Improving the Management of Co-occurring mental health, alcohol and drugs (COMHAD)

Dual Diagnosis

Monday 11 March 2019  De Vere West One Conference Centre, London

Chair & Speakers include:

Lord Victor Adebowale CBE
Chief Executive
Turning Point

Dr Raffaella Margherita Milani
Course Leader, Substance Use and Misuse Studies
University of West London

Supporting Organisations
"People with dual diagnosis or other complex needs can be the most vulnerable in society and examples of people being let down by the system, with tragic consequences, are all too common." Luciana Berger MP Co-chair for the All Party Parliamentary Group for Complex Needs and Dual Diagnosis 2018

"People with a dual diagnosis frequently struggle to get the support they need with a range of issues because, too often, services are designed around the needs of the system rather than the individual." Lord Victor Adebowale CBE Co-chair for the All Part Parliamentary Group for Complex Needs and Dual Diagnosis 2018

“It is still the case that many people with complex needs or a dual diagnosis simply do not have their needs met.” APPG for Complex Needs – A Call for Evidence on Social Action 2018

This conference will systematically address how providers can provide improved care and outcomes for people with co-occurring mental health, alcohol and drugs (COMHAD) issues.

Benefits of attending: This conference will enable you to:

- Network with colleagues who are working to improve services, practice and treatment for people who are experiencing co-occurring mental health and substance misuse issues (dual diagnosis)
- Reflect on the lived experience of people experiencing dual diagnosis
- Ensure you are up to date with the national context, evidence base and NICE Guidance in dual diagnosis
- Understand how you can engage and support people to improve outcomes and avert crisis
- Identify key strategies for ensuring early intervention
- Ensure Adherence to the NICE Guideline for severe mental illness and substance misuse (Dual Diagnosis)
- Develop your skills in risk assessment
- Enable positive practice in prevention, wellbeing and resilience
- Improve your skills and competence in delivering dual diagnosis services
- Learn from current best practice/case studies in dual diagnosis focusing on homeless people and dual diagnosis in the perinatal setting
- Ensure effective support for individuals with a dual diagnosis who have had contact with the criminal justice system
- Understand how to effectively develop and support peer support networks
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

Follow this conference on Twitter #DualDiagnosis
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### 10.00 Chairman’s Introduction

**Dr Martyn Hull**  
*Clinical Director*  
Turning Point Substance Misuse Sector

### 10.10 Learning from lived experience: towards recovery

**Paul Sates**  
*Senior Peer Specialist, Campaigner and Ambassador*

- learning from the lived experience
- what does recovery mean to you? Ensuring people facing mental health challenges develop their own definition of recovery
- ensuring everyone in services is involved in developing an outcomes-focused recovery path
- engaging with people to encourage continued contact with services
- involving service users in implementing the NICE Guideline

### 10.40 Ensuring adherence to the NICE guideline for severe mental illness and substance misuse (Dual Diagnosis)1

**Dr Raffaella Margherita Milani**  
*Course Leader, Substance Use and Misuse Studies*  
University of West London

- ensuring adherence to the NICE Guideline recommendations: principles and practice
- improving joint working and continuity of care
- examples of excellent practice

### 11.10 Question and answers, followed by tea & coffee at 11.25

### 11.50 EXTENDED SESSION: Developing Engagement and Intervention for those with Dual Diagnosis need within an Early Intervention Service

**Jackie Powell**  
*Clinical Lead, Early Intervention Team*  
and **Jayne Simner**  
*Team Manager, Early Intervention Team*  
North Staffordshire Combined NHS Healthcare Trust

- substance misuse is prevalent in first episode of psychosis.
- engagement, treatment outcome, and social stability have proved problematic as a result.
- a project to identify useful approaches to engagement and intervention

### 12.30 Prevention: Improving wellbeing and resilience

**Lois Dugmore**  
*Nurse Consultant*  
Leicestershire Partnership NHS Trust

- developing positive practice in dual diagnosis services
- building wellbeing and resilience
- towards recovery and preventing relapse
- supporting those who have had contact with the criminal justice system

### 13.10 Question and answers, followed by lunch at 13.20

### 14.00 KEYNOTE ADDRESS

**Lord Victor Adebowale CBE**  
*Chief Executive*  
Turning Point

- understanding the needs of people with co-existing mental health and substance misuse issues
- engaging and involving people to improve services, outcomes and avert crisis
- an update from the All Party Parliamentary Group for Complex Needs and Dual Diagnosis

### 14.25 Implementing a risk assessment substance use screening tool for mental health services: SUFARI (Substance Use Frequency, Amount, Risk Identification)

**Eloise Tabernacle**  
*Dual Diagnosis Care Manager/Trainer*  
Central and North West London NHS Foundation Trust  
and **Adrian Brown**  
*Alcohol Nurse Specialist*  
Central and North West London NHS Foundation Trust  
and **Mental Health Forum Steering Committee Member RCN**

- key factors leading to the development of new Dual Diagnosis policy and a Substance Use in Mental Health screening tool
- how we implemented the project
- conclusions of the audit cycle & Key learning points
- take home messages and tips for providers to implement new screening tools

### 14.50 Dual Diagnosis Anonymous: Delivering effective peer support

**Dan Ware**  
*Director of DDA*  
with **Alan Butler**  
*Director of DDA*

- Dual Diagnosis Anonymous: peer support for service users with mental health and drug and alcohol needs
- University of West London (UWL) Study on Effectiveness of DDA

### 15.15 Question and answers, followed by tea & coffee at 15.25

### 15.45 Supporting homeless people with severe mental illness and substance misuse

**Dr Sneha Devlukia**  
*Clinical Director*  
Health Inclusion Matters

- working with homeless people
- developing effective partnerships
- moving forward: the future of services for homeless people with complex needs and dual diagnosis

### 16.15 Improving Dual Diagnosis services through service user involvement

**Justine Trippier**  
*Consultant Nurse, Adult Mental Health*  
Oxleas NHS Foundation Trust

- working with service users to improve satisfaction, aid engagement and support recovery
- measuring outcomes in practice
- involving and learning from service users: our experience

### 16.45 Question and answers, followed by close
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Venue  
De Vere West One, 9-10 Portland Place, London, W1B 1PR

Date  
Monday 11 March 2019

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£365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
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