A Practical Guide to Effective Nurse Prescribing in Mental Health

Tuesday 27th September 2016
Hallam Conference Centre   London

Chair and Speakers Include:

Dr Barbara Stuttle CBE
Chair
The Association for Prescribers

Deborah Baidoo
Consultant Pharmacist
West London Mental Health NHS Trust

Judith Graham
Nurse Consultant & Prescriber
Rotherham, Doncaster & South Humber NHS Trust
Chaired by Dr Barbara Stuttle CBE, Chair, The Association for Prescribers, this important national conference provides an essential update for current and aspiring non medical prescribers in a mental healthy setting.

“Nearly two million adults were in contact with specialist mental health and learning disability services at some point in 2014/15 – though we know little about the quality of their care and there remains extensive unmet need for mental health care. Three quarters of people with mental health problems receive no support at all. Among those who are helped, too few have access to the full range of interventions recommended by National Institute for Health and Care Excellence (NICE), including properly prescribed medication and psychological therapy.... Drugs for mental health problems can have serious side effects, such as causing rapid weight gain, but standards in the prescribing of anti-psychotics and other medications are not consistently adhered to, according to the Prescribing Observatory for Mental Health.”

Mental Health Taskforce Strategy February 2016

This conference focuses on the important issue of Nurse Prescribing in Mental Health. The conference will look at national developments in non medical prescribing in mental health, improving and maintaining prescribing competence, non medical prescribing within specialist mental health clinics, liaison and crisis services, physical health services, auditing your prescribing practice, monitoring the side effects of medication, reducing medication errors and supporting the expansion of Nurse prescribing practice in Mental Health.

A recent study found that “Mental health nurse prescribing has been established in some areas in the UK for quite some time.... The majority of participants believed that the inclusion of prescribing in mental health nurses’ roles improved the nurse–patient relationship, and five themes including the relationship, concordance, power, treatment approach and ‘unprescribing’ emerged. Trust was highly valued, and clients found nurses easier to talk to about their medication than doctors. Rather than detracting from the nurse–patient relationship, results from this study suggest that nurse prescribing enables mental health nurse prescribers to provide more holistic care than previously.” Mental health nurse prescribing: the emerging impact J. D. Ross PhD MSc 2 JUN 2015.

The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills as a non medical prescriber in Mental Health.

Follow the conference on Twitter #NMPrescribing
<table>
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<th>Time</th>
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| 10.00  | Chair’s welcome: Non Medical Prescribing - National Update              | Gavin Gorman                                 | • national developments in non medical prescribing  
• developing confidence and competence in your ability to prescribe  
• demonstrating compliance with the NMC Code for revalidation  
• the benefits of non medical prescribing in mental health                                                                                                                                                                                                                         |
| 10.40  | Non Medical Prescribing in Mental Health                                | Kirsty Fishburn                              | • non medical prescribing in mental health: current issues  
• improving confidence in prescribing practice  
• empowering nurses to prescribe in mental health  
• improving non medical prescribing practice  
• supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing  
• developing advanced roles around non medical prescribing  
• keeping your prescribing knowledge up-to-date: accessing education, training and resources                                                                                                                                                                                      |
| 11.10  | Questions & answers, followed by coffee                                 |                                              |                                                                                                                                                                                                                                                                                                                                       |
| 11.45  | EXTENDED SESSION: Prescribing within specialist mental health clinics   | Judith Graham                                | • diagnostic assessment and prescribing  
• physical health assessment  
• providing holistic assessment, physical health monitoring and medication management in a clinic setting  
• non medical-led prescribing clinics, including Lithium and Clozapine Clinics  
• prescribing within our nurse-led clinics for adults with Psychosis, Bipolar Affective Disorder and also Attention Deficit Hyperactivity Disorder  
• non medical prescribing in addiction services  
• my experience as an independent prescriber: the challenges and successes  
• establishing and managing nurse led addiction services                                                                                                                                                                                                                     |
| 12.45  | Questions & answers, followed by Lunch                                  |                                              |                                                                                                                                                                                                                                                                                                                                       |
| 13.45  | Non Medical Prescribing in addiction services                           | Ann Widdas                                  | • non medical prescribing in addiction services  
• improving confidence in prescribing practice  
• empowering nurses to prescribe in mental health  
• improving non medical prescribing practice  
• supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing  
• developing advanced roles around non medical prescribing  
• keeping your prescribing knowledge up-to-date: accessing education, training and resources  
• coaching and mentoring for current and aspiring non-medical prescribers  
• non medical prescribing in addiction services  
• my experience as an independent prescriber: the challenges and successes  
• establishing and managing nurse led addiction services                                                                                                                                                                                                                     |
| 14.15  | EXTENDED SESSION: Maintaining and improving competence in non medical prescribing practice | Gavin Gorman                                | • improving non medical prescribing practice  
• supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing  
• developing advanced roles around non medical prescribing  
• coordinating, planning and designing services around non medical prescribing  
• ensuring you have the history-taking, assessment and diagnosis skills to prescribe appropriately and effectively  
• keeping your prescribing knowledge up-to-date: accessing education, training and resources  
• coaching and mentoring for current and aspiring non-medical prescribers  
• which services are currently using non medical prescribing  
• expanding the use of non medical prescribers  
• supervision and support  
• our experience                                                                                                                                                                                                                                                                    |
| 15.00  | Questions & answers, followed by Tea and Coffee                         |                                              |                                                                                                                                                                                                                                                                                                                                       |
| 15.30  | Supporting and expanding non medical prescribing within a mental health trust | Justine Trippier                            | • ensuring service users and families understand the impact of their medication on physical health  
• working with service users to counteract the side effects of medication  
• our experience of joint prescription reviews  
• prescribing for co-morbidities in physical and mental health  
• our approach in West London  
• which services are currently using non medical prescribing  
• expanding the use of non medical prescribers  
• supervision and support  
• our experience                                                                                                                                                                                                                                                                    |
| 16.00  | Monitoring medication side effects, improving medication safety and working with service users to reduce the impact on physical health | Deborah Baidoo                              | • ensuring service users and families understand the impact of their medication on physical health  
• working with service users to counteract the side effects of medication  
• our experience of joint prescription reviews  
• prescribing for co-morbidities in physical and mental health  
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• our approach in West London                                                                                                                                                                                                                                                   |
| 16.30  | Questions & answers, followed close                                      |                                              |                                                                                                                                                                                                                                                                                                                                       |
Nurse Prescribing in Mental Health
For Current & Aspiring Nurse Prescribers
Tuesday 27th September 2016  Hallam Conference

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**Your Details** (please complete a new form for each delegate. Photocopies are acceptable)

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**Conference Registration**

**Date**

Tuesday 27 September 2016

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- £495 + VAT (£594.00) for commercial organisations.

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