Hip Fracture Summit 2019
Ensuring adherence to the NICE Quality Standard

Friday 7 June 2019  De Vere W1 Conference Centre, London

Chair & Speakers Include:
Mr Martyn Parker  
Consultant Surgeon  
Peterborough and Stamford Hospitals NHS Foundation Trust

Mr Sam Parsons  
Consultant Orthopaedic Surgeon, Lead Consultant Hip Fracture  
West Suffolk Hospital NHS Foundation Trust

Prof Cameron Swift  
Emeritus Professor  
Consultant Physician  
Kings School of Medicine

Supporting Organisations

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“Hip fracture is the most common serious injury in older people. It is also the most common reason for older people to need emergency anaesthesia and surgery, and the commonest cause of death following an accident.”

National Hip Fracture Database Report 2018

“The total cost of fragility fractures to the UK has been estimated at £4.4 billion which includes £1.1 billion for social care; hip fractures account for around £2 billion of this sum…short and long-term outlooks for patients are generally poor following a hip fracture, with an increased one-year mortality of between 18% and 33% and negative effects on daily living activities such as shopping and walking” Public Health England June 2018

“The sicker the patient the more urgent the surgery… The sicker you are, the frailer you are, the higher up the surgical list you should be” Mr Martyn Parker, Consultant Surgeon, Peterborough and Stamford Hospitals NHS Foundation Trust January 2019

This important and timely conference will focus on improving care for hip fracture patients – learning from the 2018 NHFD findings and improving progress against the NICE quality standard for hip fracture. Through national updates and practical cases studies the conference will highlight best practice in hip fracture care, improving the care pathway and outcomes. The conference will focus on improving assessment, minimised delays to theatre, changing the culture to prioritise hip fracture patients for surgery, overcoming contra indications, improving the anaesthetic and surgical pathway, and ensuring prompt mobilisation after surgery - learning from the Hip Sprint audit into physiotherapy rehabilitation after hip fracture. The conference will also look at how we can reduce confusion and delirium following hip fracture surgery as highlighted by the recent NHFD Report:

“The importance of early recognition or avoidance of delirium could go a long way to improving patient outcome, survival and quality of life after hip fracture. I urge trusts to use this report to examine areas where they can improve their performance. This can be achieved by focusing on key elements of the patient pathway such as nutritional support, early pain assessment and management, prompt surgery in line with NICE guidance and working to help patients get up and walking as soon as possible following their surgery for a broken hip.”

Mr Dominic Inman, Consultant trauma and orthopaedic surgeon and NHFD clinical lead, 2018

This conference will enable you to:

- Network with fellow delegates working to improve services for Hip Fracture
- Learn from the highest performing trusts in the UK as recognised by the National Hip Fracture Database
- Understand and reflect on how you can improve practice, outcomes and reduce mortality locally as a result of NHFD findings
- Update your knowledge on national developments
- Reflect on how can we get this patient to surgery? Understanding and reducing medical complications, avoidable inefficiencies and unacceptable reasons for delaying theatre
- Identify key strategies for improving the anaesthetic and surgical care pathway for hip fracture
- Understand on how you can improve care for Hip Fracture patients beyond the hospital setting
- Develop practical strategies for assessing, reducing, recognising and treating delirium and confusion
- Learning from the Hip Sprint audit into physiotherapy rehabilitation after hip fracture: ensuring prompt mobilisation after surgery
- Self assess and reflect on your own practice
- Gain cpd accreditation points contributing to professional development and revalidation evidence

Visit our website www.healthcareconferencesuk.co.uk or tel 01932 429933 fax 0208 181 6491
10.00 Chairman’s Introduction:
Learning from the findings of the National Hip Fracture Database to improve outcomes for Hip Fracture patients

Prof Cameron Swift
Emeritus Professor, Consultant Physician Kings School of Medicine,
Chair of the NICE Guideline Development Group for Hip Fracture (CG124),
lead/specialist participation Quality Standard Development
Member NHFD Advisory Committee

- learning from the national database and implementing improvement at a local level
- key recommendations from the 2017 report
- monitoring adherence to the NICE Quality Standard: what’s working well and what’s not?
- identifying variation in length of stay for Hip Fractures
- monitoring the impact in your service
- ensuring that the clinical leadership is in place to deliver and audit high-quality care

10.40 Improving the Quality of Hip Fracture Care

Dr Marilyn Browne
Consultant Geriatrician
University Hospitals of North Midlands NHS Trust

- delivering an effective orthogeriatric service
- how we have minimised delays to theatre due to medical complications
- learning from morbidity and mortality meetings

11.10 Questions and answers, followed by coffee and exhibition at 11.20

Focus: Lessons from the top performing Trust in England in terms of best practice in Hip Fracture as identified by the NHFD

11.50 EXTENDED SESSION
Using National Audit to improve Hip Fracture Care Locally

Dr Mohanraj Suresh
Lead Clinician, Elderly Medicine
with Mr Sam Parsons
Consultant Orthopaedic Surgeon, Lead Consultant Hip Fracture Team
West Suffolk Hospital NHS Foundation Trust

- meeting the NHFD benchmarks
- how do you convince your board to give the highest priority to hip fracture patients?
- ensuring the sicker, older, frailer patients are at the top of the surgical list
- how we have reduced delays in surgical operations as a result of avoidable inefficiencies in preoperative planning or in the organisation of theatre lists
- using audit data to monitor care and prompt change
- using RCA to investigate and understand causes of breaches
- teamwork and implementation
- evaluating the impact of service change

12.50 Question and answers, followed by lunch and exhibition at 13.00

14.00 Improving the Pathway from Fall to Theatre
Improving the Mortality in Hip Fracture patients from the Pre-Hospital Setting

Dr Andrew Stradling
Clinical Co-Director, Acute Medicine Programme
& Consultant in Emergency Medicine
Medway NHS Foundation Trust

- the role of the ED
- new professional responsibilities
- the Accelerated Pathway for hip fracture patients

14.30 EXTENDED SESSION:
Improving the Anaesthetic and Surgical Care Pathway for Hip Fracture

Mr Martyn Parker
Consultant Surgeon
Peterborough and Stamford Hospitals NHS Foundation Trust

- improving anaesthetic care for hip fracture; pain management in practice
- improving surgical care for hip fracture
- understanding and monitoring mortality data
- the most important factors in improving outcomes
- hip fracture and the palliative care patient
- our experience and the impact of the NICE Quality Standard in our organisation

15.30 Question and answers, followed by tea and exhibition at 15.40

16.00 Improving physiotherapy rehabilitation after hip fracture: ensuring prompt mobilisation after surgery

Jocelyn Hopkins
Advanced Physiotherapist Practitioner
Weston Area Health Trust

- delivering effective physiotherapy and rehabilitation for hip fracture
- meeting Key Performance Indicator : Prompt mobilisation after surgery
- supporting people to return to their normal lives
- working with falls services to improve secondary prevention

16.30 Reducing confusion & delirium following surgery

Dr Rachel O’Toole
Consultant Geriatrician
and Dr Tara Fleming
Consultant Orthogeriatrician
Taunton & Somerset NHS Foundation Trust

- improving routine screening to prevent confusion and delirium following hip fracture surgery
- meeting Key Performance Indicator 5: Not delirious when tested after operation
- reducing, recognising and treating delirium

17.00 Question and answers, followed by close
Hip Fracture Summit 2019

Friday 7th June 2019, De Vere W1 Conference Centre London

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Venue
De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.
Date
Friday 7th June 2019
Conference Fee
£365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
£300 + VAT (£360.00) for voluntary sector / charities.
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The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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