National Cancer Programme: Living With and Beyond Cancer

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More people are surviving cancer – this is a success story!

- In the early 1970s, the average survival time after diagnosis was just one year.
- Average survival is now 10 years or more.
But there is more to life than survival…

People require holistic support from diagnosis onwards, encompassing their physical, financial, psychosocial, and information and support needs, throughout their entire cancer journey.

Care should be built around what matters to the person, and individuals should feel prepared for the life consequences of their cancer and its treatment, equipped to manage their care and with control over their life as a whole.

*Achieving World Class Cancer Outcomes: A Strategy for England 2015 - 2020*

‘I’m thankful the surgery allowed me to live. I try to remember that when debilitating pain makes me want to die.’

Male, prostate cancer, 5 years after diagnosis

Macmillan Cancer Support, 2013, *Throwing Light on the Consequences of Cancer and its Treatment*
Aim: To improve cancer services across the entire patient pathway by 2020

• Fewer people getting preventable cancers
• More people surviving for longer after a diagnosis
• More people having a positive experience of care
• More people having a better, long-term quality of life

Six strategic priorities

| Spearhead a radical upgrade in prevention and public health | Transform our approach to support people living with and beyond cancer |
| Drive a national ambition to achieve earlier diagnosis | Make the necessary investments required to deliver a modern, high-quality service |
| Establish patient experience on a par with clinical effectiveness and safety | Overhaul processes of commissioning, accountability and provision |
16 Cancer Alliance footprints along with three Vanguard sites.

Alliances and the Vanguard, with the support of regional teams will:
- lead local delivery of the Taskforce recommendations
- reduce variation in outcomes by taking a whole-pathway and whole-system approach
- become the ‘cancer workstreams’ of relevant STPs.

Lead the development of bids for and investment of transformation funding.
## Deliver:
**LWBC workstream**

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<th>Recommendation summary</th>
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<td>To pilot a comprehensive care pathway for older patients</td>
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<td>To pilot assessment of holistic needs at the point of diagnosis to evaluate the benefit of earlier palliative care and/or AHP intervention</td>
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<td>To establish a programme on living with and beyond cancer including management of consequences of treatment</td>
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<td>To develop a metric on quality of life</td>
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<td>To roll out PROMs across breast, colorectal and prostate cancer</td>
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<td>To encourage commissioning of the Recovery Package</td>
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<td>To develop a guideline on living with and beyond cancer</td>
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<td>To incentivise stratified follow-up pathways of care for patients treated for breast cancer</td>
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<td>To pilot stratified follow-up pathways of care for other tumour types, ideally including prostate and colorectal and some rarer cancer types</td>
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<td>To review the cancer rehabilitation workforce</td>
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<td>To pilot the commissioning of integrated evidence-based depression screening and treatment</td>
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<td>To pilot community oncology nurse services and community pharmacy services for management of consequences of treatment and adherence</td>
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<td>To promote best practice in approaches to support people living with and beyond cancer</td>
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<td>To ensure that supporting people with cancer to return to work is a key focus</td>
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<td>To ensure that CCGs commission appropriate integrated services for palliative and end of life care</td>
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Develop a national **quality of life metric** for cancer.

Roll out the **Recovery Package**, so that everyone with cancer has access to personalised support by 2020.

Implement **stratified follow-up pathways** for breast, colorectal and prostate cancers.

Support delivery of improved **end of life care** services and the Choice Review.
Delivery: Recovery package & stratified follow-up pathways

- Everyone diagnosed with cancer to have access to elements of the Recovery Package by 2020:
  - Holistic Needs Assessment and Care Plan
  - Treatment Summary
  - Cancer Care Review
  - Health and wellbeing event/course

- Roll out stratified follow-up pathways for breast cancer by 2020

- Further test stratified follow-up pathways for prostate and colorectal cancer and aim to roll out by 2020

Image above adapted from Macmillan Cancer Support 2013
Delivery: Enablers

Transformation Funding

National Baseline

Share & Learn Group

Recovery Package and stratified follow-up pathways delivery
Act as a flag and prompt improvement discussions at a Cancer Alliance, commissioner and provider level.

Show the importance of quality of life outcomes, alongside survival and patient experience, encouraging the NHS to place a greater focus on enabling people living with and beyond cancer to live as well as possible.
Delivery: End of life care

The need for **better coordinated care**: early identification, joined up services and systems, care planning, shared care records, integrated IT systems (such as Electronic Palliative Care Coordination Systems), better coordination and communication between health and social care professionals, community services, and family involvement.