South Humber NHS Foundation Trust

- diagnostic assessment and prescribing
- physical health assessment
- providing holistic assessment, physical health monitoring and medication management in a clinic setting
- non medical-led prescribing clinics, including Lithium and Clozapine Clinics
- prescribing within our nurse-led clinics for adults with Psychosis, Bipolar Affective Disorder and also Attention Deficit Hyperactivity Disorder

12.45 Questions & answers, followed by Lunch

13.45 Non Medical Prescribing in addiction services

Ann Widdas
Nurse Consultant in Addiction Services, Northumberland Tyne and Wear NHS Trust

- non medical prescribing in addiction services
- my experience as an independent prescriber: the challenges and successes
- establishing and managing nurse led addiction services

14.15 EXTENDED SESSION: Maintaining and improving competence in non medical prescribing practice

Gavin Gorman
Mental Health Nurse, Chair of the Scottish Government NMAHP Prescribing Leads group, Non Medical Prescribing Lead NHS Greater Glasgow and Clyde, Board Member, Association of Prescribers

- improving non medical prescribing practice
- supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing
- coordinating, planning and designing services around non medical prescribing
- ensuring you have the history-taking, assessment and diagnosis skills to prescribe appropriately and effectively
- keeping your prescribing knowledge up-to-date: accessing education, training and resources
- coaching and mentoring for current and aspiring non-medical prescribers

15.00 Questions & answers, followed by Tea and Coffee

15.30 Supporting and expanding non medical prescribing within a mental health trust

Justine Trippier
Consultant Nurse, Adult Mental Health, Oxleas NHS Foundation Trust

- which services are currently using non medical prescribing
- expanding the use of non medical prescribers
- supervision and support
- our experience

16.00 Monitoring medication side effects, improving medication safety and working with service users to reduce the impact on physical health

Deborah Baidoo
Consultant Pharmacist, Forensic Mental Health, West London Mental Health NHS Trust

- ensuring service users and families understand the impact of their medication on physical health
- working with service users to counteract the side effects of medication
- our experience of joint prescription reviews
- prescribing for co-morbidities in physical and mental health
- our approach in West London

16.30 Questions & answers, followed close
Non Medical Prescribing in Mental Health
For Current & Aspiring Non Medical Prescribers
Tuesday 27th September 2016 Hallam Conference

Venue
Hallam Conference Centre, 44 Hallam Street, London, W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date
Tuesday 27 September 2016

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£495 + VAT (£594.00) for commercial organisations.

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