A Practical Guide to Effective

Non Medical Prescribing in Mental Health

For Current and Aspiring Non Medical Prescribers

Monday 10th June 2019 De Vere West One Conference Centre, London

Speakers Include:

Dr Neil Brimblecombe
Professor of Mental Health
London South Bank University

Chris Bell
Standards Development Specialist
Nursing and Midwifery Council

Kirsty Fishburn
Programme Director Mental Health & NMP Module Leader
University of Hull
“The number of nurse prescribers has increased over the last few years. Nurse prescribers are increasingly prescribing in a form (‘independent prescribing’) that makes them independently responsible for prescribing decisions without working to a plan laid out by a doctor. Mental health organisations are increasingly planning in a systematic way how to identify, train and ensure good practice in nurse prescribing”

National survey of nurse prescribing in mental health services; a follow-up 6 years on D. Dobel-Ober PhD N. Brimblecombe RN, PhD

Chaired by Prof Neil Brimblecombe, Professor of Mental Health, London South Bank University, this conference will look at national developments in non medical prescribing in mental health, improving and maintaining prescribing competence and the use of the national prescribing competency framework in mental health. Extended sessions will focus on developing your skills as an effective non medical prescriber and case studies will demonstrate established practice in non medical prescribing within dual diagnosis, mental health crisis services, and physical health monitoring. The conference will also look at developing non medical prescribing including auditing your prescribing practice, and supporting the expansion of non medical prescribing practice in Mental Health.

This conference will enable you to:

- Network with colleagues who are working to develop their skills in non medical prescribing practice in a mental health setting
- Learn from outstanding practice in improve care through non medical prescribing
- Reflect on national developments and learning
- Understand where non medical prescribing is working well in mental health
- Develop confidence and competence in your ability to prescribe
- Improve the way you use the National Prescribing Competency Framework
- Ensure the support is in place to prescribe effectively
- Understand how you can support, audit and expand non medical prescribing practice
- Learn from case studies in dual diagnosis, physical health monitoring and mental health crisis
- Identify key strategies for reducing polypharmacy and deprescribing
- Ensure you are up to date with the latest evidence
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague
10.00 Chair’s Welcome and Introduction

10.10 Non Medical Prescribing in Mental Health

Chris Bell
Standards Development Specialist
Nursing and Midwifery Council

- proposals to adopt the Royal Pharmaceutical Society's (RPS) Single Competency Framework for All Prescribers as our standards of proficiency for prescribing practice
- the revised prescribing standards for medicines management
- how the framework can support revalidation and the code of practice
- moving forward

10.40 The revised Prescribing Standards for Medicines Management: adopting the RPS framework

Chris Bell
Standards Development Specialist
Nursing and Midwifery Council

- proposals to adopt the Royal Pharmaceutical Society’s (RPS) Single Competency Framework for All Prescribers as our standards of proficiency for prescribing practice
- the benefits of non medical prescribing in mental health
- our experience

11.10 Question and answers, followed by tea & coffee at 11.20

11.50 EXTENDED SESSION: Maintaining and improving competence in non medical prescribing practice

Anthony Ackroyd
Specialist Practitioner/Independent Prescriber
Navigo Health and Social Care CiC

- diagnostic assessment and prescribing
- physical health assessment
- providing holistic assessment, physical health monitoring and medication management in a clinic
- Nurse-led prescribing clinics: our experience

12.30 Non Medical Prescribing in the management of co-occurring mental health, alcohol and drugs

Justine Trippier
Consultant Nurse, Adult Mental Health
Oxleas NHS Foundation Trust

- non medical prescribing in for addictions and mental health conditions in mental health services
- my experience as an independent prescriber: the challenges and successes
- establishing scope for nurse-led addictions and mental health prescribing within mental health services

13.00 Question and answers, followed by lunch at 13.10

14.00 The National Prescribing Competency Framework and Mental Health

Kirsty Fishburn
Programme Director for Mental Health, & Module Leader for Non Medical Prescribing, University of Hull

- the national prescribing competency framework and mental health
- improving non medical prescribing practice
- developing advanced roles around non medical prescribing
- auditing prescribing practice
- keeping your prescribing knowledge up-to-date: accessing education, training and resources

14.30 EXTENDED SESSION: Prescribing for physical health issues in a mental health setting

Linda Nazarko OBE
Nurse Consultant
West London NHS Trust

- the challenges of physical health in mental health settings
- engaging, history taking, examination and diagnosis in mentally unwell people with case histories
- adapting prescribing practice to take account of patient views
- promoting well being

15.00 Question and answers, followed by tea at 15.10

15.45 Supporting and expanding nurse prescribing within a mental health trust

Alison Blofield
Consultant Nurse / Approved & Responsible Clinician, Professional Lead Mental Health Nursing
Shropshire Care Group, Midlands Partnership NHS Foundation Trust

- supporting newly qualified NMPs to ensure qualifications are put to good use
- which services are currently using non medical prescribing
- ensuring a strategic view of prescribing practice
- supervision and support
- our experience

16.15 Pharmacist Prescribing in clinic: Case study Patients on Clozapine

Katy Mclachlan
Advanced Specialist Information Pharmacist
South West London and St George's Mental Health NHS Trust

- Non medical prescribing in a clinic setting
- Ensuring effective medication management
- Our experience and the impact on outcomes

16.45 Question and answers, followed by close
Non Medical Prescribing in Mental Health
For Current and Aspiring Non Medical Prescribers
Monday 10 June 2019
De Vere West One Conference Centre, London

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(Please complete a new form for each delegate. Photocopies are acceptable)

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Surname
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Department
Organisation
Address

Postcode
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Fax
Email

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Venue
De Vere West One, 9-10 Portland Place, London, W1B 1PR
A map of the venue will be sent with confirmation of your booking.

Date Monday 10 June 2019

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