

A Practical Guide to

# Eliminating Avoidable Heel Pressure Ulcers

10% card payments discount\*  
15% group booking discount\*\*

Wednesday 5 October 2016 The Studio Conference Centre, Birmingham



## Chair and Speakers Include:

**Tina Chambers**

*Vice Chair*

Tissue Viability Society

**Rosie Callaghan**

*Tissue Viability Nurse*

Worcestershire Health and Care NHS Trust

Supporting Organisation



Birmingham Community Healthcare  
NHS Foundation Trust



United Lincolnshire Hospitals  
NHS Trust



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**“The Heel is the second most common site for pressure ulcer development”  
Nursing Centre, 2015**

**“700,000 are affected by Pressure Ulcers each year”**

**“Each Pressure Ulcer adds £4000 to the costs of care”**

**“186,617 people developed a Pressure Ulcer in hospital each year”**

**“Research shows between 80% and 95% are avoidable”  
Stop the Pressure Campaign, NHS England**

This conference, chaired by Tina Chambers, Vice Chair of the Tissue Viability Society, focuses on a practical guide to eliminating heel pressure ulcers.

National updates and practical case studies will focus on:

- Reducing avoidable heel pressure ulcers
- Changing practice in the early detection of heel pressure ulcers
- Undertaking effective Heel Checks
- React to Red: Communicating heel pressure ulcer prevention
- Vascular assessment of heel pressure ulcers
- Predictors of Healing in Heel Pressure Ulcers
- Multidisciplinary management of heel pressure ulcers
- Learning from RCA investigations relating to heel pressure ulcers
- Managing heel pressure ulcers in the community

***“Pressure ulcers represent a major burden of sickness and reduced quality of life for people and their carers. They can be debilitating for the patient, with the most vulnerable people being those aged over 75. Pressure ulcers can be serious and lead to life-threatening complications such as blood poisoning or gangrene. Research suggests that between 80-95% are avoidable”*** NICE Draft Quality Standard for Pressure Ulcers  
January 2015

## 10.00 Chair's Welcome and Introduction

### Tina Chambers

Vice Chair

Tissue Viability Society &

Tissue Viability Consultant Educator and Advisor Tina Chambers Ltd

## 10.10 Stop the Pressure: an update from NHS England

### Tina Chambers

Vice Chair

Tissue Viability Society &

Tissue Viability Consultant Educator and Advisor Tina Chambers Ltd

- stop the pressure update

## 10.40 Reducing avoidable heel pressure ulcers through real time monitoring

### Mark Collier

Lead Nurse Consultant Tissue Viability

United Lincolnshire Hospitals NHS Foundation Trust

- real time recording and reporting of prevalence and incidence of heel pressure ulcers
- implementing standard operating procedures to reduce heel pressure ulcers in an acute setting
- the use of heel protection
- the impact on the incidence of heel pressure ulcers in Lincolnshire

11.10 Question and answers, followed by tea & coffee break at 11.20

## 11.50 Assessment of the Heel

### Rosie Callaghan

Tissue Viability Nurse

Worcestershire Health and Care NHS Trust

- the early detection of heel pressure ulcers
- the undertaking of regular heel checks
- what have we learnt and how we have reduced heel pressure ulcers

## 12.20 Vascular assessment of heel pressure ulcers

### Rosie Callaghan

Tissue Viability Nurse

Worcestershire Health and Care NHS Trust

- ensuring vascular assessment
- the role of venous disease in heel pressure ulcers
- monitoring progress against the NICE Quality Standard for Pressure Ulcers

12.50 Question and answers, followed by lunch at 13.00

## 14.00 Learning from RCA investigations relating to heel pressure ulcers

### Pauline Vyse

- undertaking an RCA investigation of a heel pressure ulcer
- what we have learnt from RCA investigations in this area
- our experience: ensuring the equipment is available and rolling out "Heel Watch"

## 14.30 EXTENDED SESSION: Predictors of Healing in Heel Pressure Ulcers

### Louise Morris

Tissue Viability

Birmingham Community Healthcare NHS Trust

- predictors of healing in heel pressure ulcers
- implications for management
- our experience

15.15 Question and answers, followed by tea & coffee at 15.25

## 15.45 EXTENDED SESSION: Multidisciplinary management of heel pressure ulcers

### Tina Chambers

Vice Chair Tissue Viability Society

- effective management of heel pressure ulcers
- the role of the podiatry team

## 16.30 Managing heel pressure ulcers in the community

### Rosie Callaghan

Tissue Viability Nurse

Worcestershire Health and Care NHS Trust

- managing heel pressure ulcers in the community: what works?
- working with care homes and the community to eliminate pressure ulcers
- reducing the number of patients admitted with pressure ulcers

17.00 Question and answers, followed by close

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Department

Organisation

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Please also ensure you complete your full postal address details for our records.

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For more information contact Healthcare Conferences UK on **01932 429933** or [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

### Venue

The Studio Conference Centre, 7 Cannon St, Birmingham B2 5EP. A map of the venue will be sent with confirmation of your booking.

**Date** Wednesday 5 October 2016

### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- £300 + VAT (£360.00) for voluntary sector / charities.
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