Fifth National Conference
Measuring, Monitoring and Improving Outcomes in Mental Health

Tuesday 18 January 2011  Cavendish Conference Centre, London

Topics include:
- The New Mental Health Strategy
- Measuring and monitoring clinical outcomes in mental health
- Involving users in setting goals and outcome measures
- Using Patient Reported Outcomes in mental health
- Preparing mental health organisations for GP commissioning: the importance of quality and evidence
- Measuring and monitoring outcomes in high risk services: lessons from a user led service
- Recovery outcomes: measuring user defined goals and quality of life outcomes for recovery
- Measuring, monitoring and improving social care outcomes
- Demonstrating meaningful outcomes improvement: learning from the success of the IAPT programme
- Supporting clinicians in routine clinical outcomes measurement
- Looking ahead: GP Commissioning for improved outcomes in mental health

Chair and speakers include:
Dr Ian McPherson
Director
The National Mental Health Development Unit

Dr Hugh Griffiths
Acting National Director for Mental Health
Department of Health

Dr Laurence Mynors-Wallis
Registrar
The Royal College of Psychiatrists
Medical Director and Consultant Psychiatrist
Dorset HealthCare
University NHS Foundation Trust

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Mental Health 2011
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“...what we really need is a wholesale shift in emphasis to give mental health parity with physical health in the NHS. Our NHS White Paper – with its plans to replace process targets with a new focus on patient outcomes - will help to achieve this. Over this summer, we are discussing with patients and clinicians which “outcome” measures should be used to judge the health service in the future. I passionately believe a person’s general well-being and overall mental health should form part of this assessment. There is no health without good mental health and certainly no well-being… The NHS should deal with the full parameters of a patient’s recovery, including helping them return to work and get their life back after illness. That’s what the new outcomes framework should deliver… In the months ahead, ministers from the Department of Health and across government will reshape mental health strategy to set clear outcomes and offer a roadmap for delivering them. Of course, all this has to be achieved in a difficult financial context. But even in these tough circumstances, we can move forward in mental health - and, by doing so, we can land a major blow against poverty and deprivation…”

Paul Burstow Care Services Minister
Department of Health, Care services minister outlines revised mental health strategy, September 2010
www.communitycare.co.uk

Policy around mental health is developing, in line with the Coalition Government’s emphasis on identifying what actually happens to the health of the patient – the outcome – as a result of the treatment and care they receive, as well as giving major importance to the voice of patients and service users, and handing GPs a central commissioning role.* This one day conference chaired by Ian McPherson Director
The National Mental Health Development Unit provides an important update on improving outcomes in mental health with a focus on the new mental health strategy, due for release later this year. Ensuring well-being and good mental health forms a part of all outcomes assessment. Dr Hugh Griffiths Acting National Director for Mental Health Department of Health will discuss the new mental health strategy including how it was developed and the QIPP agenda.

“Mental health services – patients with mental health conditions are among the more vulnerable groups receiving NHS care and so specific emphasis should be placed on measuring their experiences. This improvement area could look at the different settings in which care is provided, for example, community mental health services and in-patient mental health services.”

Liberating the NHS: Transparency in outcomes – a framework for the NHS, July 2010

The conference includes a series of presentations on the patient and user perspectives including; involving users in setting goals and outcome measures, experiences and developments in monitoring and improving outcomes in a user led service and measuring user defined goals and quality of life through using the recovery star.

*Medical Health and well-being, www.dh.gov.uk, September 2010
### Chairman's Introduction

**Chairman:** Dr Ian McPherson  
*Director, The National Mental Health Development Unit*

### The New Mental Health Strategy

**Dr Hugh Griffiths**  
*Acting National Director for Mental Health*  
*Department of Health*

- How it was developed
- Improving services and public mental health
- A focus on outcomes
- The new system
- The QIPP agenda

### Measuring and Monitoring Clinical Outcomes in Mental Health

**Dr Laurence Mynors-Wallis**  
*Registrar*  
*The Royal College of Psychiatrists*  
*Medical Director and Consultant Psychiatrist,*  
*Dorset HealthCare University NHS Foundation Trust*

- Measuring and monitoring clinical outcomes in Mental Health as an integral part of practice
- Measuring outcomes for individual patients and groups
- Ensuring outcomes are holistic and user centred
- Incorporating outcome measures into pathways of care

### Involving Users in Setting Goals and Outcome Measures

**Speaker to be announced**

- Who defines success in mental health?
- The role of service user defined outcome measures
- Incorporating user defined outcome measures into service delivery at an individual, department and organisational performance level
- Examples in practice

### Using Patient Reported Outcomes in Mental Health

**Professor Robert Hunter**  
*Associate Director of Research and Development*  
*NHS Greater Glasgow and Clyde*  
*Clinical Director,*  
*The Psychiatric Research Institute for Neuroscience Glasgow*

**Patient Reported Outcome Measures (PROMs) explained**

- Involving service users in the development of PROMs for Mental Health
- Comparing outcome data in everyday clinical settings from patient-rated, objective and clinician rated data

### Preparing Mental Health Organisations for GP Commissioning: The Importance of Quality and Evidence

**Professor Christopher Thompson**  
*Chief Medical Officer*  
*The Priory*

- What will GP commissioners need to know about providers?
- How can mental health organisations prove their quality?
- Which outcomes matter to GPs?

### Measuring and Monitoring Outcomes in High Risk Services: Lessons from a User Led Service

**Fiona Venner**  
*Project Manager*  
*Leeds Survivor Led Crisis Service*

- Defining success in high risk services
- Working with service users to accept and embrace risk in a non medical respite centre for those in crisis
- Our experiences and developments in monitoring and improving outcomes in a user led service

### Recovery Outcomes: Measuring User Defined Goals and Quality of Life Outcomes for Recovery

**Yetunde Onifade**  
*Recovery Development Manager*  
*Mental Health Providers Forum*

- Understanding the use of a key working tool to enable and record progress
- Co-production in promoting recovery – implementing the star
- Analysing the data to improve services
- Promoting recovery focused outcomes

### Measuring, Monitoring and Improving Social Care Outcomes

**Jonathan Phillips**  
*Joint Chair, Mental Health Network,*  
*The Association of Directors of Adult Social Services and*  
*Director of Adults, Health and Social Care*  
*Calderdale Metropolitan Borough Council*

- Developing a whole systems collaborative approach to outcomes: working across health and social care to measure and improve outcomes
- Setting outcomes for return to employment
- How do we measure well-being outcomes?

### Demonstrating Meaningful Outcomes Improvement: Learning from the Success of the IAPT Programme

**Jeremy Clarke**  
*Chair New Savoy Partnership and*  
*National Advisor IAPT*

- Demonstrating meaningful outcomes improvement
- The measures used within the IAPT programme
- Payment for ‘reducing long term costs to the NHS’

### Supporting Clinicians in Routine Clinical Outcomes Measurement

**Kevin Smith**  
*Trust Outcomes Group*  
*South London and Maudsley NHS Foundation Trust*

- Supporting, enabling and empowering clinicians to monitor outcomes
- Identifying whether a change in outcomes is clinically significant
- Relating outcomes to context and interventions
- Our experience and developments at South London and Maudsley

### Looking Ahead: GP Commissioning for Improved Outcomes in Mental Health

**Dr Neil Deuchar**  
*Medical Director NHS West Midlands*  
*Consultant Psychiatrist and Associate Registrar*  
*(Medical Management)*  
*Royal College of Psychiatrists*

- GP Consortium commissioning: what lies ahead for mental health
- Integrating outcomes into the commissioning process
- Working in partnership with services users and the wider community to agree priorities for outcomes improvement
- Looking forward: commissioning priorities in mental health

**Chairman:** Dr Ian McPherson  
*Director, The National Mental Health Development Unit*

### Questions and Answers

- **17.00** Questions and answers, followed by close
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- £495 + VAT (£594.00) for commercial organisations.
- £300 + VAT (£360.00) for IHM members.

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