A Practical Guide to Effective Nurse Prescribing in Mental Health
For Current and Aspiring Nurse Prescribers
Monday 10th June 2019 De Vere West One Conference Centre, London

Speakers Include:
Dr Neil Brimblecombe  
Professor of Mental Health  
London South Bank University

Chris Bell  
Standards Development Specialist  
Nursing and Midwifery Council

Kirsty Fishburn  
Programme Director Mental Health & NMP Module Leader  
University of Hull

Supporting Organisations

Prescriber  
Association for Prescribers  
Journal of Prescribing Practice  
Good Governance Institute  
CPD Certified  
Healthcare Conferences UK
A Practical Guide to Effective Nurse Prescribing in Mental Health

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“The number of nurse prescribers has increased over the last few years. Nurse prescribers are increasingly prescribing in a form (‘independent prescribing’) that makes them independently responsible for prescribing decisions without working to a plan laid out by a doctor. Mental health organisations are increasingly planning in a systematic way how to identify, train and ensure good practice in nurse prescribing”

National survey of nurse prescribing in mental health services; a follow-up 6 years on D. Dobel-Ober PhD N. Brimblecombe RN, PhD

Chaired by Prof Neil Brimblecombe, Professor of Mental Health, London South Bank University, this conference will look at national developments in nurse prescribing in mental health, improving and maintaining prescribing competence and the use of the national prescribing competency framework in mental health. Chris Bell, Standards Development Specialist, Nursing and Midwifery Council will give an update on new NMC Standards for prescribing programmes. Extended sessions will focus on developing your skills as an effective nurse prescriber and case studies will demonstrate established practice in nurse prescribing within dual diagnosis, mental health crisis services, and physical health monitoring. The conference will also look at developing nurse prescribing including auditing your prescribing practice, and supporting the expansion of nurse prescribing practice in Mental Health.

This conference will enable you to:

• Network with colleagues who are working to develop their skills in nurse prescribing practice in a mental health setting
• Learn from outstanding practice in improve care through nurse prescribing
• Reflect on national developments and learning
• Understand where nurse prescribing is working well in mental health
• Develop confidence and competence in your ability to prescribe
• Improve the way you use the National Prescribing Competency Framework
• Ensure the support is in place to prescribe effectively
• Understand how you can support, audit and expand nurse prescribing practice
• Learn from case studies in dual diagnosis, physical health monitoring and mental health crisis
• Identify key strategies for reducing polypharmacy and deprescribing
• Ensure you are up to date with the latest evidence
• Self assess and reflect on your own practice
• Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague
10.00 Chair’s Welcome and Introduction

10.10 Nurse Prescribing in Mental Health
Prof Neil Brimblecombe
Professor of Mental Health in the Health and Social Care Department
London South Bank University,
and former Director of Nursing
South London and Maudsley NHS Foundation Trust

• how non medical prescribing is being used in mental health settings in the UK
• developing confidence and competence in your ability to prescribe
• the benefits of nurse prescribing in mental health
• our experience

10.40 NMC Update: The revised Prescribing Standards for Medicines Management: adopting the RPS framework
Chris Bell
Standards Development Specialist
Nursing and Midwifery Council

• proposals to adopt the Royal Pharmaceutical Society's (RPS) Single Competency Framework for All Prescribers as our standards of proficiency for prescribing practice
• the revised prescribing standards for medicines management
• how the framework can support revalidation and the code of practice
• moving forward

11.10 Question and answers, followed by tea & coffee at 11.20

11.50 EXTENDED SESSION: Maintaining and improving competence in non medical prescribing practice
Anthony Ackroyd
Specialist Practitioner/Independent Prescriber
Navigo Health and Social Care CiC

• diagnostic assessment and prescribing
• physical health assessment
• providing holistic assessment, physical health monitoring and medication management in a clinic
• Nurse led prescribing clinics: our experience

12.00 Nurse/Non Medical Prescribing in the management of co-occurring mental health, alcohol and drugs (COMHAD)
Justine Trippier
Consultant Nurse, Adult Mental Health
Oxleas NHS Foundation Trust

• non medical prescribing in for addictions and mental health conditions in mental health services
• my experience as an independent prescriber: the challenges and successes
• establishing scope for nurse-led addictions and mental health prescribing within mental health services

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13.00 Question and answers, followed by lunch at 13.10

14.00 The National Prescribing Competency Framework and Mental Health
Kirsty Fishburn
Programme Director for Mental Health, & Module Leader for Non Medical Prescribing, University of Hull

• the national prescribing competency framework and mental health
• improving non medical prescribing practice
• developing advanced roles around non medical prescribing
• auditing prescribing practice
• keeping your prescribing knowledge up-to-date: accessing education, training and resources

14.30 EXTENDED SESSION: Prescribing for physical health issues in a mental health setting
Linda Nazarko OBE
Consultant Nurse
West London NHS Trust

• The challenges of physical health in mental health settings.
• Engaging, history taking, examination and diagnosis in mentally unwell people with case histories
• Adapting prescribing practice to take account of patient views
• Promoting well being

15.15 Question and answers, followed by tea & coffee

15.45 Supporting and expanding nurse prescribing within a mental health trust
Alison Blofield
Consultant Nurse/ Approved & Responsible Clinician, Professional Lead Mental Health Nursing
Shropshire Care Group, Midlands Partnership NHS Foundation Trust

• supporting newly qualified NMPs to ensure qualifications are put to good use
• which services are currently using non medical prescribing
• expanding the use of non medical prescribers
• ensuring a strategic view of prescribing practice
• supervision and support
• our experience

16.15 Pharmacist Prescribing in clinic: Case study Patients on Clozapine
Katy McLachlan
Advanced Specialist Information Pharmacist
South West London and St Georges Mental Health NHS Trust

• Non medical prescribing in a clinic setting
• Ensuring effective medication management
• Our experience and the impact on outcomes

16.45 Question and answers, followed by close
## Nurse Prescribing in Mental Health

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### Conference Registration

**Postal**  
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- **Credit card Discount**
  10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

- **Group Rates**
  A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

**Documentation**

- I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

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For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

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**Venue**
De Vere West One, 9-10 Portland Place, London, W1B 1PR.  
A map of the venue will be sent with confirmation of your booking.  

**Date**
Monday 10 June 2019

**Conference Fee**

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| £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
| £195 + VAT (£234.00) for voluntary sector / charities.  
| £495 + VAT (£594.00) for commercial organisations.  

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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**Accommodation**
On confirmation of your booking you will receive information for booking accommodation should you require it.

**Confirmation of Booking**
All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

**Exhibition**
If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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