

Saving young lives

Preventing Suicide in Young People & Children

10% card payments discount*
15% Group booking discount**

Friday 1st February 2019 De Vere West One Conference Centre, London



Speakers include:

Dr Prathiba Chitsabsan
*Associate National Director,
Children and Young People's
Mental Health*
NHS England

Imogen Vosey
Young Patient Leader

Prof Steve West
*Chair UUK's Mental Health in
Higher Education Advisory Group &
Vice Chancellor*
University West of England Bristol

Supporter Organisations:



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“Suicide is the second leading cause of death among 15-29 year olds worldwide counting for 8% of all deaths In the UK, suicide is the leading cause of death in young people, accounting for 14% of deaths in 10-19 year olds and 21% of deaths in 20-34 year olds” Suicide by children and young people, National Confidential Inquiry

“NHS Trusts have been urged to encourage their staff to share patient information with family and other organisations, particularly a young person’s school when they are vulnerable to self-harm or suicide.” Ged Flynn
CEO PAPYRUS

By attending this one day conference you will hear from expert speakers on how your service can reduce preventable suicides and save young lives. Through national updates, case studies from multi-agency settings and personal story insight, this conference aims to set the scene for progress already being made and what needs to change to implement the National Inquiry key recommendations, in line with the Five Year Forward View for improved young people’s mental health care.

Benefits of attending. This conference will enable you to:

- Network with colleagues who are working to improve services, practice and treatment to reduce preventable suicides and save young lives.
- Discuss the national data and evidence base currently on young suicides, and use this to direct service improvement
- Reflect on the lived experience
- Improve competence, awareness and proactivity in responding to preventable young suicides
- Understand how you can work to increasing young people’s resilience & self-compassion
- Learn from experts working in reducing preventable suicides and save young lives
- Identify key strategies for improving access to services for high risk groups such as university students and LGBT young people
- Developing your skills in supporting children and young people in crisis
- Effectively provide postvention support to families and people effected by suicide
- Understand how the national ambition for zero suicide applies to CAMHS
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

#savingyounglives

10.00 Chair's Introduction

Karen Mellanby *Director of Networks and Communities Mind*

10.10 Preventing suicide in children & young adults: Learning from lived experience

Imogen Voysey
Young Patient Leader

- how can we better support young people in crisis
- learning from lived experience

10.35 The NHS England Transformation Programme for Children and Young People

Dr Prathiba Chitsabsan
*Associate National Clinical Director,
Children & Young People's Mental Health
NHS England*

- transforming mental health services for children & young adults to save young lives
- the NHS England Transformation Programme for Children and Young People
- moving forward

11.10 *Question and answers, followed by coffee at 11.20*

11.50 Suicide Prevention in Young People

Dr Bernadka Dubicka
*Chair, Faculty of Child and Adolescent Psychiatry
Royal College of Psychiatrists*

- what do the statistics tell us
- key issues effecting young people today
- how can services change to save young lives

12.20 Sharing information to prevent suicide in young people & children Multi- agency working to support "high risk" young people

Laura Craggs
Hope/Extended Hope Service Manager Hope Service
with Christine Gee
Extended Hope Team Manager
and Emma Mapes
*Hope Service Team Manager
Surrey County Council/Surrey and Borders Partnership Foundation Trust*

- working to prevent placement breakdown and hospital admissions
- supporting young people in crisis
- partnership working and the benefits
- better information sharing and gathering information about 'near misses'.

13.00 *Questions and answers, followed by lunch at 13.10*

13.50 EXTENDED SESSION: Suicide prevention in higher education settings

Professor Steve West
*Vice-Chancellor of UWE Bristol and
Chair of UUK's Mental Health in Higher Education Advisory Group*

- prevention, intervention and responding to the suicidal student
- becoming a "positive university"
- sharing information with families
- using algorithms to detect positive or negative emotions for proactive wellbeing and support
- our experience of suicide prevention in young people

14.30 Preventing suicide in LGBT young people

Josh Bradlow
*Policy Officer
Stonewall*

- growing up LGBT, and the effects of bullying and isolation on LGBT young people
- research into self-harm, suicidal ideation and attempts among LGBT young people
- how schools and service providers can better support LGBT young people

15.00 Whole school approach to mental health and wellbeing for suicide prevention in young people

Jack Mullineux
Everton Football Club

- creating effective school-based suicide prevention strategies
- Tackling the Blues: using sports based programmes to engage young people
- working collaboratively with communities to find out what works best

15.15 *Questions and answers, followed by tea at 15.25*

15.45 Working towards Zero Suicide

Steven Messenger
*Suicide Prevention Lead
Mersey Care NHS Trust*

- meeting and monitoring progress against the national zero suicide ambition
- the Mersey Care approach to zero suicide: measuring the impact
- how can we ensure a focus on zero suicide doesn't lead to blame if a suicide does occur?

16.10 Supporting children and young people in crisis

John Barnard
Service Lead CAMHS Crisis, Liaison and Home Treatment
Mita Saha *Team Manager, CAMHS Crisis and IHT Team*
& **Sarah Watson** *Clinical Nurse Specialist*
Tees Esk and Wear Valley NHS Foundation Trust

- CAMHS crisis and Intensive Home treatment service
- supporting children and young people in crisis
- our experience

16.35 Postvention – supporting families of suicide

David Colchester
Thames Valley Police

- offering real time post-vention support to communities and relatives
- increased support for young people who are bereaved
- identification of clusters
- working in partnership to improve prevention: the police role

17.00 *Questions and answers, followed by close*

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date

Friday 1 February 2019

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- £300 + VAT (£360.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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