Implementing the NICE guidance for improving Mental Health Services For People with Learning Disabilities

Monday 26 June 2017 De Vere West One Conference Centre, London

Chair and Speakers include:

Dr Colin Dale
Trustee
British Institute of Learning Disabilities
Chief Executive
Caring Solutions (UK)

Professor Sally-Ann Cooper
Chair Guideline Development Group for Mental health problems in people with learning disabilities
NICE
Implementing the NICE guidance for improving Mental Health Services For People with Learning Disabilities

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Are you aware of the New National Quality Standard for Learning disabilities: identifying and managing mental health problems quality standard (QS142) January 2017? This quality standard has now been incorporated into the NICE pathways on challenging behaviour and learning disabilities and mental health problems in people with learning disabilities, which makes attending this conference essential learning.

The quality standard covers the prevention, assessment and management of mental health problems in people with learning disabilities in all settings including health, social care, education, and forensic and criminal justice. It also covers family members, carers and care workers. Quality standards describe best practice based on current evidence, this is what service providers should be aiming for.

The guidance has set out 5 quality standards:

• Young people and adults with learning disabilities have an annual health check that includes a review of mental health problems.
• People with learning disabilities who need a mental health assessment are referred to a professional with expertise in mental health problems in people with learning disabilities.
• People with learning disabilities and a serious mental illness have a key worker to coordinate their care.
• People with learning and mental health problems who are receiving psychological interventions have them tailored to their preferences, level of understanding, and strengths and needs.
• People with learning disabilities who are taking antipsychotic drugs that are not reduced or stopped have annual documentation on reasons for continuing this prescription.

This conference will look at how you can implement and ensure adherence to the quality standard in practice and ensure you are being compliant whilst improving care. Implementation of the guidance is the responsibility of your local commissioners and providers, and it is your responsibility to ensure effective person centered pathways are achieved. When you attend this one day event you will have to opportunity to discuss your concerns and hopes for improving your own service and learn how other organisations are already implementing the quality standard and guidance, you will return to your organisation with tangible information and advice on implementing the NICE quality standard to improve your service.

You will hear from speakers who helped design the new quality standard and you will receive national updates and presentations on practical case studies whilst the conferences over arching focus will be on improving care for people with learning disabilities mental health problems.

Your sessions on the day will focus on putting personal experience first, monitoring adherence against the standards in practice, alignment of care with the preferences and needs of people with learning disabilities and the needs of their families and carers, using annual health checks to review of both physical and mental health problems, developing individual care plans tailored to the individual needs, using mental health assessments for referral to a professional with expertise and ensuring people with learning disabilities who are taking antipsychotic drugs are not reduced or stopped & have annual documentation on reasons for continuing this prescription.

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10.00 Chairman's introduction: response to the NICE guidelines
   Dr Colin Dale  Trustee British Institute of Learning Disabilities  Chief Executive  Caring Solutions (UK)

10.20 Implementing the January 2017 NICE Quality Standard: Learning disabilities: identifying and managing mental health problem
   Professor Sally-Ann Cooper
   Chair Guideline Development Group for Mental health problems in people with learning disabilities NICE
   & Professor of Learning Disabilities & Honorary Consultant Psychiatrist University of Glasgow
   • the 5 quality statements for your service
   • what the new standard means for you
   • what you need to know: changes to documentation, medication and intervention

Quality Statement 5: Annually documenting the reasons for continuing antipsychotic drugs

10.50 Update from The Royal College of Psychiatrists: Psychotropic drug prescribing for people with intellectual disability, mental health problems and behaviours that challenge
   Dr John Devapriam
   Committee Member
   GDG Service Models for People with Learning Disabilities
   Chair Quality Network for Learning Disabilities
   Clinical Director Acute & Low Secure Mental Health Services
   & Consultant Psychiatrist Leicestershire Partnership NHS Trust
   • approaches to prescribing for people with intellectual disability and mental health problems
   • Prescribing standards and recommendations

11.20 Question and answers, followed by tea & coffee at 11.30

11.55 Keynote address: intellectual disability and mental health priorities
   Dr Ashok Roy
   Consultant Psychiatrist Coventry and Warwickshire Partnership NHS Trust
   Chair Intellectual Disability Faculty, Royal College of Psychiatrists
   • ten key messages for commissioners
   • what do we know about the current provision of mental health services for people with learning disabilities?
   • what would good mental health services for people with learning disabilities look like?

12.25 Dual-diagnosis of autism spectrum disorder (ASD) and psychosis
   Dr Felicity Larson
   Clinical Psychology
   Doctoral Trainee School of Psychology
   University of Birmingham
   • are people with ASD at greater risk of developing psychosis than the general population?
   • how can mainstream mental health services become equipped to understand and help them?

12.55 Question and answers, followed by lunch at 13.05

Quality Statement 1: Annual health checks

14.00 Providing annual health checks that review both physical and mental health
   Catherine Flynn
   Engagement Manager
   Lambeth CCG
   • working with local GPs to increase the uptake of annual health checks by people with learning disabilities
   • ensuring that young people and adults with learning disabilities has an annual health check that a family member, carer or care worker is involved
   • our experience in Lambeth

Quality Statement 2: Assessment by a professional with relevant expertise

14.30 Psychological therapies for people who have intellectual disabilities
   Nigel Beail
   Consultant Clinical Psychologist and Professional Lead for Psychological Services
   South West Yorkshire Partnership NHS Foundation Trust
   Professor of Psychology University of Sheffield
   • using assessment to identify and meet the emotional and mental health needs of people who have intellectual disabilities through psychological therapies
   • delivering psychological therapies: Managing referrals, pathways and stepped care
   • innovation, adaptation and reasonable adjustments to ensure equality of access to psychological therapies

Quality Statement 3: Key Workers

15.00 Getting the right workforce for transformation care: the importance of key workers
   Jim Thomas
   Programme Head - Workforce Innovation
   Skills for Care
   • the importance of key workers for people with learning disabilities and a serious mental illness
   • how can key workers improve care coordination and ensure services are communicated clearly
   • how to redesign the way your workforce support people to meet transforming care objectives.

15.30 Question and answers, followed by tea & coffee at 15.40

Quality Statement 4: Tailoring psychological interventions

16.00 Lifespan: working with young people and families experiencing mental illness and learning disabilities
   Dr Nancy Sheppard
   Consultant Clinical Psychologist
   Tavistock and Portman NHS Foundation Trust
   • diagnostic assessment of children, adolescents and adults with social communication difficulties
   • therapeutic intervention service
   • creating treatment packages individually tailored to the needs of the child, young person or adult and the people around them

16.30 Being a front line leader: Changing the face of services for service users with dual diagnosis of learning disabilities and mental illness
   Doreen Kelly
   Director
   Beyond Limits
   • providing truly tailor-made support
   • Bringing People Back Home report
   • joint working with commissioners

17.00 Question and answers, followed by close at 17.10
Mental Health Services
For People with Learning Disabilities
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Date Monday 26 June 2017

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