

# Reducing & Managing Pressure Ulcers at the End of Life

## Second National Conference

Monday 21 January 2019 De Vere West One Conference Centre, London

10% card payments discount\*  
15% Group booking discount\*\*



### Chair and Speakers Include:

**Marie Cooper**

*Practice Development Lead  
Hospice UK*

**Trudie Young**

*Director of Education and Training  
Welsh Wound Innovation Centre*

### Supporting Organisations



# Reducing & Managing Pressure Ulcers at the End of Life

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*'Pressure ulcers at end of life should be classified in the same way as all pressure ulcers, and not be given a separate category.'* NHS Improvement June 2018

Wounds are a common occurrence in patients with terminal illnesses, it has been estimated that approximately one third of palliative care patients will experience a pressure ulcer. Pressure wounds are seen most often in elderly and terminally ill patients as a result skin failure — a naturally occurring process commonly associated with terminal illness wherein the skin begins to break down and die. At the end of life multiple risk factors can lead to pressure ulcers. The prevention and management of pressure ulcers at the end of life must also be balanced alongside the patients preferences presenting ethical dilemmas such as when prevention and active management should stop in the last days of life. This national conference focuses on the reduction and management of pressure ulcers at the end of life, from risk assessment to controlling pain and discomfort in the last days of life.

This event will enable you to:

- Network with colleagues who are working to improve pressure ulcer management at the end of life
- Learn from outstanding practice in prevention of pressure ulcers at the end of life
- Reflect on national developments and learning
- Understand the implications of and Implement the June 2018 Revised Recommendations for Pressure Ulcers in End of Life Care
- Develop your skills in the management of pressure ulcers, and reducing pain and discomfort at the end of life for patients with pressure ulcers
- Learn from case studies in managing pressure ulcers at the end of life in hospitals, at home and in hospices
- Understand how to effectively manage oncology pressure ulcers and malignant wounds
- Identify key strategies for managing ethical dilemmas with regard to refusal of treatment and when active treatment and management should stop
- Understand how to optimize nutrition and hydration to reduce the risk of pressure ulcers at the end of life
- Develop your skills in root cause analysis and learning from pressure ulcers
- Self assess and reflect on your own practice
- Gain cpd accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague

Follow the conversation on twitter #PUEndofLife

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## 09.50 Pre Conference Supplier Showcase

The supplier showcase will be optional for delegates to attend and will include 10 minute presentations from the key suppliers

### Deborah Newcombe

National Clinical Manager  
Medstrom

### Dolphin Fluid Immersion Therapy

- Do you recognise this patient?
- Dolphin Therapy
- Clinical Outcomes
- Case Study

## 10.00 Chair's Welcome and Introduction

**Marie Cooper** Practice Development Lead Hospice UK

## 10.15 Pressure Ulcers at the End of Life

### Trudie Young

Director of Education and Training  
Welsh Wound Innovation Centre

- the scale of the problem
- pressure ulcer risk at the end of life
- implications of the June 2018 NHS Improvement recommendations for Pressure Ulcers in End of Life Care
- ethical dilemmas: patients preferences and when terminally ill patients refuse pressure ulcer prevention and care
- pressure ulcer care in the last day of life: when should we stop prevention measures?

## 10.45 Pressure Ulcer Prevention at the End of Life

### Professor Jackie Stephen-Haynes

Professor in wound healing  
Birmingham City University

- skin changes at the end of life
- supporting staff to prevent, recognise and manage pressure ulcers towards the end of life
- what works in reducing pressure ulcers at the End of Life
- practical experiences and tips

11.15 Question and answers, followed by tea & coffee at 11.25

## 11.50 EXTENDED SESSION: Managing pressure ulcers at the End of Life

### Tina Chambers

Past Chair Tissue Viability Society,  
Tissue Viability Consultant Educator and Advisor

- Definitions and reporting of pressure ulcers - New guidance 2018
- Pressure ulcer classification
- How pressure ulcers develop and the implications for care at the end of life
- Pressure ulcer risk assessment
- Managing patient and carers expectation in prevention and management of pressure ulcers

12.50 Question and answers, followed by lunch at 13.00

## Pressure Ulcers at the End of Life: Case Studies in Practice

## 13.45 Reducing and managing pressure ulcers at home

### Prof Jackie Stephen-Haynes

Professor in wound healing  
Birmingham City University

- improving pressure ulcer prevention for end of life patients at home
- training carers to support the reduction of pressure ulcers
- our experience

## 14.15 Reducing and managing pressure ulcers in hospices

### Anne Nash

Consultant Nurse  
St Christopher's Hospice

- working to reduce pressure ulcers in hospices
- issues we see and prevention methods we use
- managing and reducing pain and discomfort associated with pressure ulcers
- comfort v healing
- working with patients to educate and improve practice

## 14.40 Case Study: Oncology Pressure Ulcers and Malignant Wounds

### Teresa Rocha

Aesthetic Nurse Practitioner, Injector and Prescriber and Former TVN  
Royal Marsden NHS Foundation Trust

- reducing pressure ulcers in oncology
- pressure ulcers and malignant wounds
- our experience in the Royal Marsden

## 15.00 Case Study: Older People in Care Homes Reducing Pressure Ulcers in Care Homes Improvement Programme

### Lesley Cruickshank

Quality Innovation Manager  
Essex County Council

- why do pressure ulcers happen in care homes?
- how can we reduce pressure ulcers in care homes?
- changing the culture to drive improvement: our experience

15.20 Question and answers, followed by tea & coffee at 15.30

## 15.45 Nutrition and Hydration and Pressure Ulcers

### Alison Smith

Prescribing Support Consultant Dietitian Herts Valley CCG  
& Chair of the Older People Specialist Group British Dietetic Association

- nutrition and hydration and pressure ulcers
- issues and challenges at the end of life
- our experience

## 16.15 Root Cause Analysis and investigation of pressure ulcers at the end of life including the Duty of Candour

### Mike O'Connell

Legal Services Practitioner

- a step by step guide to carrying out a root cause analysis of a avoidable Pressure Ulcer
- principles of effective RCA investigation
- learning from investigations and ensuring change occurs
- understanding your requirements under the duty of candour

17.00 Question and answers, followed by close

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Download

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#### > Your Details

(please complete a new form for each delegate. Photocopies are acceptable)

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Surname

Job Title

Department

Organisation

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Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box,   
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

#### This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

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#### Conference Documentation

I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

#### Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 21st January 2019

#### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
 £300 + VAT (£360.00) for voluntary sector / charities.  
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

#### \*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

#### \*\*Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

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#### Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

#### Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

#### Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email [carolyn@hc-uk.org.uk](mailto:carolyn@hc-uk.org.uk)

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