

A Healthcare Conferences UK Masterclass

Preventing Burnout in Health & Social Care Professions

How to maintain professional standards & support practitioners
For Health & Social Care Professionals

10% card payments discount*
15% group booking discount**

Monday 25 March 2019 De Vere West One Conference Centre, London



By the end of this masterclass delegates will be able to:

- Understand the prevalence of burnout in healthcare professions
- Explore how burnout affects individuals and wider organisational needs
- Take steps to recognise, prevent and manage the physical, mental and behavioural symptoms of burnout
- Learn how to work with The Equality Act, Fitness to Practice Requirements and Make Appropriate Reasonable Adjustments

Facilitated by:

Gareth Cronin Bsc(hons) CQSW, DCBT, DCG, CPM

Service Development Consultant and Trainer

ConsultPsychology



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In light of recent research studies from both the General Medical Council and the University of Manchester, the concerning issue of burnout in medical staff and its relationship with lower professional standards; staff absence; early retirement and recruitment shortages continue to be a major challenge for the NHS and social care providers. This innovative masterclass seeks to focus on a number interconnecting issues that are likely to be present: the issue of declining physical and mental health and how it impacts on performance and capability; the issue of stigma and how this relates to absenteeism and early retirement. Research indicates that the prevalence of burnout within healthcare professions approaches 25%.

Another key theme of the masterclass is understand and work with The Equality Act in relation to how to make reasonable adjustments whilst maintaining occupational standards and developing individual and team based prevention and relapse management techniques.

The aims of this masterclass are twofold:

1. To enable managers and heads of departments to recognise and deal with organisational factors that contribute to burnout and associated performance issues and
2. To equip health care professionals to recognise and act on the cumulative effect of emotional stress and pressure that arises with dealing with people with needs on a daily basis.

Facilitated by Gareth Cronin Bsc(hons) CQSW, DCBT, DCG, CPM. Gareth has over 30 years experience of working across a variety of settings within the field of mental health. He worked with Professor Simon Baron-Cohen, Professor Max Birchwood and Professor Lewis Wolpert at Conferences. He has delivered master classes to CEOs on emotional resilience and to Post Doctorates at Cambridge University.

Programme

09:00 Registration, Tea & Coffee

09:30 Welcome and Overview of the Day

09:45 Session 1: What is Burnout?
Causation, Individual and Organisational Factors

10:45 Tea & Coffee

11:00 Session 2: Case Management
Interactive Group work

12:30 Lunch

13:30 Session 3: Fitness to Practice,
Equality and Reasonable Adjustments

14:30 Tea & Coffee

14.45 Session 3 continuation

15:30 Recap, Handouts

16.00 Close

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Conference Registration

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How to book

Book with credit card and receive a 10% discount*

www.healthcareconferencesuk.co.uk

Fax the booking form to
0208 181 6491

Post this form to Healthcare Conferences UK
8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box,
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

> Payment

By Cheque A cheque for is enclosed

Please make Cheques Payable to: Healthcare Conferences UK Ltd.

By Invoice Please send an invoice to

Name

Organisation

Address

Postcode

PURCHASE ORDER NUMBER
(If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.

By BACS

For Payments in £: Sort Code 40-46-22 Account No. 21553690

Please send your BACS remittance form as confirmation of payment

Your BACS Reference

By credit card Please debit my Visa/Mastercard/Switch **All sections must be completed**

Cardholder's Name

Card No.

Valid From

Expiry Date

Issue No. (switch only)

You will be contacted during the processing of your booking to confirm the payment card security code. (this is the last three digits of the number printed on the back of your card)

Signature

Card billing address

Promotional Code

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date

Monday 25 March 2019

Conference Fee

- £395 + VAT (£474.00) for NHS, Social care, private healthcare organisations and universities.
 £549.00 + VAT (£658.80) for Commercial organisations

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

*Card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

**Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Credits

CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.



For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

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