A Practical Guide to Effective

Non Medical Prescribing
in Mental Health

For Current and Aspiring Non Medical Prescribers

Monday 10th June 2019 De Vere West One Conference Centre, London

Speakers Include:
Dr Neil Brimblecombe
Professor of Mental Health
London South Bank University

Chris Bell
Standards Development Specialist
Nursing and Midwifery Council

Kirsty Fishburn
Programme Director Mental Health & NMP Module Leader
University of Hull

Supporting Organisations
A Practical Guide to Effective Non Medical Prescribing in Mental Health

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“The number of nurse prescribers has increased over the last few years. Nurse prescribers are increasingly prescribing in a form (‘independent prescribing’) that makes them independently responsible for prescribing decisions without working to a plan laid out by a doctor. Mental health organisations are increasingly planning in a systematic way how to identify, train and ensure good practice in nurse prescribing”

National survey of nurse prescribing in mental health services; a follow-up 6 years on D. Dobel-Ober PhD N. Brimblecombe RN, PhD

Chaired by Prof Neil Brimblecombe, Professor of Mental Health, London South Bank University, this conference will look at national developments in non medical prescribing in mental health, improving and maintaining prescribing competence and the use of the national prescribing competency framework in mental health. Extended sessions will focus on developing your skills as an effective non medical prescriber and case studies will demonstrate established practice in non medical prescribing within dual diagnosis, mental health crisis services, and physical health monitoring. The conference will also look at developing non medical prescribing including auditing your prescribing practice, and supporting the expansion of non medical prescribing practice in Mental Health.

This conference will enable you to:

• Network with colleagues who are working to develop their skills in non medical prescribing practice in a mental health setting
• Learn from outstanding practice in improve care through non medical prescribing
• Reflect on national developments and learning
• Understand where non medical prescribing is working well in mental health
• Develop confidence and competence in your ability to prescribe
• Improve the way you use the National Prescribing Competency Framework
• Ensure the support is in place to prescribe effectively
• Understand how you can support, audit and expand non medical prescribing practice
• Learn from case studies in dual diagnosis, physical health monitoring and mental health crisis
• Identify key strategies for reducing polypharmacy and deprescribing
• Ensure you are up to date with the latest evidence
• Self assess and reflect on your own practice
• Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague
### 10.10 Non Medical Prescribing in Mental Health

**Prof Neil Brimblecombe**  
Professor of Mental Health in the Health and Social Care Department  
London South Bank University,  
and former Director of Nursing  
South London and Maudsley NHS Foundation Trust  

- how non-medical prescribing is being used in mental health settings in the UK  
- developing confidence and competence in your ability to prescribe  
- the benefits of non medical prescribing in mental health  
- our experience

### 10.40 The revised Prescribing Standards for Medicines Management: adopting the RPS framework

**Chris Bell**  
Standards Development Specialist  
Nursing and Midwifery Council  

- proposals to adopt the Royal Pharmaceutical Society’s (RPS) Single Competency Framework for All Prescribers as our standards of proficiency for prescribing practice  
- the revised prescribing standards for medicines management  
- how the framework can support revalidation and the code of practice  
- moving forward

### 11.10 Question and answers, followed by tea & coffee at 11.20

### 11.50 EXTENDED SESSION: Maintaining and improving competence in non medical prescribing practice

**Speaker to be announced**

- diagnostic assessment and prescribing  
- physical health assessment  
- providing holistic assessment, physical health monitoring and medication management in a clinic  
- Nurse led prescribing clinics: our experience

### 12.30 The National Prescribing Competency Framework and Mental Health

**Kirsty Fishburn**  
Programme Director for Mental Health,  
& Module Leader for Non Medical Prescribing,  
University of Hull  

- the national prescribing competency framework and mental health  
- improving non medical prescribing practice  
- developing advanced roles around non medical prescribing  
- auditing prescribing practice  
- keeping your prescribing knowledge up-to-date: accessing education, training and resources

### 13.00 Question and answers, followed by lunch at 13.10

### Case Studies in Practice

#### 14.00 Non Medical Prescribing in the management of co-occurring mental health, alcohol and drugs

**Justine Trippier**  
Consultant Nurse, Adult Mental Health  
Oxleas NHS Foundation Trust  

- non medical prescribing in for addictions and mental health conditions in mental health services  
- my experience as an independent prescriber: the challenges and successes  
- establishing scope for nurse-led addictions and mental health prescribing within mental health services

### 14.30 Non Medical Prescribing supporting people experiencing mental health crisis

**Speaker to be announced**

- improving specialist mental healthcare in the emergency department  
- coordinating care planning for the complex client group of people with mental health problems who are high-intensity users of emergency services  
- the use of non medical prescribing in mental health crisis care  
- our experience

### 15.00 Question and answers, followed by tea at 15.10

### 15.20 EXTENDED SESSION: Prescribing for physical health issues in a mental health setting

**Linda Nazarko OBE**  
Nurse Consultant  
West London NHS TrustConsultant Nurse and Clinical Director,  
Midlands Partnership NHS Foundation Trust  

- the challenges of physical health in mental health settings.  
- engaging, history taking, examination and diagnosis in mentally unwell people with case histories  
- adapting prescribing practice to take account of patient views  
- promoting well being

### 16.00 Supporting and expanding nurse prescribing within a mental health trust

**Alison Blofield**  
Consultant Nurse / Approved & Responsible Clinician, Professional Lead  
Mental Health Nursing  
Shropshire Care Group, Midlands Partnership NHS Foundation Trust  

- supporting newly qualified NMPs to ensure qualifications are put to good use  
- which services are currently using non medical prescribing  
- expanding the use of non medical prescribers  
- ensuring a strategic view of prescribing practice  
- supervision and support  
- our experience

### 16.30 Pharmacist Prescribing in clinic: Case study Patients on Clozapine

**Katy McLachlan**  
Advanced Specialist Information Pharmacist  
South West London and St Georges Mental Health NHS Trust  

- non medical prescribing in a clinic setting  
- ensuring effective medication management  
- our experience and the impact on outcomes

### 17.00 Question and answers, followed by close
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Monday 1 June 2019
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Conference Registration

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Monday 1 June 2019
De Vere West One Conference Centre, London

Venue
De Vere West One, 9-10 Portland Place, London, W1B 1PR

Date
Monday 10 June 2019

Conference Fee
- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- £300 + VAT (£360.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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