Health and Social Care Workforce Development

Preventing Stress and Enhancing Workforce Resilience

Thursday 4 April 2019  De Vere W1 Conference Centre London

Chair and speakers include:

Prof Simon Gregory
Director and Dean of Education and Quality, Midlands and East, Health Education England
Programme Clinical Director
Mental Wellbeing Review

Adam Kay
Writer, Comedian, Former Junior Doctor and Author
‘This is Going to Hurt’

Sir David Behan
Chair
Health Education England (HEE)

Health Education England funded places available to NHS Staff
https://www.healthcareconferencesuk.co.uk/health-social-care-workforce-development

The National Workforce Skills Development Unit is a service commissioned from The Tavistock and Portman NHS Foundation Trust by Health Education England.
The 2019 Mental Health Workforce Development Conference will give special attention to the NHS workforce of the future. As the world copes with growing economic, political, environmental and social changes, what can NHS organisations do to sustain the health and productivity of their workers? Staff are the NHS’ greatest asset, however, managing such numbers, within a complex, multi-faceted NHS organisation, cannot be underestimated. The Five Year Forward View stresses the importance of the physical and mental wellbeing of the NHS workforce. It predicts that measures to improve employee health could cut sickness by a third (the equivalent of 15,000 extra staff). It further argues that changes to working conditions and a stronger culture of engagement and well-being would help boost morale and staff retention.

Resilience is the ability of the workforce to thrive in the face of change and disruption. A day-long national Mental Health Workforce Development: Stress and Resilience Conference is a timely event to present you with strategies NHS organisations can use to ensure their employees thrive through stress and chaos in today’s NHS world of uncertainty.

This conference is suitable for
• Workforce development professionals who have accountability, responsibility for wellbeing at work and workforce development,
• HR directors, HR deputies,
• Medical, clinical and nursing directors,
• Education and training Directors,
• Commissioners
• Delegates from non-mental health setting who share the MH agenda

Spaces available to NHS Staff only. As there are limited places on this conference, delegate applications will be reviewed by the National Workforce Skills Development Unit. Please do not make travel arrangements until confirmation has been received.

The conference programme will discuss resilience, review existing mental health workforce initiatives and propose ways forward. Practical case studies will serve to share best practice and provide the inspiration for wider adoption across the wider system around engagement, retention, and health and wellbeing. Casual networking will offer you the opportunity for further knowledge sharing and introductions with fellow professionals. This conference is the platform to analyse issues, offer solutions and aspire to a positive future. We hope you join us!

This free conference is funded by Health Education England as part of the National Mental Health, Dementia and Learning Disability Programme Board’s work in improving the NHS workforce. Our collaborative partners include:
• Avon and Wiltshire Mental Health Partnership NHS Trust
• Birmingham and Solihull Mental Health NHS Foundation Trust
• Lancashire Care NHS Foundation Trust
• Mersey Care NHS Foundation Trust
• Nottinghamshire Healthcare NHS Foundation Trust
• Oxford Health NHS Foundation Trust
• The Tavistock and Portman NHS Foundation Trust

Visit our website www.healthcareconferencesuk.co.uk or tel 01932 429933 fax 0208 1816491
10.00 Opening Remarks and Welcome from the Chair
Paul Jenkins  Chief Executive Officer Tavistock and Portman NHS Foundation Trust

10.10 Scene setting: The role of HEE in preventing stress and enhancing workforce resilience
Sir David Behan  Chair Health Education England (HEE)

10.30 Opening Keynote Session: Who cares for those that care for the Nation?
Professor Simon Gregory  Deputy Medical Director (Primary and Integrated Care) Health Education England

This commission, led by Sir Keith Pearson in his time as Chair of HEE and Professor Simon Gregory, Programme Clinical Director, focuses on the mental wellbeing of NHS staff and learners. The commission examines the culture of learning and work for individuals by generating unique insights and reviewing evidence of good practice and interventions across the country.

10.55 Resilience in the Workplace
Dr Paul Litchfield  Chair What Works Centre for Wellbeing & Former Chief Medical Officer BT

Mental ill health compromises organisational effectiveness, the focus needs to be on promoting good health & wellbeing, success requires a focus on organisational health as well as individual health and a structured approach delivers results.

11.20 Question and answers, followed by tea & coffee and exhibition

11.50 ‘This is Going to Hurt’
Adam Kay  Writer, Comedian, Former Junior Doctor and Author

‘This is Going to Hurt’ Setting the context for the workshops - presentation based on Kay’s best-selling book about his experiences of being a junior doctor. This workshop will reinforce the need for the work carried out as part of the HEE commissioned work around workplace stress and organisational resilience.

12.20 Panel: the contemporary health workforce
Chair: Paul Burstow  Chair Tavistock & Portman NHS Foundation Trust
Felix Manders-Wilde  Student Nurse York University
Alex Sumpner  F1 Doctor Calderdale & Huddersfield NHS FT
Matthew Laycock  Nurse Tees, Esk and Wear Valleys NHS FT
Bumi Akinmutande  Complaints Manager Barts Health NHS Trust

The panel will discuss the ‘on the ground’ challenges in the contemporary workforce: what causes stress and limits resilience, and any changes which have either worked or not worked – and their views of the future. The panel will comprise various healthcare workers to enable a balanced discussion - and will be facilitated by a skilled chair.

12.55 Staff psychological wellbeing and supportive organisation
Chris Caldwell  Director of Nursing & National Workforce Skills Development Unit
Ian Tegerdine  Associate Director of the National Mental Health Workforce Skills Unit Tavistock & Portman NHS Foundation Trust

This session will explore the HEE Commissioned staff psychological wellbeing and supportive organisation model and how it can be used in organisations implementing organisational development interventions. The talk will also discuss the further work of the National Workforce Skills Development Unit and HEE Mental Health Programme Board around the NHS workforce, including projects in new roles and mental health careers.

13.15 Summary of morning’s discussions/learning points and brief introduction to afternoon’s workshops
Paul Jenkins  Chief Executive Officer Tavistock and Portman NHS Foundation Trust

13.30 Lunch and Market Place

14.30 CONFERENCE CONTINUES AND SPLITS INTO WORKSHOPS
Delegates will attend 2 workshops from the choices below - one at 14.30 and one at 15.45
You can state your choices on the booking form

Workshop 1  Exploring a framework for workforce resilience and the supportive organisation
Workshop 2  The Wounded Healer
Workshop 3  The Roadmap to Improving Health and Wellbeing
Workshop 4  Creating a culture of compassionate and inclusive leadership
Workshop 5  Allowing psychological space in healthcare and the application of Schwartz Centre Rounds
Workshop 6  Supportive reflective practice

15.30 Afternoon break and exhibition

15.45 WORKSHOP CHOICE 2

16.45 Conference closes
Workshop Programme
All Delegates will attend 2 workshops which are repeated at 14.30 and 15.45

Workshop 1: Exploring a framework for workforce resilience and the supportive organisation

Rob Hardy
Programme Manager, National Workforce Skills Development Unit
Tavistock & Portman NHS Foundation Trust

Robyn Vesey
Organisational Consultant
Tavistock Consulting

Workshop exploring the work and demonstrating how it has been used in testing organisations. The workshop aims to explore the benefits of employing the new framework in organisations and discuss the practical impacts of use.

Workshop 2: The Wounded Healer

Lucy Warner
Chief Executive
NHS Practitioner Health Programme

This workshop explores the concept of the Wounded Healer – discussing the often strained emotional resilience of doctors and exploring the changes to systems needed to better support this staff group.

Workshop 3: The Roadmap to Improving Health and Wellbeing

Jessica Scrimshaw
Programme Lead, Nursing Retention

Louise Murray
Senior Programme Officer
NHS Employers

NHS England has worked with twelve NHS organisations to create a new Health and Wellbeing Framework and accompanying diagnostic tool to help NHS organisations plan and implement their own approach for improving staff health and wellbeing. This framework has been developed by NHS Employers, NHS England and NHS Improvement with support from partners across the NHS, voluntary sector and government to bring best practice, research and insights together in one accessible place for the first time for NHS organisations.

Workshop 4: Creating a culture of compassionate and inclusive leadership

Louise Pratt
Project Lead - Health and Wellbeing

and Diane Oakley
Workforce Improvement Lead - Health and Wellbeing
NHS improvement

The culture of an organisation or system shapes the behaviour of everyone in it, the quality of care it provides and its overall performance. As the NHS re-organises itself to meet the challenges it faces now and, in the future, focusing on culture is as important as ever.

Workshop 5: Allowing psychological space in healthcare and the application of Schwartz Centre Rounds

Jocelyn Cornwell
Chief Executive
The Point of Care Foundation

with Rebecca Myers
Executive Coach
& Organisational Development Practitioner
Visiting Fellow School of Health & Social Care London Southbank University

The workshop will explore the purpose and value of Schwartz Rounds, how they work and the evidence for their impacts on individuals and organisations.

Workshop 6: Supportive reflective practice

Maxine Dennis
Consultant Clinical Psychologist and Psychoanalyst
Tavistock and Portman NHS Foundation Trust

This workshop explores the use of supportive reflective practice in a variety of healthcare environments.
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> How to book

Go to our website www.healthcareconferencesuk.co.uk/health-social-care-workforce-development/book
Fax the booking form to 0208 181 6491
Post this form to Healthcare Conferences UK
8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

[ ] Dr [ ] Mr [ ] Mrs [ ] Ms (Please Circle)

First Name ____________________________ Surname ____________________________
Job Title ____________________________
Department ____________________________
Organisation (spaces are only available to NHS organisations)
Address ____________________________ Postcode ____________________________
Telephone ____________________________ Fax ____________________________
Email ____________________________

Please specify any special dietary or access requirements ____________________________

Workshop 1 14.30
Workshop 2 15.45

Choose one of the two workshops you would like to attend - workshops are 1 hour and repeated at 14.15 and 15.45

Workshop 1: Exploring a framework for workforce resilience and the supportive organisation
Workshop 2: The Wounded Healer
Workshop 3: The Roadmap to Improving Health and Wellbeing
Workshop 4: Creating a culture of compassionate and inclusive leadership
Workshop 5: Allowing psychological space in healthcare and the application of Schwartz Centre Rounds
Workshop 6: Supportive reflective practice

Venue
De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Thursday 4 April 2019

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Confirmation of Booking
All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Credits
CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.

Accommodation
On confirmation of your booking you will receive information for booking accommodation should you require it.

Data Protection - This booking represents a contract between Healthcare Conferences UK and yourself as a delegate at this event. The information provided will be held on the Healthcare Conference UK’s database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive information from these companies, please tick this box.

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