A Practical Guide to Improving Pain Management in Wound Care
For specialist and non-specialist pain and tissue viability staff

Thursday 27 January 2011
20 Cavendish Square, London

Topics include:

- Understanding prevalence of localised pressure ulcer related pain
- The importance of Pain Management in Wound Care for quality of life: understanding the patient experience of pressure ulcers
- Improving Pain Management in Wound Care: introducing the new Essence of Care benchmark for pain
- Communicating effectively with patients about pain in wound care
- Raising awareness of Pain Management in Wound Care: engaging the multidisciplinary team
- Assessing patients for pain and stress: the impact on wound healing
- Detecting and managing infection-related wound pain
- Minimising wound-related pain
- Improving quality of life for patients with leg ulcers in the community
- Moving forward: effective steps to eliminate pressure ulcer occurrence in hospital

Chair and speakers:

Professor Jane Nixon
Deputy Director Clinical Trials Research Unit, University of Leeds and Chair Tissue Viability Society

Daniel Blake
Policy Development Manager Action on Elder Abuse

Dr Michelle Briggs
Academic Unit Head, First Contact and Acute Care Institute of Health and Social Work, University of Leeds
“Patients tell us they start to feel pain before the pressure sore even appears, so it may be an important precursor to skin loss and an early warning sign. We’d like to identify new ways of preventing pressure ulcers in the first place, as well as treating them more effectively. This would help us to significantly improve people’s quality of life, which can otherwise be dominated by pain and discomfort.”

PROFESSOR JANE NIXON
DEPUTY DIRECTOR CLINICAL TRIALS RESEARCH UNIT, UNIVERSITY OF LEEDS AND CHAIR TISSUE VIABILITY SOCIETY

“Wound-related pain is common, highly subjective and can be particularly distressing for both patients and clinicians. It has multiple causes and, unfortunately, is often managed inadequately.”

WOUND INFECTION & PAIN MANAGEMENT MADE EASY WOUNDS INTERNATIONAL

Endorsed by the Tissue Viability Society, this one day conference will be chaired by Professor Jane Nixon Deputy Director Clinical Trials Research Unit, University of Leeds and Chair Tissue Viability Society who is leading research about the prevalence of pressure ulcers and whether pain can be used as an early predictor of pressure ulcers. Jane’s opening presentation will include understanding prevalence of localised pressure ulcer related pain with results from the Pressure Ulcer Programme of ReSEarch (PURPOSE), establishing the type and severity of localised pressure ulcer pain, and understanding the link between pain and skin classification.

After the morning coffee break the focus will shift to raising awareness of Pain Management in Wound Care. Dr Michelle Briggs Academic Unit Head, First Contact and Acute Care Institute of Health and Social Work, University of Leeds will discuss the importance of improving communication about pain between patients and health professionals, what words can be used effectively to express and identify levels of pressure ulcer pain, and points to consider when managing pain in older people with wounds.

The afternoon session will focus on assessing and responding to pain in wound care and improving Pain Management in Wound Care. Professor Dominic Upton Head of Psychological Sciences University of Worcester will discuss recognising that pain and stress can impact on wound healing, and offer practical advice for assessing and reducing pain and stress.

Mr Hamish Laing Director of Acute Care and Consultant Plastic Surgeon and Nigel Broad Charge Nurse Welsh Centre for Burns and Plastic Surgery ABM University Health Board, South Wales will deliver the closing presentation on moving forward and what effective steps are needed to eliminate pressure ulcer occurrence in hospital. Hamish and his colleagues were winners of the Safe Clinical Practice category of the Nursing Times/HSJ Awards 2010 for their work in reducing pressure ulcer occurrence across a whole health organisation. They will discuss developing and implementing a bundle of care interventions (the SKIN bundle) for patients at risk to significantly reduce pressure ulcer occurrence, using the “model for improvement” to achieve sustainable culture change, and spreading a zero-tolerance approach to pressure ulcers across the whole organisation.

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10.00 CHAIR’S WELCOME AND OPENING INTRODUCTION
Understanding prevalence of localised pressure ulcer related pain

Professor Jane Nixon
Deputy Director Clinical Trials Research Unit, University of Leeds and Chair Tissue Viability Society
- understanding prevalence of pressure ulcer related pain: results from the Pressure Ulcer Programme of ReSearch (PURPOSE)
- establishing the type and severity of localised pressure ulcer pain
- understanding the link between pain and skin classification
- determining whether pain has a role as a predictor of pressure ulcer development
- learning from the data and moving forward: recommendations

10.40 The importance of Pain Management in Wound Care for quality of life: understanding the patient experience of pressure ulcers

Daniel Blake
Policy Development Manager
Action on Elder Abuse
- understanding the affect pain from pressure ulcers can have on quality of life
- improving pain management to improve the patient experience and quality of care
- ensuring experiences of pain and pressure ulcers are taken seriously

11.05 Improving Pain Management in Wound Care: introducing the new Essence of Care benchmark for pain

Dr Emma Briggs
Lecturer
Florence Nightingale School of Nursing and Midwifery
King’s College London
- applying the new Essence of Care benchmark for pain in wound care
- developing a patient-focused approach to improving Pain Management in Wound Care
- improving pain management: the impact on quality of care

11.30 Questions and answers, followed by coffee and exhibition at 11.40

FOCUS: RAISING AWARENESS OF PAIN MANAGEMENT IN WOUND CARE

12.05 Communicating effectively with patients about pain in wound care

Dr Michelle Briggs
Academic Unit Head, First Contact and Acute Care
Institute of Health and Social Work, University of Leeds
- making sense of pain: improving communication about pain between patients and health professionals
- words used to express and identify level of pressure ulcer pain
- managing pain in older people with wounds: points to consider

12.30 Raising awareness of Pain Management in Wound Care: engaging the multidisciplinary team

Elizabeth McGinnis
Nurse Consultant – Tissue Viability
Leeds Teaching Hospitals NHS Trust
- increasing knowledge of wound pain of non-specialist staff
- educating non-specialist staff in monitoring and dealing with wound pain
- working collaboratively to ensure pain in wound care is not overlooked

12.55 Questions and answers, followed by lunch and exhibition at 13.05

FOCUS: ASSESSING AND RESPONDING TO PAIN IN WOUND CARE

14.00 Assessing patients for pain and stress: the impact on wound healing

Professor Dominic Upton
Head of Psychological Sciences
University of Worcester
- recognising that pain and stress can impact on wound healing
- assessing patients for pain and stress: practical advice
- techniques for reducing pain and stress during wound treatments

14.25 Detecting and managing infection-related wound pain

Elizabeth Mudge
Research Fellow
Department of Dermatology and Wound Healing
Cardiff University
- understanding wound infection-related factors contributing to increased pain severity
- prompt detection and management of infection-related wound pain
- treating the underlying cause of wound infection

14.50 Minimising wound-related pain

Kate Bowers
Acting Head of Department and
Lecturer in Clinical Nursing
Faculty of Health and Social Care, University of Hull
- observing and responding to changes in pain level
- pharmacological and non-pharmacological approaches to minimise wound-related pain
- good practice in wound dressing changes to reduce pain

15.15 Questions and answers, followed by tea and exhibition at 15.25

FOCUS: IMPROVING PAIN MANAGEMENT IN WOUND CARE

15.50 Improving quality of life for patients with leg ulcers in the community

Edwin Chamanga
Tissue Viability Nurse
City and Hackney PCT
- the role of community nurses in the assessment and management of leg ulcers
- understanding patients’ subjective experience: challenges
- working collaboratively and engaging the support of services to improve quality of life for patients with leg ulcers: our experience in City and Hackney

16.20 CLOSING PRESENTATION - Moving forward: effective steps to eliminate pressure ulcer occurrence in hospital

Mr Hamish Laing
Director of Acute Care and Consultant Plastic Surgeon
and Nigel Broad
Charge Nurse Welsh Centre for Burns and Plastic Surgery
ABM University Health Board, South Wales
- developing and implementing a bundle of care interventions (SKIN bundle) for patients at risk to significantly reduce pressure ulcer occurrence
- using the “model for improvement” to achieve sustainable culture change
- spreading a zero-tolerance approach to pressure ulcers across the whole organisation

Hamish and colleagues were winners of the Safe Clinical Practice category of the Nursing Times/HSJ Awards 2010 for their work in reducing pressure ulcer occurrence across a whole health organisation

16.50 Questions and answers, Close
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20 Cavendish Square, London, W1G ORN. A map of the venue will be sent with confirmation of your booking.

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Thursday 27 January 2011.

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